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# Journal

30 Cts.

April 15, 1947



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## THIS FORTNIGHT'S ISSUE

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For our cover for this issue we have Chito Delgado Neely, daughter of Atty. Francisco Delgado of the War Damage Commission and Mrs. Rosario Delgado, well-known Manila club-woman. The photograph is by BOB'S and the strapless gown from S.A.X'S.

Macrina Leuterio-Illustre, author of one of our short stories in this issue used to be a member of the staff of the pre-war Manila Tribune magazine. Her husband was on the art staff also of that magazine. At present she is connected with one of the Manila dailies.

When pictures of the new congresswoman, Mrs. Remedios Ozamis Fortich appeared in the newspapers when she arrived in Manila, her name and her face looked familiar to us. Then we remembered seeing her pictures in the album of our sister who studied in St. Scholastica College. You will see a close-up picture of hers on our cover for the next issue. In the photograph on page 4, she is the lady in black vestido, seated next to Secretary Garchitorena. How the Secretary got into what was supposed to be an all-women affair, Mrs. Guzman, our associate, is not here to tell for she is in Baguio (this is also the reason why we are doing this column).

Had Aurora (Baby) Zablan carried out her intention to play an April 1 joke on us, her article on Miss Roberts would not appear in this issue. You see, (Continued on page 34)



At the presidential table above taken during the Manila Hotel Luncheon tendered in honor of Congresswoman Remedios Ozamis-Fortich by the League of Women Voters, are shown with the Congresswoman, Mrs. Pura V. Kalaw, Judge Almada-Lopez, Mrs. Antonio Villarama, Secretary Garchitorea, Mrs. Cuaderno, Director Asuncion Perez and Mrs. Henares.

**C**ONGRESSWOMAN Remedios Ozamis-Fortich, appearing before a select group of some two hundred women leaders in Manila at a Manila Hotel luncheon recently, stressed compulsory religious instruction in the public schools as the Christian factor for peace and democracy. Our lone woman legislator is also concerned with juvenile delinquency and, like the divorce question, the eradication of this blight upon our youth occupies pages in her agenda.

She pays tribute to feminine leadership in our land and has vowed the belief that although she is but a single voice in Congress, she hopes to forge ahead with the help of the women and the varied forces they represent. She looks forward to the women to point out to her what steps she may overlook in the carrying out of her role not only as an ambassadress of her sex to the law making body of the nation but as a factor for getting things done for the welfare of many foremost among them the women and children.

Coming from a family of politicians, Mrs. Fortich is modest to a fault. She calls herself a "neophyte" in the political arena, a statement which we beg to contradict. Mrs. Fortich stands as a symbol of the little woman who bears the brunt of election campaigns, electioneering and all the travails that go into the selection

## CONGRESSWOMAN FORTICH ADVOCATES RELIGIOUS INSTRUCTION

**ONLY WOMAN IN CONGRESS HAS A HEAVY AXE TO GRIND. COMPULSORY RELIGIOUS INSTRUCTION IN PUBLIC SCHOOLS, JUVENILE DELINQUENCY AND DIVORCE ARE AMONG HER LEGISLATIVE WORRIES**

of the people's representative to the government. She is a party-woman and the party's candidate, regardless of whether he is a kin or not, gets her whole-hearted support. "My family," she explains, "are not politicians by choice. Politics has become to us a moral obligation no less which has evolved through years of looking after the welfare of the less fortunate."

The new Congresswoman was paid tribute to by one woman leader for her social justice. At the time the statement was made,

details were not forthcoming. A day or so later when we dropped in on her for her photograph we came upon the explanation quite inadvertently. She was snowed under by papers all pertaining to the administration of her domestic interests at the homeplace. Her estates are vast and she attends personally to the management. "I do not want to be an idle rich," she elucidated. "It has never been my practice to lie idle living off on the fat of the land while some middle man managed my interests to the exploitation of

the little working man. My family has direct contact with the lowliest laborer, we work side by side with him, we know his needs, we understand his problems, we share his joys and sorrows, we are always on hand to answer his cry for help."

Discontentment, more than suffering, grudge bitter and just that eats one to the very core—these, according to Congresswoman Fortich make the rebellious rural millions. Her program of social justice, then, is very simple. It is plainly based on the golden rule "Do Unto Others What You Would Have Them Do Unto You." A little brotherliness, a little concern on your part for the welfare of others—these go a long way towards fostering peace and understanding especially where the forgotten man is concerned.

Mrs. Fortich values her seat in Congress with her life. It was her husband's seat, until a tragic fate robbed it of its distinguished occupant. The late Congressman Fortich, better known as "Governor Fortich" was a public man all his life. The circumstances of his death speak more than ever of his valor, his courage and forgetfulness of self when situation demands it. A Moro was running amuck in the streets. If no one could stop him, Governor Fortich could, so he went down his house and out into the street to put reason into the misguided character. The insane Moro didn't give him a chance.

The late Senator Jose Ozamis who met a hero's death in the hands of the Japanese, was the only brother of Mrs. Fortich. To illustrate the sense of humor and laudable calm that is characteristic of the family from which Mrs. Fortich springs, this anecdote is told of the last joke narrated by Senator Ozamis on the day he was taken to Fort Santiago from which he never came out. The Senator story tells of a friend of his who was accosted by a Japanese official who propounded the question as to who will win the war. The fellow naturally answered that of course the Japanese would win the war. "Whereupon the Japanese worthy, according to Senator Ozamis, stood up in rage and said "You liar, you." Friends who mourn his passing never fail to repeat this

(Continued on page 27)

# Woman and Peace

**T**HE Honorable Proceso Sebastian, Chairman of the Philippine delegation to the UNESCO has made recent observations about the activities and civic attitude of the Filipino women and has set forth graphic recommendations on how the women can help promote and keep the peace. He does not mince words which is fortunate because it makes the message deliver its purport with a jab. The womenfolk can now do more than look and feel worried about the "evitability" or "inevitability" of World War III.

Very appreciative, Mr. Sebastian notes that (1) the women in this part of the globe have become more internationally-minded, (2) the enlightened ones have an abiding faith in the UNO as an international organization designed to give effectiveness to the One-World idealogy, and (3) the women are disposed to join the rest of the world in an effective universal organization for the maintenance of a lasting and enduring peace by fostering mutual understanding among peoples through the media of education, science, art, and culture.

In the present set-up what role

**Because of her sex, because of her tender and loving nature, because of her attachment to the home, of her influence in the family and in society, the woman of today is particularly adapted and qualified to play her role in engendering lasting and enduring peace.**

are the women expected to play? Mr. Sebastian has this forthright answer:

"In the past there had been isolated efforts on the part of the women to uplift and save mankind. Joan of Arc saved France from the invaders. Florence Nightingale aroused the conscience of man against inhuman treatment of the sick and the wounded. Madame Curie's discovery is saving lives. Like them many other women have tried to help mankind within their respective spheres. But theirs were individual and isolated efforts.

"What the world needs today is concerted, collective effort to avert war, and to establish peace

on a lasting basis. Because of her sex, because of her tender and loving nature, because of her sweet and peaceful disposition, because of her attachment to the home and because of her influence in the family and in society, the woman of today is particularly adapted and qualified to play a most important role in engendering lasting peace.

"The women not only want peace, they abhor and detest war. It is not surprising that they should abhor war, for although mankind as a whole suffered from the last global conflict, it was the women who suffered more and who, even to this day still feel the direful consequences of the last war. True, our men went to the battlefields and many of them never returned, or if they did, they returned maimed or crippled. If they died, their homes were left fatherless, husbandless. If they returned a cripple it is the women of the home who must bear the burden of family support and maintenance. Many mothers have lost their sons, many girls have lost their sweethearts. Men did suffer; but certainly the women suffered a lot more.

"In the establishment of peace therefore, in making that peace lasting and eternal, in looking for a solution that would minimize if not completely prevent war, our women should and must be reckoned with. It is a healthy sign that the women the world over are showing themselves equal to the situation. In the United States the appointment as delegates of such women of ability and international prestige as Mrs. Eleanor Roosevelt, Mrs. Nehru Pandit of India and others augurs well for the future. Mrs. Roosevelt is Chairman on the Commission on Human Rights; Mrs. Pandit is Chief Delegate for India. In the UNESCO, Mrs. McCormick of the New York Times, a most able and cultured woman was one of the American dele-

gates. Miss McPhee was a delegate from New Zealand; Miss Maud Karpeles an observer from England. Madame Rajkumain Anrit Kaur was one of the able delegates from India. From our Philippines, it is my pleasure to tell you that the Republic was proud to have been able to send an able woman representative—Dr. Alzona. I was never so proud in all my life as when, sneaking out of the General Committee Room I entered the Conference Room of the Social Sciences and beheld Dr. Alzona, in regal Filipino attire, preside with dignity and with skill over the sessions of the Sub-Commission on Social Sciences.

"My message to all the women of the Orient is brief. First, I would like to see all the women in this part of the globe to give their full and unqualified support of the UNESCO individually and collectively. I look up to the women to help stir the hearts of men and enlist their wills in the cause of peace and justice.

"Second, I recommend that the women's organizations in this country make an effort to send representatives to all international congresses to which women participation may be asked, like the Inter-Asian Relations Conference at Delhi. Aside from the benefits that the country and these organizations may derive from such international congresses or conferences, the contact with different women of other countries will not only give our delegates a wide and more comprehensive outlook of international affairs but will also foster better understanding among peoples.

"Third, another UNESCO Delegation will have to be sent on November to represent the Republic at the UNESCO conference which will take place in Mexico. I have recommended that we send not only delegates but technical assistants, advisers and observers who are authorities in their respective fields. I am in favor of giving the women organizations of this country due representation in the mission, either as delegates or as advisers or technical assistants. I feel confident that the women should be given more voice and should assume greater responsibility in the next UNESCO delegation."



Two pictures taken of an International Women's League gathering attended by prominent women, among them Mrs. Paul V. McNutt, Mrs. Pura V. Kalaw, Dr. Adela Planas Paterno, Doña Julia Vida, de Ortiga, Mrs. Sycip, Mrs. Paz Cuervo, Mrs. Purita Kalaw-Ledesma, Mrs. Mona Lisa Steiner and a host of representatives from various women's groups. Women organizations and the women themselves who compose them are, according to Senator Sebastian, a great factor for peace.

# Oh Promise Me!

By MACRINA LEUTERIO-ILUSTRE

**T**HIS was love then. Not moonlight and roses, nor the faster beating of heart as the hour of meeting approached. Nor yet the anticipation, as one dressed with care, of the look of desire that would surely come into his eyes as one comes into view. How young were one's ideas of love when in love!

Was it only five months ago, when in a fit of temper, she had walked out of the office because a colleague jested too freely with her. In the brief period of her present married life, she could laugh now at the girl she had been—the girl who led what she saw now was not quite “the complete life”—for all her gay friends, the parties she went to, the organizations and women's groups to which she belonged.

What would they say now, she wondered, if they could see her in her present surroundings. The girl who had such good taste in dress and interior decoration so that her friends asked her to go shopping with them and got her advice on how to brighten their homes, now lived in what practically was backwoods. She giggled and then glanced at the man sleeping beside her. She knew he would not waken yet.

Through the open window she could see the sky still dark with night's blackness that she knew would in one fell swoop soon change into soft dawn before breaking into the golden brightness of morning. And when the first shafts of sun would dart into their room, that was the time when Renato would stir.

How well she had come to know him in five short months! And yet before they were married, she had known him for well-nigh seven years. But he was then just another pleasant young man, very deeply in love with her, perhaps; still, not so very important in her life.

But now! She drew her breath sharply at the emotion that engulfed her. He was so dear—so dear, with his kind, thoughtful ways, his solicitude, his humour,

his gaiety, his serious moments. She who had lived such an independent life for the last four years with a married sister, bereft of a mother's tender care or a father's love and devotion, now savored to the full of what it

meant to be the center of someone's world. Their meeting at the corner of Queson Boulevard had been quite accidental. One moment she had been burning with rage at men who had changed so much since the war! Was it perhaps because during the Japanese Occupation feminine charm had been cheap and men had become more familiar with hostesses that they had come to look on all girls as easy preys to their jokes, their wolfish thoughts! Ugh!

The next moment Renato had been standing by her side, exclaiming with obvious pleasure, “But this is such good luck! Nothing but good luck has been happening to me this day. But seeing you is the best luck of all.”

Whatever she might have against men, Renato surely could not be included in the list of the hated. He had been her mother's favorite because he was so polite and full of fun and respect for young and old.

She smiled then. “Where have you been? I have not seen you—for weeks.”

He grimaced then. “Months,” he corrected. “This shows how important I am to you. You have not even missed me. I have been away for five months, and you say weeks only. But never mind. May I treat you to a coke and a hamburger sandwich?”

She smiled once more. How like him was to offer hamburger sandwich instead of the usual

## A WOMAN NEVER COMES TO REALLY KNOW A MAN UNTIL SHE IS MARRIED TO HIM— BUT THE HEROINE OF THIS STORY WAS NOT DISAPPOINTED IN HER HUSBAND

cake and ice cream. Renato believed in dreams, but he also had his practical side. No fripperies for him.

She had not known then — but fate was hanging on her decision. She had gayly nodded and he had taken her to Helen's Coffee Shop where he told her the hamburgers were good, and the salads perfect.

Over hot spicy hamburger, he told her he was tired of city life. And that he had accepted the job of clearing one hundred hectares of land in Davao for an uncle. And now it was planted to corn, or a great portion, at least.

“Pioneering, no less,” he had smiled cheerfully at her. “I have a cozy bamboo shack, with a stream close by to swim on early mornings. We also had our troubles with monkeys, wild pigs, mosquitoes to remind us of the hardships of breaking into virgin land. But you will be surprised. I have such civilized conveniences as electric lights, running water on tap, ice, radio, the newest books and magazines. I get my morning papers from Manila in the afternoon, by plane and then by truck. That is how I came. Just five hours away from Manila. That's magic for you.”

It was then that she said, “I wish I had been a man. Then I could go with you. It seems such a nice clean life.”

She was not prepared for the change that came over him. One



moment he had been a bantering young man. The next, he was completely serious. For blood had rushed to his face, making him actually so uncomfortable he had to swallow twice before he could speak. And such an intense look came into his eyes that she had to lower her own.

"Do you mean that?" he said in a very low voice. Under the spell of the moment and feeling quite like the heroine in a book, she had nodded shyly, her own heart beating so fast she thought she would choke.

He was breathing fast too as if he had been running fast for a long time. Then he looked at her with all the love in his eyes. And suddenly she was angry with herself. How could she have ever taken for granted his love for her!

And since that moment there had been no let-down in her happiness in his love. How kind everybody had been when they learned she was getting married. The women's organizations gave her chinaware, silverware, table linens, towels, bed sheets. Her friends had rallied when they learned she was actually thinking of pioneering in the wilds of Mindanao and gave her practical, useful things as well as the tokens of the amenities of life which they felt she would miss.

So far, everything had been perfect. Renato had asked his uncle for a week in which to get married before going back to Mindanao. And his uncle had responded by sending a generous check and the joking comment that Renato was now less of a risk as an investment, since he was taking a wife, a step that steadied any man. Not that he needed steadying. But a footloose bachelor was apt to have restless moments.

She and Renato had flown then to Mindanao. If life had been fun before, it was more so now, with Renato. He delighted in taking her around, and in buying things for her. He was both practical and beauty-loving. Thus, he had bought her denim overall, rubber shoes, but he had also bought her lovely dresses, cozy housecoats, and shoes. It seemed his weakness was beautiful ladies' shoes. And was she glad she had a lovely pair of gams!

She adored his way with women. He was nice to them, joked with them, talked to them, danced with them, but was never, never ribald with them. Not that this meant that he never had his affairs. In the dark of the night, with her in his arms, he would

tell of... the other women. She never got jealous of them. After all, she won, no? Who was it he had written "It is better to be a man's last love than his first?"

