

election returns	rivalry
candidate	resident
literature	limitation
chairman	booth
ballot	electoral
term	voter
polling place	inspectors
watcher	guard rails
thumbmark	canvassers
cancel	protests
elector	

Speech Improvement Exercises:

1. Nursery rhymes as:
 - a. The Elephant and the Bee
 - b. Three Little Frogs
 - c. An Old Woman Who Swallowed the Fly or others

2. For Stream of Speech Development:

- a. short original speeches
- b. other fitting literature

3. Correct pronunciation of Words with a Schwa

References:

A Primer of the Philippine Constitution by Singco
Government of our Republic by Zaide
Revised Election Code
General Instructions for this Election
Constitution of the Philippines
Newspapers and Magazines
Candidates Propaganda
Election Literature from the Commission on Elections

Moral Standards for Boys and Girls

By Teonila Aguilar *

Major Problem — How can we help our boys and girls maintain the principles of right and wrong pertaining to their character, conduct, intentions or social relations?

I. General Objectives:

1. To know that a good Filipino should try to gain and keep perfect health.
2. To know that a good Filipino should have self-control and should be self reliant.
3. To know that a good Filipino is reliable and knows how to play fair.
4. To know that a good Filipino does his duty in the right way.
5. To know that a good Filipino is cooperative, kind and loyal.

II. Specific Objectives:

1. How to keep their clothes, body and mind clean.
2. How to control their tongue not to speak mean, vulgar and profane words.
3. How to be self-reliant by learning to think, choose and act for oneself.
4. How to be reliable by being honest in his word and his act.

5. How to be a good loser and generous winner.
6. How to do his duty well, so as not to burden other people.
7. How to do the right thing in the right way.
8. How to work together for the good of one people and country.
9. How to treat others kindly regardless of color, religion or social standing.
10. How to be loyal to one's family, school, city, town, province, country and humanity.

III. Content Outline:

A. What moral is:

1. Conforming to a standard of what is good or right.
2. Establishing principles of right and wrong in behavior.
3. Pertaining to character, conduct, intentions or social relations.

B. Moral standards for boys and girls

1. The law of health:
I will be healthy in body and mind.
2. The law of self-control:
I will be self-controlled in tongue, temper and thoughts.
3. The law of self-reliance:
I will be self-reliant, thinking and choosing for myself.

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4. The law of reliability:
I will be reliable, honest, in word and deed.
5. The law of clean play:
I will play fair, playing for the success of my team and the fun of the game.
6. The law of duty:
I will do my duty, easy or hard.
7. The law of good workmanship:
I will be a good workman, doing the right thing in the right way.
8. The law of teamwork:
I will observe the law of teamwork co-operating heartily with others.
9. The law of kindness:
I will be kind in thought, speech and act.
10. The law of loyalty:
I will be loyal to my family, school, town, city, province, country and humanity.

C. Characteristics of a morally upright boy or girl

1. Well-groomed

a. Clean clothes	e. Clean teeth
b. Well-combed hair	f. Nails trimmed
c. Clean ears	g. Carries clean handkerchief
d. Well-brushed shoes	h. Legs and feet clean
2. Speech
 - a. Soft-spoken
 - b. Does not speak vulgar or profane language
 - c. Does not gossip
3. Actions

a. Honest	g. Industrious	m. Loyal
b. Truthful	h. Cheerful	n. Patriotic
c. Helpful	i. Reverent	o. Thrifty
d. Polite	j. Reliable	p. Respectful
e. Kind	k. Thoughtful	q. Responsible
f. Obedient	l. Generous	

IV. Suggested Activities

A. Initiating Stage

1. Conversation on how one can keep clean in body, in action and in mind.
2. Reading short paragraphs on "The Right Things To Do."
3. Relating personal experiences on how one can be kind, honest, industrious, thrifty, etc.

B. Structuring the Room:

1. Displaying picture of children in their everyday chores.
2. Reading slogans:
 - a. An honest centavo is better than a stolen peso.
 - b. Politeness is to do and say
The kindest thing in the kindest way.
 - c. A stitch in time saves nine, etc.

C. Probable Questions:

1. What is the meaning of moral?
2. How can we be clean in body and mind?

3. Why do some children speak bad words?
4. How can we avoid quarreling with other children?
5. What kind of children does God like?
6. How can we make ourselves be loved by God and other people?
7. What good things should children do?
8. What are the different habits that children form?
9. Are there bad children?
10. Why do these children become bad? etc.

D. Gathering Materials and Information:

1. Children may invite some resource persons in the persons of the principal, assistant principal, or guidance counsellor to talk to them on the proper behavior, children should follow at home, in school, and in the community. The pupils may be free to ask questions from the resource person.

