

BARRIO LIFE

By IRENEO TANELO *

*I've lived in a barrio long enough
To know its secrets and simple joys;
I hate the city's never-ending strife,
Its sins, its dusts, and its noise.*

*I like the songs the birds sing all day,
The lonely crowing of the cock at
morn;*

*I hate the rumble of the streetcar's
wheels,
The siren's scream, the tooting of
the horn.*

*In the barrio the stars seem brighter,
The round moon more golden in the
sky;*

*In the city God's million twinkling lamps
Above countless man-made neon
lights die.*

*Teacher, Tingo Primary School, Opon, Cebu.

TEN HEALTH COMMANDMENTS*(Continued from page 78)*

rules, and then—follow them.

1. Fill the lungs with fresh air many times each day and night.
2. Eat plenty of green vegetables and fruit.
3. Drink plenty of water.
4. Have plenty of exercise.
5. Have plenty of work.
6. Learn how to rest.
7. Control your thoughts—avoid those which are evil.
8. Control your emotions.
9. Have faith and confidence in good people.
10. Cultivate many wholesome friendships.

TAGGING GAME*(Continued from page 78)*

the middle of the two groups.

There should be an equal number of players in each group, and each player is numbered, the numbers in one group corresponding to the numbers in the other. A leader stands in the middle and calls out a number. The children in both groups having the number, run to get the handkerchief. A child after getting the handkerchief runs as fast as he can toward his group while the other child runs after him in order to tag or touch him before the former reaches his line. If the child with the handkerchief reaches his group without being touched by his pursuer, his group gets a point. If he is tagged before he reaches his line, his group does not get a point.

The leader calls out other numbers. The group that gets more points is the winner.

SPELLING A HOLIDAY*(Answers from page 76)*

Water	' (Apostrophe)
Angry	Shoemaker
Sun	Birthday
Hungry	Ice
Indians	Rice
Noon	Thirsty
Grass	Honest
Teacher	Doctor
Osmeña	Ashamed
Nurse	Yellow

MUSICAL QUESTIONS*(Answers from page 78)*

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| 1. Bars | 6. Measure |
| 2. Staff | 7. Sharp |
| 3. Tie | 8. Key |
| 4. Notes | 9. Flat |
| 5. Rest | 10. Beat |