If he had ever worried that she would find life dull in the wilds, that was gone now. Their place was really deep in the country, half a day's trip from the provincial road. But it was fun living with Renato. He took her everywhere with him.

She had practically no household drudgery on her hands. For there was an orphaned niece to cook and wash for them. Also a young man to do the heavier chores of the house. For the rest, there were his clerks, his accountants, foremen, planters and the gang of workers who cleared hectare after hectare of cogon land.

She adored the stream near by which supplied them with fresh fish, crabs and shrimps. Now and then the men would shoot a wild pig that was bothering the young plants. This supplied them with meat for days. But Renato did not depend on such chance supplies. He had the men work at a vegetable garden, a poultry, and a piggery. His latest project was raising herds of cattle.

Every Saturday he would take her to town where they would stay at a hotel, take in a show and attend church the next day. He often told her how easy for them to go to Manila, if she wanted it. And as he had told

her that first time they met in Manila, they received their Manila papers the same day, along with the newest books and magazines. So they had not lost touch with civilization.

The nicest thing about Renato really was his even temper. Used as she was to the volcanic tempers of her brothers, she now found it a gladsome change to live with a man who never lost his temper, never even raised his voice.

And now as she waited for him to waken, she thought of the happy secret she would share with him. By next year, there would be three of them. She hoped it would be a boy who would grow up to be like his father... dark maybe but so pleasant to look at.

She must have fallen asleep again. For the next thing she knew there was the soft pressure on her lips that was Renato's good-morning to her. Her eyes flew open.

Renato was smiling down at her. She touched his face with her open palms. She knew how he loved that gesture. Then she shivered at the cold firmness of his cheeks. "My, have you had your swim already?"

"Oh yes," he laughed, and turned out all workers in the fields too. Oh the fun city people are missing staying away from God's own country. Look at those waving fields of corn! Smell that breakfast! Fried eggs, fried chicken. Come man,

along!" He smiled fondly at her. "You used to be the early riser. What is the matter now?"

At that she brightened visibly, remembering her secret. Renato however beat her to it. He was ever a quick one to get to the hang of things.

"Don't tell me," he asked her, "that you are giving me a Crown Prince?"

She laughed at his way of saying it. "Nothing else but," she replied gayly. Then panic assailed her. Renato had said Crown Prince. Then he was expecting a boy. Memories of her married friends whose husbands had been visibly disappointed when their first-born had turned to be a girl came to her. Would their little one be the rift of cloud to darken their blue sky of happiness? "I hope it will be a boy," she faltered.

Renato quick witted as ever brushed away her fears. "Dear," he told her then, "boy or girl, it will make no difference to me. That matter lies in the hands of God. Let us be thankful for whatever He may send because all children are gifts from Heaven."

And that was when Selina knew that she really was among the world's happiest women. For not only was her partner for life kind and good, besides being an excellent provider.

He was also a most reasonable man.



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The Terms of the Charter, Recently Signed By President Roxas,

Places The Control of the Philippine National Red Cross

# In The Hands of the People



President Roxas signing the Charter of the Philippine National Red Cross, while Mrs. Quizon, Chairman, looks on.

Prior to 1917 there were several attempts to render public service by civic-minded people in the Philippines. They worked in the spirit of the Red Cross, but did not use its name nor see any recognition by the International Red Cross. In 1916 and 1917 an organized attempt was made in this direction, and the "Philippine Chapter, American Red Cross" was granted a Charter by the American National Red Cross. This organization functioned with increasing strength and efficiency, and earned a good reputation for service to the people.

Prior to 1935, President Quizon sought to effect the independence of the Philippine Chapter from the American Red Cross, but since the Commonwealth Government had no treaty-signing powers, the provisions of the International Red Cross could not be complied with. At that time, however, the name of the organization was changed to "Philippine Red Cross (American National Red Cross)." In common local usage, the parenthetical part of the name was omitted. It was agreed at this same time that Red Cross independence would occur simultaneously with national independence on July 4, 1946. The war so disrupted the Philippine Red Cross, however, that at the request of the Central Executive Committee made on 24 March 1945, and supported by the then Commonwealth Government, the American Red Cross agreed to continue its financial and advisory as-

stance after July 4 and until the new Red Cross was strong enough to direct its own work.

In May, 1942, the Japanese occupation authorities abolished the Philippine Red Cross (ANRC), took over its assets, declared it to be independent of the American Red Cross, and named it the Philippine Red Cross. They also changed the Red Cross flag by printing the word "Philippine Red Cross" on the white background. This organization was stated to be a government controlled agency, and, of course, it was never recognized by the International Red Cross.

With the liberation of the Philippines, the American National Red Cross undertook the reestablishment of the Philippine Red Cross (ANRC). As the assets in cash and property had been expended and destroyed, the American Red Cross accepted responsibility for financing the re-constituted organization until it could carry this responsibility alone. This process has included the training of Filipinos for positions of key responsibility, and a gradual turning over of management and direction to Filipino personnel.

We are now at the point at which the Philippine Red Cross (ANRC) is ready for independent status. It has competent staff, trained professional workers, a nation-wide chapter organization, active volunteers, a varied program of health, safety and welfare programs aimed at the benefit of the Filipino people, and has

just concluded a successful fund-raising campaign which will provide adequate financial backing.

The following steps were required in order to complete the conversion of the Philippine Red Cross from an American Red Cross Chapter to independent status:

1. The Geneva Red Cross Treaty and the Prisoners of War Convention which require signature by the President.
2. The Senate ratification of adherence to these Treaties should follow.
3. The Congress should enact the Act of Incorporation.
4. When advised of these actions (channeled through the American Red Cross), the International Red Cross will recognize the Philippine National Red Cross.
5. An appropriate Red Cross Independence Ceremony will be held, signifying to the people of the Philippines and of the world that the Philippine Red Cross has been accorded full recognition and status in international Red Cross affairs.

It is to be noted from the terms of the Chapter that its basic philosophy places the control of the Philippine National Red Cross in the hands of the people, whose will is expressed through their chosen Chapter Delegates. The Red Cross movement is a people's movement, and we have felt that democratic processes should prevail in their direction of the organization. Six members of the Board of Governors are appointed by the President, assuring close liaison with the appropriate Departments of the Republic. The remaining twenty-four members are chosen by the Chapter Delegates and by the elected Governors, thus assuring non-political administration of Red Cross affairs. We know that this philosophy is consistent with the President's views concerning political influence in welfare work. The Charter in other ways, follows the usual pattern for sound Red Cross organization; it has been endorsed by the National Headquarters of the American Red Cross.

When the independence of the Philippine National Red Cross is proclaimed, the American Red Cross will transfer to it, gratis, all the assets in cash and property of all classes, which are in the custody of the Philippine Red Cross (ANRC). A definite commitment to this effect was made by the Central Committee, American Red Cross, in a

resolution adopted on 26 December 1946.

Below we are publishing the charter of the Philippine Red Cross which was signed by President Roxas on March 22, 1947. Less than an hour after this, Mrs. Aurora Aragon Quizon, chairman, sent a cable to Geneva, Switzerland, officially applying for recognition of the PNRC as an independent organization. When this has been accomplished, the Philippine National Red Cross will proclaim its independence in a fitting ceremony tentatively scheduled for April 15, when this issue comes out. Our readers will remember that the first step towards the PNRC independence was accomplished when President Roxas, representing the Philippine Government, signed the Geneva Red Cross Convention and Prisoners of War Convention on February 18, 1947.

## CHARTER

### AN ACT TO INCORPORATE THE PHILIPPINE NATIONAL RED CROSS

WHEREAS, there was developed at Geneva, Switzerland, on August 1884, a convention by which the nations of the world were invited to join together in diminishing, so far as lies within their power, the evils inherent in war;

WHEREAS, more than sixty nations of the world have ratified or adhered to the subsequent revision of said convention, namely the "Convention of Geneva of July 29, 1929 for the Amelioration of the Condition of the Wounded and Sick of Armies in the Field (referred to in this Charter as the Geneva Red Cross Convention);

WHEREAS, the Geneva Red Cross Convention envisages the establishment in each country of a voluntary organization to assist caring for the wounded and sick of the armed forces and to furnish supplies for that purpose;

WHEREAS, the Republic of the Philippines became an independent nation on July 4, 1946 and proclaimed its adherence to the Geneva Red Cross Convention on February 18, 1947, and by that action indicated its desire to participate with the nations of the world mitigating the suffering caused by war and to establish in the Philippines a voluntary organization for that purpose as contemplated by the Geneva Red Cross Convention;

WHEREAS, there has existed in the Philippines since 1917 a Chapter of the American National Red Cross which must be terminated in view of the independence of the Philippines; and

WHEREAS, the volunteer organizations established in other countries which have ratified or adhered to the Geneva Red Cross Convention assist in promoting the health and welfare of their people in peace and in war, and through their mu-



tual assistance and cooperation directly and through their international organizations promote better understanding and sympathy among the peoples of the world: Now, therefore,

Be it enacted by the Senate and House of Representatives of the Philippines in Congress assembled:

Section 1. There is hereby created in the Republic of the Philippines a body corporate and politic to be the voluntary organization officially designated to assist the Republic of the Philippines in discharging the obligations set forth in the Geneva Red Cross Convention and to perform such other duties as are incumbent upon a national Red Cross society. The headquarter of this Corporation shall be located at the National Capital of the Republic of the Philippines.

Sec. 2. The name of this Corporation shall be "The Philippine National Red Cross" and by that name shall have perpetual succession with the power to sue and be sued; to own and hold such real and personal estate as shall be deemed advisable and to accept bequests, donations and contributions of property of all classes for the purposes of this Corporation hereinafter set forth, to adopt a seal and to alter and destroy the same at pleasure; and to have the right to adopt and to use, in carrying out its purposes hereinafter designated, as an emblem and badge, a real Greek cross on a white ground, the same as has been described in the Geneva Red Cross Convention, and adopted by the several nations ratifying or adhering thereto; to ordain and establish by-laws and regulations not inconsistent with the laws of the Republic of the Philippines, and generally to do all such acts and things as may be necessary to carry into effect the provisions of this Act and promote the purposes of said organization, and the corporation hereby created is designated as the organization which is authorized to act in matters of relief under said Convention. In accordance with Article 21 of the Geneva Red Cross Convention, the delivery of the brassard allowed for individuals neutralized in time of war shall be left to military authority. The red Greek cross on a white ground, as has been described in the Geneva Red Cross Convention is not, and shall not be construed as a religious symbol, and shall have equal efficacy and applicability to persons of all faiths, creeds, and beliefs. The Philippine National Red Cross shall have jurisdiction over the entire territory of the Philippines.

Sec. 3. That the purposes of this corporation shall be as follows:

a. To furnish volunteer aid to the sick and wounded of armed forces in time of war, in accordance with the spirit of and under the conditions prescribed by the Geneva Red Cross Convention to which the Re-

public of the Philippines proclaimed its adherence on February 18, 1947;

b. For the purposes mentioned in form all the duties devolving upon the Corporation as a result of the adherence of the Republic of the Philippines to the said Convention;

c. To act in matters of voluntary relief and in accord with the authorities of the Armed Forces as a medium of communication between the people of the Republic of the Philippines and their Armed Forces, in time of peace and in time of war, and to act in such matters between similar national societies of other governments and the Government and people and the Armed Forces of the Republic of the Philippines;

d. To establish and maintain a system of national and international relief in time of peace and in time of war and apply the same in meeting the emergency needs caused by typhoons, floods, fires, earthquakes, and other natural disasters and to devise and carry on measures for minimizing the suffering caused by such disasters; and

e. To devise and promote such other services in time of peace and in time of war as may be found desirable in improving the health, safety and welfare of the Filipino people and as do not infringe upon the functions of government.

Sec. 4. Regular membership in the Philippine National Red Cross shall be open to all the adult population in the Philippines. Any contribution to the Philippine National Red Cross Annual Fund Campaign shall entitle an individual to membership for one year.

Junior membership in the Philippine National Red Cross may be authorized under such rules, regulations and policies as shall be prescribed by the Board of Governors.

Sec. 5. The governing powers and authority shall be vested in the Board of Governors, a body of thirty members, six of whom shall be appointed by the President of the Philippines, fifteen of whom shall be elected by the Chapter delegates in an Annual Meeting, and the remaining nine shall be selected by the twenty-one members of the Board of Governors already chosen. At least one but not more than three of the Presidential appointees shall be chosen from among members of the Armed Forces of the Philippines. The term of office of all members of the Board of Governors shall be three years. Any member of the Board of Governors who has served two consecutive full terms of three years each shall be ineligible for membership on the Board for at least two years. The six appointed, the fifteen elected, and the nine selected members first chosen under the provisions of this Act shall, by lot, divide themselves into three groups equal in number, with terms expiring at the end of one year, two years and three years, respectively, that thereafter one-third of the members shall be chosen each year.

Vacancies in the board of governors caused by death or resignation by the board of governors at its next meeting, except that vacancies among the presidential appointees shall be filled by the president.

The president of the Philippines shall be the Honorary President of the Philippine National Red Cross. The officers shall consist of a chairman, a vice-chairman, a secretary, a treasurer, and a counsellor, all of whom shall be elected by the board of governors from among its membership. The officers shall be elected for a test of one year and may be re-elected. The election of officers shall take place within sixty days after all the members of the board of governors have been chosen and have qualified.

A meeting of chapter delegates shall be held within the first sixty days of each calendar year to elect members of the board of governors and advise the board of governors on the activities of the Philippine National Red Cross.

The power to ordain, adopt and amend by-laws and regulation shall be vested by the board on governors.

The members of the board of governors, as well as the officers of the corporation, shall serve without compensation. The compensation of the paid staff of the corporation shall be determined by the board of governors upon the recommendation of the manager.

SEC. 6. As a national voluntary organization, the Philippine Na-

tional Red Cross shall be financed primarily by contributions obtained through personal solicitation campaigns which shall be organized by the board of governors and conducted by the chapters in their respective jurisdictions. These funds raising campaigns shall be conducted independently of other drives for funds.

SEC. 7. The board of governors shall establish rules and regulations for the organization of local units of the Philippine National Red Cross to be known as chapters. Said rules and regulations shall fix the relationship of the chapters to the corporation, define the territorial jurisdiction of the chapters and allocate the number of chapter delegates to which each chapter shall be entitled. In fixing such allocation, consideration shall be given both to the size of the membership of the chapters and to the size of the populations in the territories served by the chapters. For the purpose of electing members of the first board of governors the Philippine Red Cross is hereby authorized to allocate voting delegates for each of the existing branches of the Philippine Red Cross and to take such action as may be required to bring about the election by said voting delegates of the fifteen members of the board of governors required by section 4 hereof.

SEC. 8. Upon its organization the Philippine National Red Cross society shall be authorized to as-

(Continued on page 26)



Mrs. Aurora A. Quezon (shown here with her daughter, secretary, Nini Quezon Buencamino) has been largely responsible for the realization of her late husband's dream—an independent Philippine Red Cross.

# 'The Happiest Boy In The World'

**T**HE RIPPLE of excitement accompanying the publication in the United States of the works of a Filipino writer has not yet died down. News has come that a few months after Esteban Javeliana's "Without Seeing the Dawn" will be published by Little Brown and Company, Alan Swallow, an up-and-coming publisher will put out N. V. M. Gonzalez' volume of short stories, "Seven Hills Away."

"Seven Hills Away" is a collection of 12 short stories, artistically and psychologically unified to picture the life and death in an island, in this instance, Mindoro. Several American publishers have turned it down not because of its

intrinsic merit but because a book of short stories is very hard to sell in the United States.

It is a tribute to the taste and judgment of the Filipinos that in our country a volume of tales can command a greater sale than in the United States. That Alan Swallow, who is putting out books also in association with a respected publishing firm, William Morrow and Company, is enthusiastic over Gonzalez' book and will do his best to promote its sale by instituting a Short Fiction Club, is gratifying.