E. Discussions:

1. What is a good child?
2. How can a child become good?
3. Why do children need to become good?
4. What kind of children will they be?

F. Self-Expressional Activities:

1. Reporting — a leader or any member of the group will report on the problems worked by them.
2. Creative Activities:
 - a. Pupils may draw — a clean boy or girl, or whatever virtue they would like to present with proper captions.
 - b. Cutting letters for their slogans.
 - c. Making posters.
 - d. Collecting pictures.
 - e. Making an album of the ten laws.
 - f. Creating short poems or rhymes.
3. Writing activities:
 - a. Writing proverbs
 - b. Writing a three-sentence story—
How Can I Keep Clean
How Can I Be Honest, etc.

G. Presentation of Group Work Under Group Leaders. Children comment on the quality of work done by giving constructive criticisms.

H. Culminating Activities:

- a. Recitation of the ten laws or morals.
- b. Unit test — to determine each child's knowledge gained in the study of the unit.

I. Evaluation:

A. Self-evaluation

1. Do I know the real meaning of moral?
2. Do I understand the ten laws to become a well-behaved child?

3. Do I know what benefits I will get by being well-behaved?
 4. Do I know that if I obey the "Law of Loyalty" I am obeying all the other nine laws of the good Filipino?
- B. Evaluate what is presented and what activities or results will be displayed.

V. Anticipated Outcomes:

A. Attitudes and Appreciations:

1. To be physically fit for daily work.
2. To be able to control oneself.
3. To be self-reliant.
4. To be reliable.
5. To be able to play fair.
6. To be able to do the right thing in the right way.
7. To be able to do one's duty faithfully and efficiently.
8. To be able to cooperate wholeheartedly with the leader as well as with all members of the group.
9. To be able to be kind in every way.
10. To be loyal to one's family, school, city and country.

B. Knowledge and Information:

1. What moral is.
2. What are the moral standards to follow to become a good Filipino citizen.
3. What things to do to become an upright boy or girl.

C. Abilities, Skills and Habits:

1. Efficient use of books, magazines or other reference materials.
2. Ability to listen attentively while another is reciting.
3. Ability to raise and solve problems.
4. Ability to speak in clear cut sentences.
5. Skill in locating reference materials.
6. Skill in organizing materials gathered.
7. Habits of working with the least possible noise.
8. Habits of neatness in all types of work.
9. Habits of staying with a problem until solved.
10. Habits of using materials sparingly.
11. Habits of courtesy and cooperation while working with others.
12. Habits of thoughtfulness for all members of the group.

VI. Bibliography:

1. Code of Morals for Boys and Girls
2. Ten Commandments of God
3. Mabini's Decalogue
4. Quezon's Code of Ethics
5. Cartilla of the Katipunan
6. Bill of Responsibilities
7. Intensifying Character Education

8. To the Filipino Youth—Rizal

9. Books —

- a. Our Great Men — Stories of Quezon, Osmeña, etc.
- b. The Flags and Other Stories — Stories of Rizal, Mabini, Baltazar.
- c. Stories of Great Filipinos.

TEN COMMANDMENTS FOR CHILDREN

1. Love your schoolmates; they will be your companions for life and work.
2. Love instruction, the food of the spirit. Be thankful to your teacher as to your parents.
3. Consecrate everyday by one good useful deed and kindness.
4. Honor all honest people; esteem men but humble yourself before no man.
5. Suppress all hatred and beware of insulting your neighbors; be not revengeful but protect your own rights and those of others. Love justice and bear pain and misfortune courageously.
6. Observe carefully and reflect well in order to get at truth. Deceived not yourself of others and beware of lying, for lies destroy the heart, the soul, and the character. Suppress passions and radiate love and peace.
7. Consider that animals also have a right to sympathy, and do not harm them or tease.
8. Think that all good is the result of work; he who enjoys without working is stealing bread from the mouth of the worker.
9. Call no man a patriot who hates or has contempt for other nations, or who wishes and approves wars. War is the remains of barbarism.
10. Love your country and your native but be co-workers in the high task that shall make men live together like brothers in peace and happiness.

BILL OF RESPONSIBILITIES

To God, my country, my parents and myself

1. Grow in character and ability as I grow in size.
2. Be honest with myself and others in what I say or do.
3. Learn and practice my religion.
4. Honor my parents, my elders and my teachers.
5. Develop high moral principles and courage to live by them.
6. Strive for health in body, mind and spirit.
7. Respect the rights of others.
8. Set a good example so that others may enjoy and profit by my company.
9. Give honest effort to my work.
10. Regard my education as preparation for the future.
11. Obey our laws so that we may live more happily together.
12. Preserve and strengthen our Filipino way of life and government.