By **MANUEL A. VIRAY**

This writer is sticking out his neck by saying now that in less than six month's time, a thousand copies of "Seven Hills Away" can easily be sold. This does not make it a best-seller, but I venture to predict that every Filipino who has seen and read books by our more eminent writers like Salvador P. Lopez, Manuel E. Arguilla, Arturo E. Rotor, Carlos Bolosan, will find reading the book a fully satisfying experience.

Alan Swallow is a Denver (Colorado) publisher to whom Gonzalez wrote regarding the possibil-



N. V. M. Gonzalez.

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ity of having himself included in the anthology entitled, "American Writing." Unfortunately, it was going to be a book for and by Americans. This did not deter the local author who asked Swallow if he could put out "Seven Hills Away."

For the record Alan Swallow has four fields of interest: (1) For the Swallow Press and William Morrow and Company, Inc., a joint imprint—Book length volumes of poetry, short stories, literary criticism and scholarship, anthologies, experimental fiction; (2) For William Morrow and Company, Inc. (producer and distributor of Swallow Press books)—Popular fiction and non-fiction of all categories; (3) For the Denver imprint of Alan Swallow—shorter collection of poems and of short fictions, some experimental writing for the avant grade trade, to be produced in fine print limited editions; and (4) For Sage Books, Inc., a regional publishing house located in Denver—Manuscripts of any type which need specific regional exploitation.

"Seven Hills Away" will be published under the Denver imprint of Alan Swallow.

Right now, the following factors will govern the easy sale of the book in the Philippines. The need of more materials written by Filipinos for use in the public schools, even if it were in English. Filipino writers like General Carlos P. Romulo have gained a considerable audience in the Filipino reading public. Its printing may well start the beginnings of a serious, financially stable endeavor to have the

(Continued on page 29)

Both cultural and commercial in its many aspects, the annual Women's International Exposition of Arts and Industries in New York City is a colorful dramatization of American women's progress in industry and the professions.

Basically, the exposition demonstrates the part women play in American industry, and the contribution made by industry to the social, cultural and economic well-being of women. The annual theme is chosen to reflect the feminine trend in specific fields, covering the fundamental concerns of the home, as well as aviation, politics, science, art, and other professions and interests. The 1946 exposition was built around the theme, "Hands Around the World," to convey to other women of the world the sympathy and friendship of American women.

Hundreds of nationally-known industrial firms display the latest equipment, devices and products serving women in the home, and professionally. Scores of national women's organizations participate with special programs. A brilliant array of hand arts and crafts represents the skills of women all over the world. Distinguished speakers in many fields of women's interests discuss important topics.

In the 25 years of the exposition, audiences have totalled more than 1,500,000; more than 2,000 industrial firms and 1,200 women's groups have participated; and 5,000 individual exhibits have been staged.

Each year in New York City a vast auditorium is the scene of a colorful spectacle which dramatizes and presents objectively the progress of American women in the industrial field, their interests, needs and aspirations. This annual week's demonstration is the Women's International Exposition of Arts and Industries, sponsored by the Women's National Institute, a national organization with educational services reaching millions of American women.

The exposition, both cultural and commercial in its many aspects, demonstrates the part women play in American industry, and the contribution made by industry, in turn, to the social, cultural and economic well-being of women. It has kept pace with



The display of antique and modern bed quilts shown in the above picture was exhibited at the annual Women's International Exposition of Arts and Industries held in New York City, of which hand arts, typical of various sections of the United States, form the largest part. (USIS)

## EXPOSITION OF ARTS AND INDUSTRIES DEPICTS AMERICAN WOMEN'S ADVANCE

the changes and evolutions in those fields for the past quarter of a century.

Prompting the idea of such an exposition was a New England woman of culture and wealth, Mrs. Julia Almira Kimball. She possessed both vision and the sympathetic understanding of the hopes and ambitions of women in less fortunate circumstances than her own. In her lifetime of 89 years, Mrs. Kimball saw American women emerge from their age-old role of domesticity to the front ranks of business and the professions. She

early urged the formation of a national enterprise dedicated to their advancement, both in the home and in business.

The history of the exposition is actually the story of American women between the two world wars. The first exposition, staged in 1922, modestly labelled "Women's Activities Exhibit," primarily featured the opening of new fields to women, vocational opportunities, and facilities offering training and instruction.

### SCOPE OF EXPOSITION WIDENED ANNUALLY

In the span between the initial and the most recent expositions,

the 23rd, held in November, 1946, a new kind of living was conjured by and for American women, tested in the recent fires of battle, and molded to the new and greater concepts of the postwar world. Each year the scope of the exposition widened, the present title having been adopted in 1942, when the event was keyed to the activities of women in the United Nations war effort.

Thirty thousand square feet (2,800 square meters) were utilized for the November exposition, with a specially constructed stage. Hundreds of nationally-known industrial firms install elaborate booths displaying the latest equipment, devices and products serving women in the home and in their professional life. Scores of national, religious, social and patriotic groups demonstrate their public services. A brilliant array of hand arts and crafts represents the skills of women all over the world. Numerous exhibits depict the cultures of the various countries of origin.

Museums and art galleries cooperate by lending outstanding works of art to the exposition. Comfortable lounges and restaurants are provided. Distinguished speakers in many fields of women's interests are heard. Colorful folk dances and elaborate style shows are presented from the stage. Leading artists of the radio, screen and drama offer entertainment. The exposition often culminates with the awarding of honors to members of youth programs for training in good citizenship.

The foregoing is a brief over-all view of the scope of the Women's International Exposition of Arts and Industries, which is said to be unique in its dramatization and visualization of women's interests. In the 25 years of the expositions audiences have totalled more than 2,000 industrial firms and 1,200 women's groups have exhibited; and 5,000 individual exhibits have been staged.

Each year a central theme is chosen for the exposition, around which the exhibits and general program are built. These themes have kept pace with the rapid progress of women, including the fundamental concerns of the home—shelter, food, health, and raiment—and following the feminine trend, in aviation, education, politics, science, medicine and arts.

In the 1946 exposition the theme, "Hands Around the World,"

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# DAINTINESS:

## A Must In Womanly Traits

By LINA FLOR

NOT so long ago, I wrote an article entitled "What Traits Do Men Admire Most in Women?" To gather enough material for this article, I had to approach several men among my acquaintance whose judgment of women I rather respect. Nine out of ten of them included among the traits they admire in the opposite sex that of personal daintiness.

This is not very surprising. We all know that "dainty" is a very feminine adjective. Indeed, I'm most certain no man (that is, if he were truly masculine) would want that term applied to him. It would be tantamount to calling him a "pansy" or some such term which fosters doubt as to his virility. The most a man would allow to describe his personal way of attirement and appearance are neat and well kept, or perhaps natty. Tell a man he's dainty and he's most likely to put up his mitts and invite you outside for the modern version of what the cross-word puzzles describe as "affairs of honor", namely, a duel.

There's another reason why daintiness is a trait in women that men admire most. Men are generally affectionate and romantic in nature (for all their pretense at being otherwise) and these two traits make them a natural sucker for being susceptible to daintiness. Of course men are also susceptible to such things as in the order of their importance: (1) flattery and (2) good figures (and I don't mean mathematical figures, mind you!). But I think it is safe to say that the third in line is their susceptibility to daintiness.

No matter how unkempt or untidy and careless of his own looks and attire a man might be, he will unfaillingly admire a woman for being exactly the opposite about herself. This is of course rather unfair, as most wives complain, but since when were the standards between the two principal sexes ever fair and just?

Thus while we might find many a man clinging doggedly to an old and much-used jacket and to a pair of ancient bedroom slippers or to a battered old hat and such other items of masculine attire, just because they have become most comfortable through long periods of habitual wear, he will resent his wife or mother or sister for going about the house dressed in shabby and ill-fitting old dresses—specially when he happens to bring home a friend he wants to impress.

And while a man might keep

putting off having his hair cut or neglects to cut off his nails or keeps a three-day's growth of beard or goes on using the same pair of socks for a whole week, this same man will be seeing inside if not openly critical should the important woman in his life neglects to comb her hair for a day, smear lipstick untidily over her lips over old coatings of lipstick, have dirty shoulder straps, forget that her feet, too, need a bath once in a while.

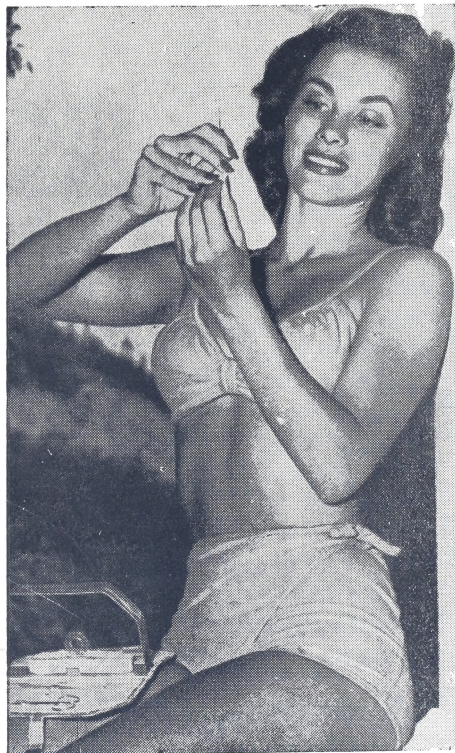
While total lack of personal daintiness is offensive in a man, it is downright unpardonable in a woman. There is absolutely no excuse for it anymore, now that war is over and we are no longer forced to stint on the use of soap and toilet articles and a fresh change of clothing every day. No matter how busy or harrassed a housewife might be the whole day, she can if she will only exert her utmost find enough time to make up for it before retiring at night.

Habits of personal daintiness need not entail a lot of hours and expense. You can be just as dainty on the same principle with just a cake of sweet-scented but inexpensive soap and plain water as the woman of better means with all the luxurious toilet articles at her command. The main thing is to make it a habit, this keeping yourself clean and fresh and sweet as soon as your household or office cares are over for the day. It should not mean a habit you only exercise when you are going out (if you are neither working or going to school) or whenever you're expecting company. It should be a habit—period. In fact, it should be more than that. It should really be what men want it to be in us: a trait. But then, it just follows that once it has become a well-set habit, it becomes a trait.

It is during the hot season that our daintiness is brought to a real test. And it is also then that a truly dainty woman becomes more appealing and attractive. There's nothing more

refreshing on a very hot sultry day than the sight of an unruddied, dainty woman, going about her business "as cool as a cucumber", as the old simile puts it. It is enough to bolster up your morale.

There are two things pertinent to keeping dainty that Filipino women have not as yet adopted goes with the average kind of





One small mirror serves two movie starlets as they fix their make-up.

will go to the trouble of taking a bath, changing clothes, putting on make-up, manicure, perfume, and what-not, we neglect to take into consideration the importance of hair-cleanness. All we think about in connection with our hair is fixing it up in the latest styles of coiffeurs. And, what's worse there are women who, having had their hair "done up" for them at beauty salons for step fees, will keep on wearing the same hair-do for days and nights, protected

(Continued on page 25)

#### MATCHING LIPS AND FINGER-TIPS

A fashion "must" that Revlon makes possible with a "SUPER" Stay-on lipstick... sleek as satin, miraculously lasting and keyed to every Revlon fingertip-tone. The new Revlon MATCH-BOXES, lovely gift items contain one bottle of Nail Enamel, one Revlon Lip stick which harmonizes perfectly with the shade, and one miniature Adheron.

For that quality Revlon look, follow these Finger Tips:

First insure immaculate nail surface by wiping nails with **OILY POLISH REMOVER.**

Then use **ADHERON** as the base coat to provide a smooth, hard surface for the application of the enamel.

For richer color apply two coats of **NAIL ENAMEL** allowing each coat to dry to a light touch before applying the next one.

Glossyhard **SEAL-FAST** gives your nail enamel a protective coating.

As a finish, Revlon's new **OIL-FAST** hastens drying, cuts down smudging and softens cuticle.

Revlon's latest shades are sensational and exciting:

"**ULTRA-VIOLET**"—a divinely bluish tone as never seen before. "**CERTAINLY RED**" is really red, neither parplish or brownish; and "**QUIET PINK**," a sweet decent color for the distinguished lady.

And for the evenings, frosted stardust on your finger tips! Revlon's **FROSTED NAIL ENAMEL** is a new glittering sequin-finish, breathed right into your favorite Revlon shade, even in Bronze, Gold and Platinum.

New... **FACE POWDER** and **CAKE ROUGE** by Revlon, to blend perfectly with Revlon's famous **NAIL ENAMEL** and **LIP-STICK** color originals. The special Revlon talent for "gutting color together" results in face powder "alive-with-color" on your skin... where it matters most!

toilet set is not of the practical sort fitted for the purpose. You have to buy a really good brush with stiff bristles that will weather the hundred-strokes-nightly ritual that is prescribed for the healthy and well-kept hair and scalp.

While most Filipinas still do not use the hair brush regularly to keep their hair and scalp clean and fresh-looking, there is another thing that adds to the lamentable state most of our heads of hair is in: the majority of our women use either coconut oil or cheap brillantine or some other form of hair-dressing in great excess. This, coupled with the fact that ours is a very dusty and hot country indeed makes hair daintiness remain at a low par—even while the rest of our body can pass for good grooming.

I have heard men talk disparagingly of women they have danced with, not in connection with the style of dancing itself but in connection with their (the women's) lack of hair-daintiness.

"To look at their beautiful coiffeurs, you'd think they were princesses—take a good sniff at some of them and you'll need smelling salts to keep from fainting!"—is but one of the graphic accounts I've heard.

The trouble is, while most of us

I Hope I Never Wake Up!





"If you, not knowing much the 'factual side' of Miss Roberts were asked to prepare an article about her, what would you write about?" I asked Adina Rigor, my roommate. Promptly, she answered, "Her friendliness." And that exactly is what I am going to do. Firstly because I do believe friendliness is her most salient characteristic and secondly—because I must confess I don't know much more about her or what she did before December 26, 1946.

She arrived in the Philippines to be our National Student Y. W. C. A. Secretary on "loan" from the National Board of the YWCA of the United States in December last year. But my acquaintanceship with her friendliness began in November of that same year when on opening a blue envelope postmarked San Francisco and addressed to me in an unfamiliar small, round handwriting, I pulled out a note which read—"I am looking forward with eager anticipation to meeting you and having the pleasure of working with you and the rest of the Manila Y. W. C. A. staff." The note was signed Augusta Winn Roberts.

Augusta Winn Roberts. Even her name has a friendly ring in it. I asked a lot of questions about her than—how did she look? How old was she? What did she use to do? But I got no enlightenment beyond the fact that she was coming to revive Student Y. W. C. A. work in the islands and that she was ably qualified for the position, having had so many (the exact figures did not interest me then) year's experience in the field.

So, I waited and each day found me more and more at waiting curiously. When she finally arrived, I was in Baguio. It was the second day of the National Collegiate Student Conference. I was sitting under the pine trees atop a hill with members of a discussion group immersed in discussing the day's topic—"Youth Faces the Political Horizon". When word was sent up to me she had come I ran the hill as fast as my legs could carry me, down and across the road, into the hotel and down to the living room and saw, first of all, a friendly smile. That smile held my gaze so that even now I cannot recall exactly what she wore. I only remember a small, rather silly-looking hat with two big



Augusta Winn Roberts, YWCA National Student Secretary.

ber's friendliness is of the latter kind and that, I believe, is why she easily draws people to her.

I remember the bienvenida party the Y. W. C. A. gave for her and our three other Y.W.C.A. secretaries who arrived from the States at about the same time she did. Each gave a short talk at the program given in their honor. When her turn came, I turned to Ardie Sualdito, a student Y'er and whispered, "That's she. That is Miss Roberts." She nodded. Augusta Winn Roberts smiled, started to speak. Each word was said in her warm, firm way. A few were emphasized with the half-closing of her eyes or punctuated by a nod of her head. But all rang with that enthusiastic quality. Not many sentences afterwards, Ardie turn-

radio phonograph listening in silent enjoyment to recording of Marian Anderson's sonorous soprano voice, to the tranquil melodies of Debussy's "Claire de Lune", to picturesque Chinese children's songs... No one who is so friendly can help but be a lover of music too. Augusta Winn Roberts is no exception. Not an exceptional pianist nor a lyrical singer—but a lover of fine music all the same.

Her winning ways have won her friends among both young and old. I dropped in on her for a chat one night, and in the course of our conversation mentioned the rather strange position I found myself in on returning back to school after graduation five years ago.

"I could not tell whether I belonged with the students or the faculty and members of the administration," I remarked, really confused.

"I can appreciate your feelings," she answered. Then, she told me of her first job as a student Y. W. C. A. Secretary on a college campus in the States. "At first I also felt somewhat of a misfit on either side" she said.

"Which side did you finally take?" I asked hoping to find a solution to my own predicament. I found it in her reply. She said, "I did not take sides. I made friends in both groups."

Sometimes her adventures in friendship brings her laughs too as in the case of the little children in Vitas, Tondo. She went to visit our Y. W. C. A. Clubhouse there during her early days in Manila. As soon as she stepped out of the Station wagon, a troop of these little children immediately gathered about her, and stared rather curiously, perhaps at her red head.

She looked back at them, smiled and came out with one of the three Tagalog expressions she knew then. "Magandang hipon!" she called out and expected a chorus of replies from the faces about her. But the children only giggled.

Confused, she turned to Tomas, our driver, and asked: "Which is shrimp and which is afternoon?" And then burst out laughing at the realization of her mistake.

Perhaps you wonder how one so truly friendly can help not letting out some facts about herself. Well, I'll tell you. Augusta Winn Roberts will talk to you

## FRIENDLY and ENTHUSIASTIC

By AURORA ZABLAN

white flowers and a whisp of a veil on it sitting askew over a curly red head, and a friendly looking face with bright eager eyes. She looked very fair to me. Maybe because she hardly wore any make-up—hardly ever does.

I introduced myself. She brightened up a little bit more, took my hands and gave it a tight, friendly squeeze. Then I held her out and up to the students on the hill and introduced her all around. It did not take her long to become wrapped up to me in the discussion with the students.

The following day, I saw her walk out to the hill again and this time, with her arms linked with those of two other women student delegates and a few more following. I was frankly amazed at the way the students took to her in so short a time—and also definitely pleased. Afterwards, I got used to seeing her chummy, really friendly, with various other groups at the conference.

Friendliness is a contagious enough virtue. But friendliness coupled with enthusiasm, is more directly so. Augusta Winn Ro-

bert and in jubilant whisper said, "I like her! It's a case of love at first sight!"

I have watched her address three other groups afterwards and always, that friendly light beamed and beckoned to her listeners.

She has been in the islands but three months and already she has a group of students from various universities in Manila handed and happily working together to help solve campus problems, discussing family relationships, and learning together some more about everything from cooking to music.

At least once a week she has one group of these students meeting at the apartment she shared with Mollie Heath Conn, our National Y. W. C. A. Girl Reserve Secretary. I peep in, and truly the picture of those students seated on chairs, in cushions on the floor talking to her, to share a cup of ice cream and cookies with her is one to warm the heart and banish all doubts and misgiving about the "strained" Fil-American relationship.

At another time, one may find the group gathered around her

(Continued on page 32)

# Club Woman's Bulletinboard

The Indang Women's Club, Union sent by the president, Cavite reported the following officers:

President — Mrs. Guadalupe de las Alas.  
 Vice-President — Mrs. Nieves M. Catuncan.  
 Secretary — Mrs. Maria B. del Rosario.  
 Asst. Secretary — Miss Gaudiosa Costa.  
 Treasurer — Mrs. Paulina A. Quinquini.  
 Asst. Treasurer — Mrs. Maria C. Suna.

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 Mrs. Eligia L. Monico  
 Mrs. Juana O. Costa  
 Mrs. Carolina C. Sealitel  
 Mrs. Daniela V. del Rosario  
 Mrs. Anaclota P. Pio de Roda  
 Mrs. Gregoria E. Diokno

Hipolita R. Melborn, and secretary, Catalina A. Lopez, informed us that upon the receipt of the circular letter of Mrs. Heñares regarding Clean-Up Week they called on their Sanitary Inspector, but apparently the other officials of the community were not in a position to undertake the celebration. The members of the club, however, observed Clean-Up Week the week following the designated date. At present the members are undertaking some "kitchen work" which consists of preserving fruits, such as tomatoes and pineapples and making pickles and tamarind wine. At a program in the Bulaan Institute, a private high school of the town, the club members participated in the

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Asst. Business Manager—Miss Nicolasa Palpal-latoe

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 Mrs. Blancaflor Uy  
 Mrs. Leonila Piao  
 Mrs. Eufracia Delima

Mrs. Lourdes Avena, president of the Solana Women's Club, Cagayan reported that Clean-Up Week was observed in their municipality. There was very good cooperation among municipal employees, periculture center nurse, and sanitary inspector during the celebration. A recent election was held and the present officers and directors of the club are the following:

President—Mrs. Lourdes Avena  
 Vice-President — Mrs. Dominga Cepeda

Secretary—Mrs. Angeles Avena  
 Treasurer—Mrs. Lolita Uy

Members of the Board:

Mrs. Paula Borja  
 Mrs. Leocadia Battug  
 Mrs. Josefina Carag  
 Mrs. Feliciano Carag  
 Mrs. Imelda Hernandez  
 Mrs. Sixta Durian  
 Mrs. Vicenta Lasam

Mrs. Marta Deltran, president of the Woman's Club of San Miguel, Bulacan likewise reported that their club participated in the Clean-Up Week celebration and every member of the organization showed considerable interest in the improvement of the health condition in that town.

The following are the officers and members of the board of directors of the club:

President—Mrs. Marta T. Beltran

Vice-President—Mrs. Mercedes Cruz

Secretary — Miss Fidela Domingo

Treasurer—Miss Luz Carlos

Members of the Board:

Miss Aleja Baltazar  
 Mrs. Rosa Tecson  
 Mrs. Salud Galicia  
 Mrs. Lourdes Capulong  
 Mrs. Estanislawa Santos  
 Mrs. Estanislawa Reyes



The above photo was taken during one of the monthly meetings of the Pasay Women's Club held at the home of Mr. and Mrs. P. Lopa on Robert Street. The guests of honor were Mrs. Good and Mrs. Gonzales. A program preceded the selection of the Outstanding Mother of Pasay, Mrs. Galvez.

Mrs. Petronila Ocampo  
 Mrs. Crescenciana Ocampo  
 Miss Lucila Salazar  
 Miss Adolfinia Peñaflor  
 Miss Josefa Espineli

The club was reorganized in October, 1946 and the first activity undertaken was the raising of funds for the reopening of the town periculture center. The center was officially opened last January.

The latest report received from the Balaan Women's Club, La

Rigodon de Honor which was the main attraction of the night.

We are publishing here a complete list of the officers of the Balungan Women's Club, Pangasinan:

President—Miss Jazmin E. Soliven

Vice-President—Mrs. Pilar BerCASIO

Secretary—Miss Teofila G. Palacol

Treasurer—Mrs. Maria C. Jimenez

The following are the officers of Maasina Women's Club, Leyte for this year:

President — Mrs. Luz Enage-Gonzales

Vice-President — Mrs. Rosario Labata

Secretary — Mrs. Matilde Pajao

Sub-Secretary — Mrs. Natividad Gonzales

Treasurer—Mrs. Dolores S. Calapre

Sub-Treasurer — Mrs. Beatriz Fernandez



# FRIENDS IN AMERICA

Again, we are reprinting a lengthy write-up on Mrs. Legarda and Miss Evangelista. This time it is from "The High Point Enterprise" (North Carolina). Their picture was likewise published with the following caption:

**WOMAN'S CLUB VISITORS—** Distinguished visitors from the Philippines, along with Mrs. Karl Bishop of Spray, state president, and other state and district officers of the North Carolina Federation of Women's clubs, attended yesterday's meeting of the High Point Woman's club at the Sheraton and are pictured here shortly before the Filipino women told a story of suffering and devastation and asked help from America in their vast rehabilitation program. Left to right are Mrs. Trinidad F. Legarda, president of the National Federation of Women's clubs in the Philippine Islands and head of the National Council of Women in that country; Mrs. John L. Rothrock, local club president; Mrs. Karl Bishop of Spray; Miss Mercedes Evangelista, executive secretary of the Philippine Federation of Women's clubs who was interned in a concentration camp by the Japanese, and Mrs. Curry Loflin of Ashboro, who heads the Women's Clubs in the seventh district.

The article follows:  
**FILIPINO CLUBWOMEN CHALLENGE AMERICA TO AID IN VAST REHABILITATION PROGRAM**

Mrs. Trinidad F. Legarda and Miss Mercedes Evangelista make plea for help before High Point Women's Club while in U. S. for International Assembly.

**A** challenge to club women of High Point, the North Carolina Federation and to women throughout the United States to aid in the rehabilitation program of the Philippines, which bore the brunt of the war with the Japanese, was brought yesterday afternoon when two prominent Filipino women addressed the High Point Woman's club at its November meeting at the Sheraton Hotel.

Mrs. Trinidad F. Legarda, president of the National Federation of Women's Clubs in the Philippines and also head of the National Council of Women in that country, along with Miss Mercedes Evangelista executive secretary of the Philippine Federation, told a story of suffering, destruction and death in their country which drew the heartfelt sympathy of their audience. They made a plea for help from women of America in this mammoth project.

Placing emphasis from time to time on the love of the Filipinos for Americans and their devotion to the cause and ideals for which their youth fought side by side under General Douglas MacArthur, these two courageous women told of their work in concentration camps where American troops were incarcerated by the Japanese. They told of constant smuggling of money, cigarettes, candies and foods to American boys by Filipino women and girls while others entertained the enemy to divert their attention.

They concealed these items in the rolls of their hair, hems of garments and other unexpected places, even the garbage cans in order that they might reach the Americans without detection of the enemy.

"Our boys fought along with yours and suffered in the death march of Bataan but today, those of ours who survived have no Arthur and his promise of Reg. I. Bill of Rights to help them back to adjustment to normal life. We feel that it is not as it should be but it is merely a case of misunderstanding the situation," the national women's club president told her hearers. Introduced by Mrs. Karl Bishop of Spray, president of the North Carolina Federation of Women's clubs of whom they were guests white in North Carolina. As the former "Miss Philippine Islands" beauty queen, Mrs. Legarda minimized this honor, pointing out that beauty of soul and mind are so much more important. "We Filipinos are no different from you women and there is a common bond between us. America gave the Philippines its first real chance for an education in the real sense of the word and it is from this country we have realized what it means to live in a democracy. The success America has achieved along this line can not better be shown than by what happened at the outbreak of the war with the Japanese. We need ed no coaxing and did not hesitate to show on which side we would,

and long before war was declared we realized our country and America would fight together. As soon as the enemy came, we saw that life would not be worth the living and resisted with the Bataan death march as the result."

"Thanks to the brilliant military leadership of Gen. MacArthur and his promise of Reg. I. Bill of Rights to help them back to adjustment to normal life, said, continuing with details on the ovation given MacArthur and his troops on their return when every home, however humble, threw open its doors to them. She told of the American flag that women made and pointed out that it was this flag that was hoisted on the flagpole to replace that of the Rising Sun on July 4 when America gave the Philippines her independence. It was given into the hands of MacArthur to be returned to his country, a gift of the Philippines to America."

"We have many problems after a four-year war and loss of our buildings, homes and archives are one of the major problems. A country over 300 years old has no records on which to build. Moral destruction is more difficult to work with, however, as delinquency among our children has increased a thousand-fold and our educational system has been distorted by the Japanese," she pointed out. "We want to thank you for your past generosity and urge you to continue to give as

(Continued on page 23)



At the inauguration of the Manuel L. Quezon Post of the American Legion at Vallejo, California. Miss Mercedes Evangelista, executive secretary of the NFWC, was the guest of honor. Others in the above photo are Mrs. Wright, Commander People, Col. Wright, Commander Luis Lopez of the Navy, and Mrs. Pedro Gamatero, president of the Filipino community in San Francisco, California.



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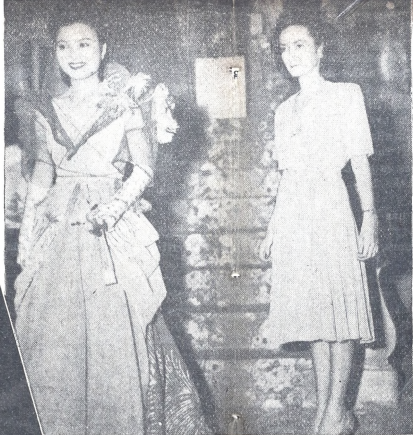
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**THE CENTRO ESCOLAR UNIVERSITY TOOK ONE WEEKEND OFF TO TAKE STOCK OF ITS ASSETS IN FEMININE PULCHRITUDE.**

Above: Alice Velasco, elected the "Pearl of the Orient" stands regal at the steps of her throne. She carries a train which grows from the pannelo of her lace-embossed white terno.

Right: Cast of the operetta, H.M.S. Pinafore, presided over by the beauties.





## FESTIVITIES AT THE CENTRO ESCOLAR UNIVERSITY

Left: Evelyn Soriano reigned as Ruby. Her terno is in rhyme with her title.

Above right: Gloria de Villa carried the title of Emerald and elected Sapphire. Her terno shows the latest in side bustles ornate with sequins.

Above left: Gloria de Villa carried the title of Emerald and dressed herself to suit her name. Here are sequins very properly utilized.





## ACTIVITIES AT THE CENTRO ESCOLAR UNIVERSITY

Left: Evelyn Soriano reigned as Ruby. Her terno is in line with her title.

Above right: Gloria de Villa carried the title of Emerald and Saphire. Her terno shows the latest in side bustles complete with sequins.

Above left: Gloria de Villa carried the title of Emerald and used herself to suit her name. Here are sequins very prominently utilized.



The Topaz was Josefina Cabreza shown above. She wears a three-tiered terno of sheer bouffant all trailing with vines loaded with dash and glitter.



**N**OT one, not two, not three, but many, are the able assistants available to Mrs. Lady of the House in her backstage role as Cleaner of the House. In addition to soap, with which no doubt even the veriest beginner has a speaking acquaintance, there is an imposing and competent array. Whether the cleanly consideration concerns wall, floor, woodwork, drain, toilet bowl, silverware, cooking utensil, window shade, furniture, porcelain, linoleum, or plumbing fixture, there is a powder, a paste, or a liquid which will make the task take less toll of energy and do it better.

Doing a multitude of jobs and doing them well is the well-earned reputation of the general household cleaners, perhaps the most frequently used of these efficient cleaning assistants. Take any one of these powders to scrub sinks and other plumbing fixtures, plumbing hardware, cooking utensils, and stubborn soil on painted woodwork and walls, floors of linoleum or tile, painted furniture, work-table tops—anything needing a mild abrasive action. At least one of them does further duty for mirror and window cleaning.

A good cleanser removes dirt and stains thoroughly and quickly without too much effort, but on the other hand, is fine and soft so that it does not scratch, mar, or dull the surface on which it is used. It will wash off, or wipe off, quickly and completely after use. It will not collect in and clog up drains and pipes. It will leave no unpleasant odor. It is kind and gentle to hands. In short, it cleans thoroughly with no unpleasant after effects. Pre-

perably it is packaged with a perforated top so that it is convenient to use. An attractive container, a container to match a color scheme, a preferred odor, or experience in effective results may further guide a choice.

Outstanding also in the variety of tasks which they make easier for the homemaker are the chemical cleaners, the scrubless way to eliminate greasy dirt. These powders, dissolved in water, dissolve grease and dirt, breaking them into tiny particles easily rinsed away. Removing dirt from painted surfaces, outside or in, becomes only a matter of wash-

ing them with the water in which the powder is dissolved, with a soft sponge or cloth, and rinsing with clear water. Likewise for the porcelain of ranges, refrigerators, sinks, and other plumbing fixtures, for woodwork, for linoleum, for tile, for wood and cement floors.

**U**SED in dishwater, all of these compounds eliminate the hard-water or greasy scum, save soap, and make dishes, glassware, and silverware sparkle because no soap film is left on them. Make scouring greasy or burned-on pots and pans easier,

too. In the laundry, they soften the water, thus saving soap, time, and labor. They make detarnishing silver a simple procedure. Despite their efficacy with dirt, these cleaners are mild, kind to hands and harmless to the surfaces on which they are used; one of them serves as a pleasing water softener for the bath.

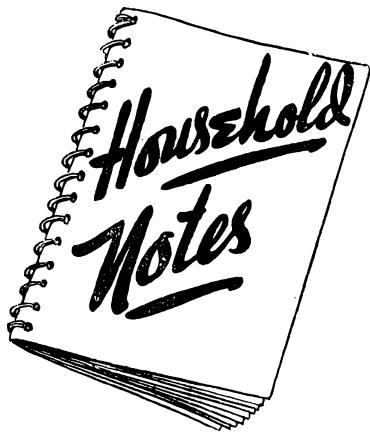
A cousin of this group, one might say, has the removal of wax as its particular chore. Wax comes off floors, woodwork, or furniture without scrubbing or other harsh methods by washing with water in which this powder is dissolved. It's especially helpful and labor-saving for a clean-up of floors before rewaxing.

Scrubbing a toilet bowl is a disagreeable performance which may be eliminated forever from a homemaker's chores by means of a bowl cleaner which chemically removes stains and unsightly discolorations and soil. It freshens and purifies not only the bowl itself but the trap and the pipe connections where no brush can penetrate. Toilet germs and a cause of toilet odors are flushed away. Homemakers whose sewage disposal systems depend upon septic tanks may use this preparation safely. Its presence in sewage does not injure the tank nor inhibit the action of the bacteria responsible for proper liquefaction of the sewage.

For drains, a drain-keeper-open provides that oft-mentioned ounce of prevention. For if a drain becomes clogged, it exacts its full mussy job, and all too likely a plumber's bill plus decided inconvenience. Regular treatment prevents this inconvenience and also, perhaps still more important, keeps sewer germs and filth at a minimum. Should a drain become clogged, this same preparation will boil out the accumulated grease and dirt and help to open it.

Free from unseen dirt and from germs as well as from the dirt which is seen are surfaces washed with an ultra-refined liquid bleach and cleaning compound. Used in the kitchen and the bathroom, it disinfects, deodorizes and removes stains, leaving glassware, silverware, dishes, sink, tile, enamel, porcelain, linoleum, bathtub, lavatory toilet bowl, floors, and woodwork hygienically clean. For laundry use too, this bleach gives the added protection of sanitation for all white and color-fast cottons.

Hospital-clean, too, are surfaces washed with a household disinfectant. Especially valuable in



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providing protection in and from a sickroom, it safeguards health when added to the water used in routine household cleaning in nursery, children's room, bathroom, kitchen, bedrooms, in washing and scrubbing garbage pails, and other sources of possible contamination.

**A**S COLD cream cleanses faces, so a creamy paste dissolves and lifts out grease and dirt from painted, varnished, enameled surfaces, from linoleum, even from hands. Because it contains no abrasive, this paste cannot scratch or mar surfaces. Applied with a damp cloth and wiped off with a wet cloth, it removes dirt and grime, safely and easily, from woodwork, floors, furniture, porcelain, enamel, periodic wet-mopping of floors, a little on the mop makes floors give up their soil with only a swish. No rinsing is needed. For everyday or every-week cleaning, for such often dirty spots as cupboard doors and windows sills, for small wall areas, for Venetian blinds, it is convenient and is effective without wearing away the paint or other finish. Rubbed in liberally and rinsed off, it cleans and conditions work-stained hands.

For large wall areas, for ceilings, for outdoor painted surfaces, for all large cleaning projects, a powder that is mixed with water to form a thin cream performs in a similar manner. Just brush it on with a paint brush or apply it with a cloth and rinse it off. Outdoors a hose is easiest; indoors a wet sponge or cloth is tidiest. It is safe and thorough for any surface not harmed by soap and water. Use it on washable wall coverings, leather upholstery, rubber, as well as on painted, enameled, and varnished surfaces. Used before repainting or revarnishing, it makes the paint or varnish go further and last longer.

Waterless window cleaners are notable for the saving of drudgery which otherwise accompanies the window-washing task. Just spray the liquid on, then wipe it off, or wipe the window with a cloth moistened with the liquid and then a fresh cloth—it's as easy as that. Or the chore may be accomplished with a chemically treated mitt without water or other equipment. — BY GLADYS SCHAFFER.

#### STAINS

The best stain removal procedure is never to let the stain happen. But when a garment or fabric furnishing acquires a stain, the first rule to remember is that

quick action may save the day. Fresh stains are more easily removed than old ones. Sometimes stains may be removed by sponging with cold water if the fabric is washable or will not water-spot, or with a good spotting fluid. Don't rub stains vigorously. To do so will fray the fibers and give the rubbed area a different appearance. Do not continue experimenting if your first efforts are not successful. You may succeed only on setting the stain. Take your soiled dress to a professional cleaner and tell him what caused the stain and what you have already done.

Ordinary washing will usually remove stains made by butter, candy, cream, egg, milk, orange juice, and tomato juice on washable fabrics. Coffee, chocolate, rouge, scorch, and tea will be partly—perhaps completely—removed in the regular washday procedure. A bleach will remove any traces which remain. If the material is colored, test the bleach first on an inconspicuous place.

Grabbing the milk bottle and dousing the ink stain into it isn't the thriftiest way to remove the spot from your favorite costume. It is true that lactic acid, which is present in milk, affects ink, but the amount of lactic acid in milk is so slight that the effect of it on even a small ink stain

is negligible. More than that, you've added protein to the stain, and that must be removed. The safest thing to do is to hurry the garment to a professional cleaner; he will determine the nature of the fabric and of the ink before he selects the stain remover to be used.

#### LAUNDRING NOTES

Women who never before have washed and ironed men's shirts are taking over this job these days in order to economize. These new shirt laundresses, and those who have been doing it for years as well, will find that copying these professional tricks aids in achieving thoroughly clean, gleamingly white shirts. First of all, rub thick suds on soiled collars and cuffs, roll them inside the shirt, and soak for fifteen minutes. Then, just before washing, scrub with a soft brush. Be sure to use enough soap for the two-inch suds that will stand up throughout the washing. If you use bluing flakes, dissolve them directly in the suds; if liquid bluing is your preference, add a

drop to the last rinse water. Starch is a wonder-worker in prolonging the freshness of clothes, and may be used on every fabric except heavy denim. Ironing is made easier by adding to each quart of light starch a quarter of a cake of a special waxlike preparation (this is spe-

cially nice for linens and fine cottons). Clothes treated this way may be ironed without pulling or sticking of the iron, which weakens the fabrics and causes tears. This same product also gives the clothes a satiny, dirt-resisting surface.

Silk becomes limp with age. A little starch will perk up your pieces of old silk lingerie and will also prevent them from sticking to your body during these hot days.

Sparkling whiteness results from giving white garments or linens a dip in bluing water. Bluing now comes in three forms—liquid, flakes, and balls (powder). The liquid comes in non-dripping bottles. The flakes are dissolved in the soap suds, while the powder balls are dissolved in the last rinsing water. No matter what kind you use, be sure to follow the directions that come with the product, and in the cases of flakes and powder balls, be sure to dissolve them completely.

Try hanging clothes on hangers to dry them. They will occupy less space, have less wrinkles, dry more quickly and more uniformly. Pin clothes by the heavier parts to prevent strain, handkerchiefs, unfolded, by the edges, ditto in the case of towels. Dry colored clothes in the shade.



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# COOKING



## STRING BEAN SALAD

Mix cooked string beans with a little diced crisp bacon and some chopped pickles. Marinate in French Dressing. Drain. Serve in lettuce cups with bottled salad dressing and garnish with chopped hard cooked eggs, peeled shrimps, or meat cubes.

## PICKLED BEET AND EGG SALAD

Hard-cook eggs, allowing one egg for each person to be served, the night before and let stand overnight submerged in the pickle of the beets. To serve: slice each

1/2 cup green pepper, finely chopped

Drain salmon thoroughly and sprinkle with lemon juice. Flake into small pieces. Combine with cucumber, onion and pepper. Season. Heap lightly on a platter and garnish with asparagus tips, tomato wedges or chopped hard-cooked eggs.

## HAM AND VEGETABLE SALAD

1 1/2 cups diced cooked ham  
1 cup chopped celery  
1/4 cup chopped sour pickles  
2 tablespoons chopped green pepper

with the sour cream dressing.

Raw cabbage contains 3 times more Vitamin C than cooked cabbage. Here's one way of serving it raw:

## COLL SALAD

4 cups shredded cabbage (raw)  
1/2 cup salad dressing (bottled)  
2 tablespoons vinegar or lemon juice

1 tablespoon grated onion  
1 teaspoon sugar or more  
Salt to taste  
Pepper

Crisp shredded cabbage in ice water if necessary. Combine salad dressing, vinegar or lemon juice, onion, sugar, salt and pepper. Drain the cabbage and mix with the dressing. Serve garnished with rings of green or red pepper to give it color appeal. If desired, the pepper, finely chopped, may be mixed with the cabbage.

## SUNDAY NIGHT SALAD BOWL

1 small head American lettuce  
3 cups diced cooked potatoes  
1 cup thinly sliced celery  
1 onion, chopped  
4 slices bacon, diced and cooked till crisp

2 tomatoes, cut in wedges  
3 deviled eggs

1 green pepper, cut into rings  
Line bowl with lettuce leaves.

Mix together the potatoes, celery, onion, bacon and salt. Moisten with mayonnaise or bottled salad dressing. Pile lightly in the bowl. Garnish with tomato wedges, deviled eggs (salted eggs may be used instead) and green pepper rings.

\* \* \*

**B**RAISING is one of the best methods of cooking meat and vegetable into delicious tenderness. The meat is first browned in a little fat, then a little water, and sometimes some vegetables or tomato juice or a mixture of water and vinegar, is added to the meat, then the pot or the kettle is covered tightly and placed over a low fire so that the meat just simmers in its own juice or in the little liquid that has been added to it. Adobo is a good example of braised pork.

The not-so-tender cuts of beef or pork which are less expensive are good for braising, but the best cuts for this method of cooking are those with bones, like the tail or the ribs. Here are two recipes worth trying:

## BRAISED SHORT RIBS

1 1/2 kilos of short ribs, beef or pork

## Try A Hearty SALAD For Lunch

**W**HEN the heat gets you down and you don't feel like cooking or eating beef, pork or fish, try one of the hearty salads the recipes for which we shall give you presently. These may consist of cooked or raw vegetables with pieces of left-over or canned meat or fish added to supply the protein. We prefer adding salted eggs most of the time, for these may be bought already cooked at the corner store, and they supply the desired saltiness that our family likes.

## POTATO SALAD

3 cups cooked potatoes, sliced or cubed  
3 tablespoons grated onion  
1 tablespoon lemon or calamansi or lime juice  
1 tablespoon prepared mustard (optional)  
1/2 cup chopped pickles  
4 eggs, hard cooked, sliced or chopped  
1/3 cup French Dressing  
Cooked Salad Dressing (bottled)  
Salt and pepper to taste

The potatoes should be cooked with their skins on, then peeled and sliced when cold. Mix potatoes, onion, lemon juice, pickles and eggs lightly. Add the French Dressing and mix. Chill if possible. Add mayonnaise or bottled salad dressing to moisten, and season to taste. Serve in lettuce cups and garnish with sliced tomatoes.

**VARIATIONS:** Use chopped olives instead of pickles. Or add about 2 cups shrimps, previously boiled, peeled and marinated in French Dressing, or flaked tuna fish, or chopped cooked ham or luncheon meat.

egg lengthwise and arrange on a bed of shredded lettuce. Flank each side with 3 or 4 slices of pickled beets. Serve with bottled mayonnaise.

**Pickled Beets:** Cook 1 1/2 cups beets until just tender. Slip off skins. Combine 1 cup vinegar, 1/4 cup water, 1/2 cup sugar, a little table spice, a small piece of cinnamon stick, a few whole cloves, and salt, in a saucepan and bring to a boil. Simmer for 15 minutes and add the beets. Simmer for 5 minutes longer. Allow to stand overnight. Whole native onions may be used instead of beets.

## SALMON SALAD

3 cups canned salmon  
1 cup diced cucumber  
2 tablespoons grated onion  
2 tablespoons lemon juice  
1 teaspoon fine salt  
12 asparagus tips, if desired

3/4 cup cooked peas  
1/2 cup cooked or bottled salad dressing

Combine all ingredients, using enough cooked salad dressing to moisten. Grated onion may be added if desired. Serve on a bed of greens and garnish with stuffed olives or radish roses.

Here's an appetizer salad, good to serve with cold meat or salted fish and eggs:

## SOUR CREAM VEGETABLE SALAD

1 cup sliced cucumber  
1 cup sliced tomatoes  
1 cup sliced onion  
1 tablespoon vinegar  
1 tablespoon sugar  
1 teaspoon fine salt  
1 cup evaporated milk

Add vinegar to milk and stir until milk becomes thick. Add the sugar and salt. Combine the vegetables and mix thoroughly

## WARNING to Mothers!

There is only one genuine Chas. H. Fletcher's Castoria—the laxative that is specially prepared for the tender systems of babies and children.

So, Mothers, please beware of substitutes! They may be injurious to your children.

Always look for this signature . . . . . before you buy! Then, you can be sure you're buying the genuine, the original.

Chas. H. Fletcher

# CASTORIA

Formula: Each 100 grains contains 20.720 gm. Soda, 9.1346 gm. Aloe, 0.1146 gm. Rochelle Salt, 0.0199 gm. Stearic Acid, Alcohol, etc.



## EXPOSITION OF ARTS AND INDUSTRIES

(Continued from page 11)

had a dual significance: It was meant to convey to other women in the world the friendship and sympathy of American women. It also saluted the work of one of the newest projects of the Women's National Institute, the International Federation of Hand Arts. This group was organized in 1941 after leading psychiatrists had suggested creative hand work as a means of encouraging women to find peace of mind, and to lessen nerve tension.

### Furtherance of Hand Arts A

#### Chief Objective

A principal objective of the International Federation of Hand Arts is the "encouragement of the exchange of ideas, of patterns and of techniques of the hand skills of women of this country with women of other countries, for the reconstruction and preservation of hand cultures for the benefit of future generations." Groups of women throughout the United States interested in the renaissance of hand arts organize chapters to join the Federation, which now numbers 500 members. The only obligation for membership is the preparation of exhibits for the week of the exposition, and the willingness to teach

handcrafts to others.

American hand arts, old and new, formed the largest section of the recent exposition. The various nationalities groups provided colorful exhibits of the hand work of women in other countries, an exchange which the Federation of Hand Arts hopes to foster on a large scale in the future.

The finest collections of early American quilts, hooked rugs, knitting, crocheting, embroidery, spinning and weaving were on view. In the newer arts, carvings, ceramics and pottery, hand-painted fabrics, metal jewelry work, miniature dolls and furniture were shown.

Among the individual versatile exhibits were metal jewelry made by a woman with the drills and other tools used by her dentist husband. Another object of interest was a statue of "Buffalo Bill," famous character of the pioneer days of the American West, made from a pair of old gloves, a coat hanger, metal strips from an airplane, and 4,000 inches (102 meters) of crepe paper. With twigs from a discarded Christmas tree, another woman produced miniature doll-house furniture with painted, upholstered

## FRIENDS IN AMERICA

(Continued from page 17)

we need so much and in return we give you our love and good will," she said in conclusion.

Miss Evangelista, herself an inmate of a Japanese concentration camp, preceded the national president on the program, told of the death of Mrs. Escoda, national president of the Philippine federation during the war, along with her husband at the hands of the Japs for their resistance work.

Their clubhouse in Manila, all paid for at the outbreak of the war, was destroyed along with all its equipment, by the enemy after it had already been mortgaged to raise money for work in the concentration camps with American boys, along with Filipino soldier. These women continued to fight in any way possible to sabotage the cause of the Japs and tried

(Continued on page 27)

cushions.

Through such means as the comprehensive Women's International Exposition and other effective techniques for putting into motion any idea or cause which it may sponsor, the Women's National Institute hopes to prove an

outstanding objective: that "women in the home, in industry, in the arts and professions; women of all nationalities, races and creeds, can work together in a democratic state in understanding, good will and friendship."

\* \* \*

3 tablespoons flour

A little lard

1/2 cup water

1 cup tomatoes, canned or fresh

1 small carrot, chopped

1 onion, sliced

1/4 cup celery tops

1 clove garlic

Salt and pepper to taste

Have short ribs cut in pairs by the butcher (he can do it better than you). Dredge with flour and brown on both sides in a little lard (the purpose of browning meat before braising or boiling is to seal in its juices by searing the surfaces and to give the sauce an attractive brown color). Place browned ribs in a pot or kettle with a tight cover, add the water, tomatoes and other vegetables, mashed clove of garlic, and seasonings. Cover the pot or kettle and simmer for about two hours. Taste and add more seasonings if necessary. More water may be added during the cooking but not more than half a cup at a time. If the cover of the pot or of the kettle is tight, only very little of

the liquid will evaporate.

#### BRAISED OX TAIL

1 ox tail, cut in 2-inch pieces

2 onions, sliced

1 carrot, chopped

1 celery stalk, chopped

1 cup tomatoes

3 bay leaves, crushed

3 whole cloves

Salt and pepper to taste

2 tablespoons brown sugar

1 cup hot water

Saute ox tail pieces in a little hot fat, turning until all sides are brown. Add the onion, carrot, celery and flour and brown all together. Add the hot water, the tomatoes and condiments. Cover and simmer for two or three hours until very tender. Lift out the tail pieces from the broth and set aside. Strain the broth and return to the pot. Add the ox tail pieces and the brown sugar. Bring to a boil. Some like to add a little red wine just before serving; others, such garnishings as fried sliced saba bananas and boiled potatoes.



**MILKMAID**  
SWEETENED CONDENSED MILK

A Nestle' Product





# CHILD CARE



## FIRST AID

**E**VERY mother should know what to do in case of sudden illness or accident in her household. If there is a course in first aid given in your locality, better take it in order to be prepared for any emergency.

### CONVULSIONS

Convulsions seem to be common among other women's children. Just the other evening our neighbor came running to us asking for help. Her youngest, only a year old, was having convulsions. What should she do? Fortunately, our father-in-law who is a doctor was still awake. A letter from a relative in the province gave us the sad news that her nine month old baby was always having convulsions. What causes convulsions in a young child, and what should be done to help him?

Convulsion is a frightening thing to see but in most cases it is not dangerous in itself. It is only a symptom, a manifestation of some other condition. Call a doctor at once but if you cannot get him right away and the child is feverish, give him an alcohol rub to bring down the fever. Use equal parts of alcohol and water, water alone if you have no alcohol. With your wet hand rub each limb of the child for a minute or two, then his chest and back. The convulsion is usually over and the child asleep before the doctor arrives.

In most convulsions the child loses consciousness, the eyes roll up, the teeth are clenched, and the body or parts of the body are shaken by twitching movements. The breathing is heavy, and there may be a little froth at the mouth. Sometimes the urine and bowel movement are passed.

Convulsions are brought on by irritation of the brain, from a number of different causes. The causes are different at different age periods. In the newborn baby they are usually due to injury to the brain. During the first year they may be a sign of tetanus.

To be wronged is nothing unless you continue to remember it.—Confucius, quoted in "Your Life".

Before you flare up at anyone's faults, take time to count ten—of your own.—Springfield Union & Republican.

not pure enough to wash wounds with, keep a bottle of hydrogen peroxide to use instead of water. An antiseptic is less important than careful washing. The one that has been commonly used is tincture of iodine, half strength (3½ per cent). It has two disadvantages—it stings and it burns raw flesh. Mercurochrome, on the other hand, does not sting, but many doctors feel that it is too weak a germ-killer to be reliable.

Wounds that might be contaminated by any street dirt or soil that contains manure should be reported to your doctor. Manure often contains germs of tetanus.

### ANIMAL BITES

Get in touch with the doctor promptly. Meanwhile, first aid is the same as for cuts. The important thing is to keep track of the animal to be sure that he is not developing rabies. If the animal does develop rabies, or if he cannot be traced, the doctor will give rabies inoculations.

### BLEEDING

Most wounds bleed a little for a few minutes, and this is good because it washes out some of the germs that were introduced. It's only profuse or persistent hemorrhage that needs special treatment.

Bleeding of the hand, arm, foot, or leg will stop sooner if the part is elevated. Have the child lie down, and put a pillow or two under the limb. If the wound continues to bleed freely, press on it with a sterile gauze square until it stops or until the doctor arrives.

If a wound is bleeding at an alarming rate, don't wait to find the right bandages. Stop the bleeding with pressure immediately and wait for someone else to bring the bandages. Elevate a limb if possible. Make a pad of the cleanest material handy, a clean handkerchief or the cleanest piece of clothing on the child or yourself, and press the pad against the wound. Keep pressing until help arrives or until bleeding stops. Don't remove your original pad. As it is soaked through, add new material on top. If by chance you are in a situation where you have no cloth or material of any kind to press against the wound that is bleeding alarmingly, press with your hands on the edges of the wound, or even in the wound itself.

### NOSEBLEEDS

There are a number of simple remedies for nosebleeds. Just having a child sit still for a few minutes is often sufficient. To avoid his swallowing a lot of blood, have him sit up with his head bent forward, or, if he is lying down, turn his head to the side so that his nose points slightly down. Keep him from blowing his nose

which results from insufficient Vitamin D. In the young child between the ages of 1 and 5, the commonest cause is sudden fever at the onset of colds, sore throats, and gripe. Fever coming on so quickly seems to irritate the nervous system.

Epilepsy is the name given to convulsions that occur repeatedly in the older child, without any fever or other disease. Nobody knows the real cause. Every case of epilepsy should be investigated by a doctor familiar with the disease.

### CUTS

The best treatment for scratches and small cuts is to wash them with soap and pure water on a piece of sterile absorbent cotton. Then rinse the soap off with plenty of clear water. If the water is

ble. Tincture of metaphen, 1 to 200, is generally considered a good antiseptic.

If you do use iodine, buy the half-strength solution and keep the bottle well stoppered. The alcohol evaporates, leaving a much stronger solution. Buy a new bottle whenever the old one looks as if it has evaporated considerably.

Never put an airtight bandage over iodine. It will keep the iodine itself from evaporating off the skin and cause a burn. Any bandage over iodine should be held in place by narrow strips of adhesive, so that there is plenty of chance for the air to reach it. Don't put iodine on wet skin, or use it with any other antiseptic.

For large cuts that gape open, consult your doctor.

THE FAVORITE OF ALL SMART WASHERS!

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MADE BY LISSAR MANILA, P. I.

CLEANSE LIKE MAGIC!

**F**OR children's prickly heat, Mennen has put out a dusting powder with a base of bicarbonate of soda. It is called Quiccool and is available wherever Mennen products are sold.

Prickly heat bothers mothers more than it does babies until it dries up and becomes itchy. You can pat the rash with a bicarbonate of soda solution on absorbent cotton, several times a day (1 teaspoon of bicarbonate of soda dissolved in a cup of clean water). Another treatment is dusting with cornstarch powder (even the old folks know about this).

More important is to try to keep the baby cool. Don't be afraid to take off his clothes on very hot days. He will not catch cold. When the day becomes cooler late in the afternoon, you can put a sleeveless shirt on him.

Most Filipino babies are over-dressed for our climate. After a baby has gained 10 pounds, he can wear just a sleeveless shirt and a diaper, and only a diaper or a pantie during summer.

Give the baby cold water to drink several times a day during summer. And don't keep him indoors. If you have a house with a yard, spread a blanket or a mat on the ground which is shaded and allow the baby to play there, naked, if you like.

Toddlers and pre-school children should go around stripped to the waist when inside the house. This will reduce your washing and keep the children cool.

or from pressing and squeezing it with his hanky.

Cold applied to any part of the head constricts the blood vessels and helps to stop hemorrhage. Place something cold against the back of the neck, or the forehead, or the upper lip. A cloth wrung out in cold water, an ice bag, or a cold bottle from the icebox will do.

If the nosebleed continues for 10 minutes after all these measures, get in touch with your doctor.

Nosebleeds occur most frequently from blows on the nose and from colds and other infections.

If the child has repeated hemorrhages from no apparent cause, he needs to be examined by a doctor. If no disease is found, it may be necessary to cauterize (burn) the exposed blood vessel that is always breaking. The proper blood vessel to cauterize can be discovered right after a bleeding.

\* \* \*

## DAINTINESS: A MUST IN WOMANLY TRAITS

(Continued from page 13)

by a hair-net, because they hate to spoil the lovely effect long after the special occasion for which it was set in the first place had passed; they think it a waste of money to pull the nice coiffeur apart the following day and give their hair the proper brushing and shampooing it deserves.

The smell of dirty hair that has been plastered over and over with sweetish cheap brillantine can be most offensive. Once I rode in a crowded vehicle with my little boy, aged five. He had to stand on the seat between me and another woman fellow passenger, because there was not even enough room for him to squeeze in, sitting down. His height is high enough for his face to be close to the woman's head. All throughout the ride, my little boy kept squirming uncomfortably. I had to speak to him

sharply more than once to quiet him. Then, as soon as we got off, he told me the reason: "That woman's hair smells awful, Mommy!" Out of the lips of babes... I'm only thinking my lucky stars that my little boy had enough inherent and instinctive sense of chivalry not to have spoiled his thoughts aloud while still on the bus!

But there you see, even the youngest of males are terribly sensitive and susceptible to feminine daintiness or the lack of it.

Some women refuse to shampoo their hair more than once a week because they contend that frequent shampooing destroys the natural hair oils and will cause their scalps to become dry. This need not happen. What will prevent the natural hair oils from drying up is a regular scalp exer-

## Rings Divorce Bell



**ON THE STAND** in Los Angeles, actress Aileen Pringle tells the court that she and novelist James M. Cain, author of "The Postman Always Rings Twice," were " temperamentally unsuited to each other." After testifying that Cain built "dungeons instead of castles in the air" she was granted a divorce from the noted writer. (International)

cising. It is easy: you just put all ten tips of your fingers into your hair, next to the scalp, and, with vigorous circular movements as if you were scratching your head, let the scalp tingle with the sensation afterwards. Use coconut oil when you do this if you can't get hold of the more expensive and special hair oils. Do it the previous night when you intend to have a shampoo the morning after.

Of course if you can afford it, the best way yet is to have a hot oil treatment at the professional beautician's salon twice a month or at least once a month. But I'm just pointing out, that even at

home and on practically nothing, you can do something about your personal needs.

I mentioned deodorants.

Some women think that deodorants are only for those who have "B. O.", or offensive body odors. But the question is, how do you know that you don't have such? You must remember that the skunk probably is not aware of his smelling far from sweet. It's a case of the olfactory nerves being so used to the smell of one's self, they become "fatigued", or quite useless—unless it be for some alien bodies other than one's self. So, as I say, one can't be too sure that one does not have "B. O."

To be on the safe side, use a good deodorant, either in cream, liquid, or powder form. Specially during these hot days, when one perspires so freely and excessively. There are so many good deodorants in the market nowadays and not so very expensive as to make them inaccessible to the average purse.

Personally, I use the powder kind. My hands perspire profusely, too, and I find the powder deodorant handy, (no pun intended). Also, I find it nice to use on sanitary napkins. Of course most sanitary pads on sale are advertised as being so specially treated as to have their own deodorizer manufactured into them, and I use one of these kinds. But just the same, I keep on the safe side by putting on a little dust of powder deodorant on my sanitary pad every time I change. A girl can't be too careful...

Speaking of sanitary pads and licate and feminine subjects, let me add just another observation, which has a lot of bearing on our original subject. It is a well-

## PAINS AFTER EATING

Gas pains and many other common ailments are often caused by too much acid in the stomach. Phillips' Milk of Magnesia is the ideal remedy for such ailments. Quickly neutralizing the acids, it relieves the pain, restores proper digestion—enables you to enjoy better health.

PHILLIPS' MILK OF MAGNESIA TABLETS — Handy in the convenient form when indigestion or heartburn attacks suddenly. Also in bottles of 75 and 200 for home use.



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known fact that most Filipina girls think it is bad to take a bath during certain days of the month. There are all sorts of superstitions connected with this practice—or should we say “non-practice”? Some say to take a bath while one has the “blues”, one can become insane or have consumption or leprosy or I don’t know what else.

I have consulted many doctors regarding this, one of them an American specialist on women and children’s diseases and they are all agreed that taking a bath will not be of harm provided it is not tub-bathing or sea-bathing. If it is but a shower bath and specially a quick one, there is no harm whatsoever. As a matter of fact, most doctors recommend more strict personal cleanliness during such monthly periods, and how can a woman be properly clean unless she takes a bath regularly even on such days?

It has been estimated that there are more dainty women than young girls. That personal daintiness seems to increase in percentage as the age group of twenty to forty-five is reached. This is perhaps true because of the fact that as women gain better sense, they realize all the more how important it is to be dainty not only in looks but also



President Roxas speaking after signing the treaty of Geneva and the Prisoners of War convention. This was the first step towards PNRC independence.

in deeds. Young girls don’t have to be their youthfulness and freshness and vigor make up for whatever breach of daintiness they might be guilty of.

But a wise mother of a growing daughter ought to teach her female offspring the simple rites of daintiness as early as possible. So that the latter might not have any difficulty later on in life in getting used to the general idea. Brought up to be a dainty young miss, she will mature into a naturally dainty woman.

## IN THE HANDS OF THE PEOPLE

(Continued from page 9)

sure all the responsibilities of the Philippine Red Cross and to succeed to all the right, title and interest of the Philippine Red Cross to property of all classes, within the territory of the Philippines in accordance with the resolution of the central committee of the American National Red Cross dated December 11, 1946.

SEC. 9. The corporation shall, at the end of every calendar year submit to the President of the Philippines, an annual report containing the activities of the corporation and showing clearly its exact financial condition, the sources of all receipts and the purposes of all disbursements.

SEC. 10. It shall be unlawful for any person to solicit, collect, or receive money, material, or property of any kind, falsely representing or pretending himself to be a member, agent or representative of the Philippine National Red Cross; or for any person to wear or display the sign of the Red Cross or any insignia made or colored in imitation thereof for the fraudulent purpose of inducing the belief that he is a member or representative of or agent for the Philippine National Red Cross.

The use of the name Red Cross is reserved exclusively to the Philippine National Red Cross and the use of the emblem of the red Greek cross on a white ground is reserved exclusively to the Philippine National Red Cross and the medical services of the armed forces of the Philippines as provided in Article 28 of the Geneva Red Cross convention. It shall be unlawful for any other person or entity to use the words Red Cross or Geneva Cross or to use the emblem of the

red Greek Cross on a white ground or any designation, sign or insignia constituting an imitation thereof for any purpose whatsoever.

As used in this article, the term person shall include any legal person, group, or legal entity whatsoever nature, and any person violating any section of this article shall upon conviction therefore be liable to a fine of not more than one thousand pesos or imprisonment for a term not exceeding one year, or both at the discretion of the court, for each and every offense. In case the violation is committed by a corporation or association, the penalty shall devolve upon the president, director or any other officer responsible for such violation.

SEC. 11. All acts or parts of acts which are inconsistent with the provisions of this act are hereby repealed.

SEC. 12. This act shall take effect upon its approval.

We women do talk too much but even then we don’t tell half we know.—Lady Astor, quoted in “The Christian Science Monitor”.

It is a great mistake for men to give up paying compliments, for when they give up saying what is charming, they give up thinking what is charming.—Oscar Wilde.

If spring came but once in a century instead of once a year, or burst forth with the sound of an earthquake and not in silence, what wonder and expectation there would be in all hearts to behold the miraculous change.—Henry Wadsworth Longfellow.

# SUMMER SESSIONS

## CENTRO ESCOLAR UNIVERSITY

The administration of Centro Escolar University has announced the opening of special civil service review classes for teachers during the month of May. The classes will be conducted by competent instructors.

The regular summer classes in all Collegiate departments will open on May 12. Special classes in Tagalog for teachers will be offered as usual under Prof. Lope K. Santos, Mr. Benigno Zamora and Mrs. Teresa Sianghio.

The following departments will be open during the summer: graduate school, colleges of education, normal, home economics, liberal arts, pharmacy, dentistry, optometry, and commerce.

Subjects to be offered in the Collegiate Department — By arrangement.

The regular Summer classes for High School and the conservatory of Music will begin on May 2, 1947.

The subjects to be offered are the following:

- First Year—Literature, Algebra and History
- Second Year—English, Geometry, History and General Science
- Third Year—Mathematics, History, National Language and Biology
- Fourth Year—English, Physics and National Language

ENROLLMENT BEGINS APRIL 27, 1947.

FOR FURTHER INFORMATION, See or write the Secretary

# CENTRO ESCOLAR UNIVERSITY

Mendiola, Manila

## FRIENDS IN AMERICA

(Continued from page 23)

to play the role of mothers, wives, sisters and sweethearts for the American troops, Miss Evangelista pointed out.

"With 28,000 of our own boys dead from one concentration camp in Manila, known as the Flanders field of the Philippines, we would like to proceed with the work of rehabilitation but cannot do so without your help," she said in conclusion.

Mrs. Karl Bishopric, the state president, in introducing the Philippine clubwomen, expressed pleasure at being able to entertain them in her home as her own son had been entertained in a Filipino home while stationed in that country. She urged clubwomen to help the Philippines in their program of rehabilitation and asked that they use their influence with their congressmen to bring these Filipino veterans under the G. I. Bill of Rights. "Those men, many of them amputees, were in our army and were fighting while our men were being prepared and I don't see why they couldn't be shown the same consideration our men have been shown" she asserted.

Mrs. John L. Rothrock, local president of the Woman's club, presided over the meeting, which was opened with the club collect

and recognized the visitors present, in addition to the speakers and Mrs. Bishopric. These included Mrs. T. Fred Henry of Salisbury, state treasurer of the North Carolina Federation and Mrs. Carry Loflin of Asheboro, director of Seventh district women's clubs, along with Mrs. J. D. Ross of Asheboro and Mrs. Rouse of Salisbury, who accompanied them to High Point.

The department chairman, Mrs. J. F. Hayden of the education department, and Mrs. T. M. Lee of the fine arts department, were presented and told of plans for their respective programs during the year, reading the departmental rosters and inviting other members to affiliate with either department.

At the conclusion of the program, Mrs. Rothrock presented both the Filipino visitors and Mrs. Bishopric with gifts of nylon hose as a symbol of High Point's industry and a token of appreciation for their visit here. Coming to High Point to attend the International Assembly of Women in South Kortright, New York, these remained to personally thank and ask further aid of club women in this country in behalf of their country.

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## CONGRESSWOMAN FORTICH

(Continued from page 4)

narrative everytime they refer to the Senator's last days.

Congresswoman Ozamias wears deep black. In her bereavement she finds surcease in keeping busy. She was most gracious when we asked her for her speech during the luncheon, which we are here reprinting for the benefit of those who are most interested to know what the Congresswoman's plans are regarding her sphere of action in her new role as legislator. Here it is:

"First of all I would like to express my appreciation for the privilege of having this opportunity to discuss with you one of the current problems which is of extreme interest to all of us and one which is closest to my heart. You represent feminine leadership and feminine intelligence in the

Philippines. Your various organizations have done much to contribute to the welfare of this country which we love.

"It was by accident that I have come to occupy my present official position. Notwithstanding the accidental nature of my appointment, I want to express my earnest desire to represent not only my constituents in Bukidnon but also to furnish, in so far as I am able, feminine influence in the lower house of Congress, for all the Filipinos. You must appreciate that I am a lone woman in that assembly. Consequently it is absolutely essential that I have the close cooperation of you leaders of feminine thought.

"The women have always been entrusted with the care and upbringing of the children and with

it the responsibility of making it as the center of family life. It is to be regretted that with all the responsibility that is imposed on our sex we have had so little to do with the formulation of laws and political policies of this country. If we are trusted to raise our future citizens, handle the family's finances, it seems but just that we should have a greater part in the sociological and political development of this nation. I do believe that the feminine viewpoint can be of great help in formulating political thought.

"When I accepted the responsibility of being a representative, I had absolutely no political com-

mitments other than that I am, by heritage and belief, a member of the liberal party. I am here in Manila to carry out the duties of my position in accordance with my personal beliefs. Naturally, I am giving a great deal of thought to political and sociological questions with which we are confronted at the present time.

"Foremost in my mind is the need for legislation covering the teaching of religion in our public schools. I am sure you will recognize that since the end of the war there has been a consistent divergence from this viewpoint. Juvenile delinquency presents a

(Continued on page 29)

## For DISTINGUISHED HANDS wear

CUTEX, the most fashionable and widely-used Nail Polish in the world.

Made with a new formula in five new exciting shades in handsome novel bottles.

CUTEX is long-lasting... does not chip... doesn't crack... and gives your hands that distinctive look. Ask for it today... and follow the Style!

### NOW

CUTEX contains a new compound wear ingredient to make it the longest-wearing polish Cutex ever had!



# CUTEX

FOR LOVELIER NAILS

ONE DAY, while walking along the bank of the river, a little boy heard someone crying. He looked around and saw a crocodile with a rope tied around its neck.

"What is the matter, Crocodile?" asked the boy. "Can I help you?"

"Cut this rope," said the crocodile, "and in return I shall give you a gold ring."

The boy cut the rope and said, "Where is the gold ring?"

"We'll have to go down to the mouth of the river for the gold ring," said the crocodile. "Naturally I do not carry gold rings with me when I go around. I have neither a finger to put it on nor a pocket to put it in. Jump on my back and let's go and get the gold ring."

The boy sat on the back of the crocodile and they started on their journey.

When they reached the middle of the river, the crocodile stopped

and said, "Now, my friend, I might as well tell you that I do not have a gold ring."

"Then why did you promise me a gold ring?" asked the boy.

"And furthermore," said the crocodile, not paying any attention to what the boy said, "I might as well tell you that I am about to make you my dinner."

"What are you saying?" asked the boy in alarm. "You—eat me who set you free?"

"That is exactly what I plan to do," said the crocodile.

"That is unfair," said the boy.

"Unfair?" said the crocodile. "Not every boy has the privilege of becoming a crocodile's dinner every day."

"It may be so," said the boy, "but I want to live a little longer. Let us ask three others whether you should eat me or not. After all, I did you a good turn today when I set you free from the rope trap."

"All right," agreed the crocodile. "We'll ask three others."

Soon an old basket came floating downstream.

"Basket, Basket," called the boy.

"Please decide our quarrel."

"What is it?" said the basket.

"I saw the crocodile caught in a rope trap," said the boy. "He asked me to set him free and promised to give me a gold ring in return. When I had cut the rope, what should he do but say that he was going to eat me? Now tell us if he should do that."

"When I was new," said the basket, "I served my master well. But when I grew old and could no longer hold my master's rice, he threw me into the river. Here I am, as you can see, floating in my grave in the ocean. Go ahead, Crocodile," finished the basket, resuming his journey. "eat the boy. I people are very cruel."

"I will eat him, thank you," replied the crocodile. "Now, what do you say to that?" he said, turning to the boy.

"It seems bad for me," said the boy, "but we have asked only one fellow. Let us ask this hat."

As he spoke, an old straw hat floated down the river.

"Hat, Hat," called the boy. "Please say whether the crocodile is right or I am."

"What's your trouble?" asked the Hat.

"This crocodile was caught in a rope trap," began the boy. "He asked me to set him free and promised to give a gold ring in re-



# THE BOY AND THE CROCODILE

A MORO FOLK TALE

By MAXIMO RAMOS

turn. When I had cut the rope, what should he do but say that he was going to eat me? Is he right or wrong?"

"When I was new," began the hat, sighing as only an old hat can sigh, "I served my master long and faithfully. I shaded him from sun and rain. But when I became old, he threw me into the river, and here I am on my way to my grave in the ocean. People are very cruel," he ended his little speech and floated on down to the ocean. "Let the crocodile eat the boy."

"Did you hear that?" said the crocodile laughing.

"I believe," said the boy, "I might as well make up my mind about becoming your dinner. But have one more chance. Let us go to that monkey sitting on the tree at the bank of the river. Whatever he says shall be followed."

"Remember that the monkey is the last one you will ask," said the crocodile.

"I know," said the boy. He turned to the monkey and shouted, "Monkey, Monkey, should the crocodile eat me?"

"What are you saying?" the Monkey shouted back. "Come closer. I can't hear you."

"He is asking you for permission to become my dinner," said

the crocodile, swimming nearer to the bank.

"I can not hear a word you are saying," said the monkey. "Come closer."

The crocodile swam a little closer and the boy began:

"I was walking at the river-bank when—"

"I still can not hear you!" the monkey interrupted the boy. "Come closer, Crocodile." "You should be able to hear us now," said the crocodile, having come nearer.

"I can hear you a little now, but I can not hear you enough," said the monkey. "Come a little closer."

The crocodile swam nearer the bank and said, "Monkey, tell this boy that I should eat him, and that's enough."

But while he was speaking the boy jumped off his back and ran away. "Thank you, thank you, Monkey," said the boy. "You saved my life."

"You are entirely welcome," said the Monkey. "I merely tried to repay my debt to Pilandok, your father, who saved my life from the crocodile the other day."

"Some day I will eat both the boy and the monkey," said the crocodile angrily and went away.

**When You Feel Listless**

Common Sense Prescribes

# ENO

It's surprising how quickly a dash of ENO in a glass of water helps put the sparkle back into you when you feel listless, lopy, headachy or dispirited from excess stomach acidity. An extra dash helps relieve that stuffy feeling due to eating too hurriedly or too heavily—or to faulty elimination. Keep a bottle of Eno handy in your home or office. It costs so little. Buy Eno at your pharmacist.

MAKES A SPARKLING EFFERVESCENT DRINK

Prepared according to the Bureau of Science of the Government of the Philippine Islands, 44 per cent Tartaric Acid, 82 per cent Sodium and Potassium Bicarbonates. Manufactured according to the special process of J. C. Eno, Limited.

works of other writers published. There is now pending, I know, the following: Bienvenido N. Santos' novel, "Hurt Men," Edilberto K. Tiempo's novel, "They Called Them Outlaws," Carlos A. Angeles' poetry volume, "Thunder in the Tongue," Oscar de Zuniga's "First Harvest."

At no time has the stirrings for published works more active than now. Recently the Barangay Writers' Project, collaborating with the Philippine Association of Women Writers, celebrated an unofficial Writers' Week in an attempt to focus the needs of Filipino writing and writers.

It is significant that after that initial impetus, Javellana's and Gonzalez' books are going to be published. It is to be hoped that this movement will constantly be before the Filipino reading public and will not die. For, as a realistic speaker in the forum during Writers' Week said, a negligible number only reads Filipino works in English. I have come across numerous students who turn to our better Filipino writers in English for their readings. Their enthusiasm is infectious and this may well be taken as a tribute to the resiliency of the Filipino mind, which, though it has for a

## THE HAPPIEST BOY

(Continued from page 10)

short period of less than a decade learned the English language, can command the intricacy and subtle nuances of the King's English. The Filipino writer has used English as an instrument to portray the patterns of our lives, in cursive peace and in violent war. N. V. M. Gonzalez is no mean exception and as I have said he has a feathery, delicate touch, a psychological insight, and an almost flawless sense of narrative that form the basis of his reputation as a writer.

It will be remembered that his "The Winds of April," a novel was a prize-winner in the 1940 Commonwealth Literary Contest, sponsored by the late Manuel L. Quezon. Asia Magazine, reviewing the book, said: "Mr. Gonzalez... is a Filipino whose future works bear watching." A. V. H. Hartendorp, editor of Philippine Magazine, declared "The book is alive and true and contains passages of great effectiveness and

beauty. It is a book of real literary, psychological, and Philippine interest." Francisco Arcillana, who was then literary critic of *The Herald Mid-week Magazine* asserted: "There are touches of beautiful writing in it, really beautiful writing, restrained and quiet"; while Mrs. Pura Santillan-Castreche, book reviewer of the *Manila Daily Bulletin* said that "The reader gets an insight into the struggles of a sensitive yet essentially sensuous soul which, amidst ugliness strives to produce beauty, amidst strid necessity and almost painful living, finds little to complain about because it possesses an inward fire, illusions... and a hope. Here is an abiding faith, a belief in oneself and in one's creative ability, which conquers everything, pov-

erty, disappointments, misery. All this is merely sensed, as the author would have it, for throughout, even at the most poignant parts of the narration is a remarkable matter-of-factness which neither explains nor demands commiseration... Mr. Gonzalez has definitely 'a way with words' which the reader feels more and more as he reads along. There is an ease and fluency about his manner of using them which is soothing."

Gonzalez is in his early thirties. He was born in Romblon, Romblon, but has spent the greater part of his life, commuting between his beloved island of Mindoro and Manila. In my notes, I find that he stayed in Wasig from 1918 to 1928. In 1928-1929 he returned to Romblon. After that, up to the present, he has divided his time between staying in Calapan and in Manila. I first knew him when he came to the city and like the lonely souls that we were, drifted into that group of irreverent, rebellious writers who called

## CONGRESSWOMAN FORTICH

(Continued from page 27)

real problem. The latter, I believe is due to the lack of the former. I am not in favor, except in extreme cases, of drastic punishment of our minors when the crime for which they are to be punished is due to our fault. We do not help their moral development and we hold them guilty for lack of same. Had they been properly equipped, the cause for the punishment would never have arisen. In short, I am strongly in favor of compulsory religious education in our schools. I feel that it is just as important to engender Christianity deep in our children as it is to teach them the essentials of democracy, for democracy and Christianity stand side by side. It is axiomatic that when one falls the other is weakened. We must never lose sight of the fact that the Philippines is the outpost of both Christianity and democracy in the Far East.

The best bulwark against the invasion of political and sociological theories contrary to our

scheme of life is education. The best part of education is the instilling in our youth of the principles of Christian life. May I again repeat that I am a lone woman in the Congress. I am but a single voice. I need, therefore, the fullest cooperation from you leaders in order to carry out my responsibility to its fullest extent. I am always ready and I seek your suggestion and advice. I feel that it is only by working together that we can hope to accomplish the political and sociological reforms which we women think are desirable. I regret that I have nothing more to say on this occasion, I am but a neophyte. I do not feel that I am qualified to formulate a comprehensive legislative program for your consideration at this time. However, I speak from the bottom of my heart when I implore the women to give the benefit of their advice and counsel so that we may all work together for the benefit of our Republic."

## FIGHT

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themselves the Veronicans. A year or two later, *Poetry Magazine*, which was then edited by Harriet Monroe published his Notations. This was not surprising since Villa and Bolosan had broken into it. One of the stories in "Seven Hills Away," a piece called "Far Horizons" was published as "At Anchor off Mindoro" by Frontier and Midland, a literary quarterly published by the University of Montana and edited by H. G. Merriam. Merriam called "Far Horizons," "simple, honest, affecting... Its style has a Biblical quality."

The last story in "Seven Hills Away" is "The Happiest Boy in the World"! This may well fit as a title to this article. When the news came from Swallow it was a quiet Thursday morning. Preoccupied with his work in the weekly magazine he edits, Gonzalez said: "You are on time for good news." Quietly he told me about it, and I shook his hands. He and I have been going around together for over a decade and I have watched his progress steadily. The first time I knew him he was already considered as one of the better writers in the Philippines. During the war we were thrown together and many was the time we spent in a coffee shop, discussing literary problems and creative writing. Before liberation, he went back to Mindoro taking with him his family, and I didn't hear from him until a year later. We took up where we left off and were again engaged in a profound struggle about the importance, function and techniques of writing.

As I was saying, you could see that here was a picture of "The Happiest Boy in the World." We went to the Philippine Education Company, and later he asked me if we could go to some cheap eating joint and celebrate, but I told him to follow his original plan.

## Royal Fashion Note



WHILE on her way to South Africa with her parents, Princess Elizabeth wears an attractive outfit modeled after the royal naval uniform. She wore the ensemble during her farewell visit to ships escorting *HMS Vanguard*, the battleship that is serving the royal family as a luxury liner. (International)

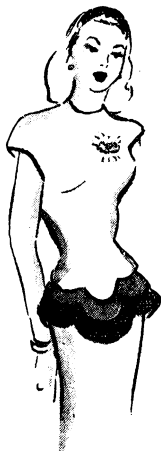
"Go home and tell your wife. My God," I said, "but I am more excited than you are."

I say now that you will like "Seven Hills Away." It will give you the same excitement I experienced.

The sky is the daily bread of the eyes.—Ralph Waldo Emerson.

There exist limitless opportunities in every industry. Where there is an open mind, there will always be a frontier.—Charles F. Kettering.

# SILHOUTTES



LEFT: The top for the long and short of it. Be it a long dress or a short day time number this top can't be beat. The long-torso bodice flares into a peplum that calls for a three-tier colored banding. Repeat decor in miniature for false pocket.

BELOW: Two themes as different as the poles. One is conservative but definitely suave. Have a bowtie and a bracelet, the chunky kind. The drape and the uneven hemline here connive to make an otherwise uneventful white dress very impressive.



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# Story Of A WOMAN

By D. PAULO DIZON



Nobody knew what happened to her that so suddenly changed her ways. Indeed, something must have happened to her. The change in her ways took place within a day; and in the eyes of the people in our town, that was sudden enough, and this woman of whom this story is mostly concerned was the last one the town expected to change. That was why she became the talk of the town for sometime, but only for some time.

Conjectures were varied as to the cause of her sudden change. Some people said it was nothing but sheer affectation, but others believed she was converted on account of some secret disease, and others advanced the guess that she wanted to get married for a change.

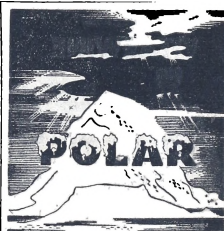
The story of this woman, Natalia (whatever her family name was nobody ever bothered to ask her, nobody cared to know; there was hardly any need for it, insofar as the people of the town were concerned, for she was never addressed as Miss So-and-so, the way Miss Katigbag or Miss Espinosa, the new school-teacher and puericulture center nurse, respectively, were addressed; she was referred to simply as "that woman"), was a story of misunderstanding. None in our town could boast of having known this woman. She stayed in our town for more than five, six, or seven years, but nobody ever came to her nor tried to see through the surface of things, none bothered to find out who she really was; not even those who had had wordly pleasure with her who grudged her the money that she rightfully deserved for the temporary pleasures she had given them.

The people of our town had the surprise of their lives when on a Good Friday morning this woman Natalia came to church completely bereft of all colors; I mean, she was for the first time since she came to town without paint on her face and lips, dressed in a simple vestido, the kind that farm women wear. She had discarded her high-heeled shoes in favor of simple wooden shoes. She was surprisingly very beauti-

ful and very young and even looked more innocent than the truly devoted ladies of the town. One did not notice any touch of affectation in her deportment, and in her simple beauty she looked natural. It took the people some time before they could convince themselves that this charming woman was the woman Natalia. When she crossed the churchyard necks were craned and eyes strained in their effort to follow her. She took a seat in one of the last pews. Old maids who took notice of her nudged each other, and tongues started in their natural function.

Old maids began to feel a secret envy in their hearts, for they knew they could not stand stiff competition with this woman as she appeared now in the way of winning any of the few remaining eligible young men of the town. Already, many a man's eyes were furtively focused on her. Oh, she was truly charming now. She bent her head as if in innocence, and did not dare to meet with her own any of the eyes that were longingly cast on her.

This woman Natalia came to



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our town one evening. Nobody noticed her coming except the driver in whose rig she rode from the railroad station to the house she came to stay. And when she was seen walking through the thoroughfares of the town the next day the people sighed as if in resignation, knowing that such women inevitably came and left; they were a part of the life of the town, and one would say they were the sign of the town's progress, no matter what their ways.

They knew right away what she represented. They could see that easily from the paint on her face and lips and in the way she departed herself, and in the high heels of her shoes. To the people of our town she represented what was rotten of the city. That much they knew because there had been other women like

## FRIENDLY AND ENTHUSIASTIC

(Continued from page 15)

about anything—the Y. W. C. A., music, painting, dramatics, leadership training, sunsets, lumpsia, furniture, even about the weather—but hardly about herself.

Don't think I didn't try to do so. I did and I learned that she hails from Atlanta, Georgia, attended Agnes Scott University (which she describes as the Philippine Women's University of the South) and Columbia University where she majored in Sociology. Also that she did case work for the Family Welfare Association

before she joined the Y. W. C. A. as Student Secretary when, I do not know. And nothing more. Other questions yielded no further results. I found myself talking about my own doings instead.

At one time, I frankly asked her exact age and told of attempts at guessing it. She laughed then narrated the story of how a group of members of the

Y. W. C. A. Vitas Homemakers' Cooperative tried the same thing and guessed all the way from eighteen to fifty. One of those guesses must have been right, but which one, I never found out either.

Strangely enough, however, one does not get curious about her at all. Not unless one has to write her up. I suppose. One just takes her as she is—a sincere, friendly and enthusiastic American lady, helping in the construction of a new Philippines.

She gives openly of her friendliness. One takes it and does not ask for more.

## WORKING STUDENT MAKES the GRADE

"I'm an office worker and go to school in the evening. After a back-breaking day, I felt like I'd been thru a wringer and often missed classes.



"Then my doc. I took a course in VITAEWINE. With the first bottle, I increased in weight. Now I feel as sprightly after office hours as at 7:00 in the morning. And I'm even a candidate for class honors".

(Sgd.) LUISA M. GARCES

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her who came to town and left later, and they knew from experience that as long as the town existed it was inevitable that such women should come and go.

Early in the afternoon on this Good Friday the streets leading to the town church were filled with people in their traditional mourning. There was no laughter this solemn day for the people of our town, much less loud gossips. It was a day for penitence, for mourning, for prayer, for the atonement of sins committed.

At three o'clock that afternoon the Seven Last Words were going to be interpreted, and a ser-

(Continued on page 33)

## Big Baby's Birthday



THE SMILING LADY giving you her tub version of "September Morn" is Jean Marie Strohl of Montrose, Pa. On the day she was born she made headlines by weighing 18 pounds. Now, one year later, cherubic Jean tips the beam at 39 pounds. She's still too young to worry her pretty head about those "spare tires." (International)

## SUMMER BEAUTY HAZARDS

Are you one of those women who do your utmost to be as beautiful as possible throughout ten or eleven months of the year—and then spend the weeks of your summer vacation apparently doing everything you can to wreck all of these rest-of-the-year beautifying efforts?

Many women obviously do conduct their beautifying activities on just such a schedule. At the beginning of their vacations they will present a perfectly groomed appearance. At the end of such a vacation they will come home with their complexions seriously flawed by expert suntanning; their hair dried and faded from careless and unprotected exposure to the sun; their hands and arms rough and grimy; their nails broken; the skin of their noses peeled, and their lips rough and chapped.

### Improvement

While there still is an abundance of such vacation-time wreckers of glamour, it must be admitted that they are not quite so frequently evident as was the case even a few years ago. As the years have gone by, many women have learned, often the hard by-bitter-experience way, how to emerge from the pleasures of a summer vacation looking at least as attractive as they were when they went into it, if not more so.

But, there are still a few who have learned no such thing, and it is for the benefit of these that we must repeat some sound, time-honored beauty advice.

First of all, consider the sunburn problem. With the wearing of playsuits becoming more and more general, sunburn is not a problem confined solely to summer weeks spent at the beach, although burning at the beach is more violent and dangerous than any other kind.

### Take It Easy

For years on end women have

been advised of the importance of acquiring skin tans gradually. The first reason for this is the simple one that a skin which is burned suddenly, rather than tanned gradually, is going to be very sore. The second is one concerned only with your command of good looks. Even if your complexion is one of those which is not greatly susceptible to a painful degree of sunburn, the fact still remains that a gradually acquired tan is always more attractive than one acquired too quickly.

Many women, and particularly some very young ones, still need to be reminded that a summer-tanned skin should be uniformly even in color tone. Women who carelessly allow one leg to acquire a much deeper shade of tan than the other, or who present any other skin tone discrepancy of a comparable sort, must inevitably face a problem in appearance. Badly mis-matched leg tanning will require either that the lighter of the legs be made darker with make-up, or that the darker one be made to seem lighter through this same cosmetic medium. The former of these two procedures is generally the most simple to achieve.

### Suntan Oil

Never overlook the merits of using suntan oil. Use of such oil makes for attractive tan color tones, and keeps the skin from becoming dry and rough.

Don't over-expose your hair to the sun. Too much sun will fade hair and make it dry and brittle. Oil treatments will help prevent or correct such a condition.

The hands and arms can be protected with suntan oil, hand lotion, or skin cream, and any of these same unguents will help prevent nose peeling. Also, use lip pomade to keep the lips soft when they are being exposed to the weather.

## HOLLYWOOD BEAUTY SECRETS

By MAX FACTOR, JR.

(Famous Make-up Advisor to The Screen Stars)

## BACK FROM SIBERIA AFTER EXILE



A POLISH RED CROSS NURSE and doctor examine a little girl who, with her mother, had lived and traveled eight weeks in a boxcar from Siberia to Lublin, Poland. They were among two million Poles who are being repatriated after spending seven years in exile. Examinations such as this one separate the sick from those who are well. (International)

### STORY OF A WOMAN

(Continued from page 32)

mon on the Life, Passion, and Death of Christ was going to be delivered by his Reverence Father Santiago, who had been ordained only a few weeks ago. This was going to be Father Santiago's first time to deliver a sermon, and the people wondered if he was as good a preacher of Christ's words as was Father Tomas, whom he came to succeed.

Father Tomas, who died as a result of a fall from the choir loft while supervising the repair of some termite-eaten beam, had been a very eloquent preacher, and the people of our town still remembered how on several occasions they were moved to tears by his touching sermons. Father Tomas was responsible for the fact that our town was almost entirely a Catholic town.

And now the townfolk expected much of Father Santiago. They did not wish to lose their faith through the lack of an efficient preacher, for they knew like a flock of sheep who were deep down them that they were likely to go astray if left without the guidance of their shepherd. Besides, they wanted to be proud of a priest who was their townmate. Father Santiago was a part of the town, too.

The town church was disconcer-

tingly packed, almost to a point of suffocation, and the congregation was morbidly restive. But they seemed oblivious of their personal discomfort as they

raised their eyes toward the pulpit, listening tensely to the beautiful voice of Father Santiago. His words were simple and clear and touching, and the congregation understood them all. They understood the very significance of the young priest's soothing words. The sound of his voice speaking the simple and beautiful words were as soothing as a caressing breeze of the morning.

Father Santiago paused. Pulling a handkerchief from the sleeve of his habit, he wiped his forehead. His eyes lingered for a while among the multitude of faces, and then he fixed them on one particular face lone amidst the crowd. He stared down at that particular face long enough so that the congregation also looked in the same direction. There followed an uncomfortable silence.

When Father Santiago started talking again all faces were turned back toward the pulpit. The young priest then made allegorical allusions to the story of Magdalena. And so on.

The congregation was so carried away by the soothing voice of Father Santiago it did not notice anything else. While he went on recounting the life and passion and the Seven Last Words of the Lord, whose wooden image now hung on a huge cross at the altar, the woman Natalia wriggled her way through the thick crowd toward the door.

She came to our town unnoticed,

There is a monotony in the affections, which people living together are apt to give in to; a sort of indifference in the expression of kindness for each other, which demands that we should sometimes call to our aid the trickery of surprise. — CHARLES LAMB.

If I valued myself on anything, it is on having a smile that children love. — N. HAWTORNE: Quoted in A Diary for the Thankful Hearted, compiled by Mary Hodgkin.

He who thinks he can do without the world deceives himself; but he who thinks the world cannot do without him is still more in error.

—LA ROCHEFOUCAULD.

and now she left just as unnoticed. For sometime afterward the people wondered about the mystery of her coming and her going, but only for some time. Later, you did not hear them mention her name any more, you did not hear them wonder as to what became of her, and you did not hear anybody mention missing her. Others of her kind were bound to come and fill the gap she had left; they came and they left, leaving no more impression than the brief existence of a flame, to the life of our town.



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## THIS FORTNIGHT'S ISSUE

(Continued from page 3)

this was the date we set for the deadline of that article, not realizing then that it was going to be April Fool day. Fortunately for our readers, Miss Zablan, who understands about deadlines because she had worked on a magazine herself, decided to forego her joke on us and sent the article posthaste to our office at the very last minute.

We hope that when times become better, an exposition similar to the one described on page 11 would be held here in the

Philippines to show the progress of Filipino women in arts and in the professions. This exposition could be national with participation from all the provinces, or it could be regional to show the progress of women of one section of the Philippines, that of the Ilocanas, for instance. We believe that properly carried out, such an exposition would be very interesting and educational. Right now we are thinking of the fine pieces of handicraft that are in our possession. There is no doubt

## VICTOR IN 9-MAN SENATE PRIMARY



After winning the Democratic nomination for the U. S. Senate in a nine-man contest in Kentucky, John Brown, an ex-bomber pilot, is pictured with part of his family in their home at Lexington.

(International Scunphoto)



Linda Welch, 3, starts putting Mite, a four-week-old bulldog through a feeding at Alton, Ohio, where her parents, Mr. and Mrs. Charles Welch put the puppy on a special formula after the dog's mother died and the puppy was two weeks old. (AP Wirephoto)

that some of the pieces cannot be duplicated anymore. Most of them were the labor (industrial work) of the grandmother of our husband when she was a school-girl during the later part of the Spanish regime. Then there is the almost complete set of textbooks used in girls' schools at the turn of the century, left to us by an aunt of our husband. One could get a clear picture of the education of a girl during her time by just perusing the books. In the meantime, read the charter of the industrial work, the pictures of this national organization and that she stored in a large trunk that was left untouched in a bodega for years.

Latest bulletin about the cele-

bration of the Philippine National Day set for the 15th of this month says that President Roxas will be the principal speaker on that occasion. The next day there will be a convention of the chapter delegates to elect the board of directors and discuss matters concerning their districts. We shall publish a detailed report as well as pictures of the independence celebration in our next issue. In the meantime, read the charter of this national organization and you will find many interesting facts about it which we bet you did not know before.—Soledad Hojilla Leynes.

### CHOICE

By Alma Robison Higbee

I always said I would seek and find  
A man of steady heart and mind,  
Who owned a meadow, perhaps a stream,  
Who never heard of a rover's dream;  
A man with a roof and an open fire  
And fallow acres for his desire.

But when he came he was gay and young  
With bright coin words to fit his tongue,  
He owned no acres, he owed no man,  
One of the fiddle-footed clan,  
With never a roof to shelter him,  
He heard the call of the far hill's rim.  
No roof can hold me, nor meadow clover,  
My heart must follow a lonely rover.

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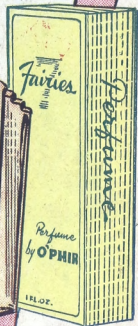
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