

JANUARY is the month of year when we look back and ahead. We review past achievements—look forward to greater heights. We call to mind past failures and work on how best to avoid them in the future.

With the turn of the year, many housewives sense an air of impending tragedy hanging low over their homes. They feel that somehow these homes are not the dream places they had planned for, and they are discouraged, miserable.

Of all women, the efficient housewife who drives her husband, nevertheless, to night clubs and other places away from home, has the hardest puzzle to solve. Can it be possible that more than good and efficient housekeeping a husband demands something else?

The 1938 Filipino housewife is generally a good and efficient housekeeper. She uses labor-saving devices to render housework easy and to save her time for other things. She furnishes her house with an eye for comfort, convenience, and beauty. She prepares meals that make the mouth water and that supply the bodily needs of every member of the family.

The year 1937 had widened the world of Filipino women. Government positions have been opened to her. Of great import are the privileges attendant to their newly acquired rights. Significant also is their interest in causes, in clubs, and in making of her community a better place to live in. The danger of friction between husband and wife over public questions has been added to that arising from domestic problems.

And home is a place of rest, of refreshment. When there is friction in the home, there can be no rest for anybody. It loses its claim to being a place of security and safety. The air of menace is constantly felt by both wife and husband.

A maladjustment in the home is not an inevitable penalty of the increased participation and interest of women

1938 Husbands Demand More Than Efficient Housekeeping

By F. R. FERNANDO

in life. In fact, in many homes where both the husband and wife are actively engaged in promoting the well-being of their community, there is no maladjustment. There is still quietness and happiness.

It is only in homes where differences over a popular question of the hour lead to argument, sarcasm, stubbornness and bitterness that housewives feel unhappy. They are disheartened, and miserable.

But their misery is easy to remedy. Not only in controversies over politics but

also in home questions, must housewives develop tolerance and patience to a high degree. They must have the knack to agree rather than disagree.

Tolerance, patience and the tendency to agree unless one is hurt can be as much second nature as impatience, intolerance and the tendency to disagree. Many homes that are heading for the rocks can be saved if their housewives add to their asset of efficiency tolerance, patience and a disposition to adopt their husband's point of view.

There are wives whose disagreements with their hus-

bands produce fits of emotionalism. They try to live on their nerves' ends and on those of their husbands. They grow cold as ice. We know wives who won't talk with their husband for a whole day. Others grow as enigmatical as sphinxes. Still others won't eat or drink. Some would even go so far as to return to their mothers.

Wives of the above types as well as those allied to them should realize that husbands would a hundred times sooner forgive them for neglecting housework than for deliberately and brutally living on their husbands nerves. There are husbands who cheerfully do the housework for their wives. But we have yet to meet the husband who cheerfully lives with a perfect housekeeper that grows mad over trifles.

Women have progressed to keep equal pace with men. There are wives, nonetheless, who would go even farther and who actually develop domineering attitudes and tendencies. There are not many husbands who can stand bossing!

Some wives there are who are selfish materially to their husbands. Sooner or later, such wives find out that their husbands can be selfish too. Imagine the husband one pay day failing to hand his envelop of lovely bills. Housewives who know how to imagine their would-be-shock at such an event should be able to imagine also the shock that husbands have when money for their incidental expenses and legitimate hobbies are given with a grudge or even denied.

Husbands demand from their wives cooperation, kindness, generosity and sympathy. They look toward home as a haven from the outside world of negativism, struggle, conflict, even defeat. Wives should endeavor to be encouraging companions of their husbands particularly when the financial hazards and worries of their husbands are greatest. Yet it is then that most wives fail their partners in life.

(Continued on page 29)



Her Happiness Envied

Other wives envied her romance—a lasting honeymoon courtship . . . told their husbands, often, how nice he was to her.

She had an understanding of the personal feminine daintiness that all husbands admire and expect.

Strangely enough, a woman is frequently unaware herself of neglect of proper feminine hygiene. Yet, if the truth were known, many a case of "incompatibility" can be traced to this source.

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moistened with lemon juice. Cool the mixture. Shape into croquettes, coat with egg and crumbs and fry.

Any cooked fish may be used instead of salmon.

SURPRISE CROQUETTES

- 2 cups mashed or riced potatoes
- 1 tablespoon cream
- 2 tablespoons butter
- Salt and pepper
- 1/4 teaspoon paprika
- Yolk of 2 eggs

Put freshly boiled potatoes through the ricer or mash until free from lumps. Add the butter, cream, well-beaten egg yolks, salt and pepper to taste and paprika. Beat with fork or wire whisk until light and fluffy. Let stand until cool, then shape in small nests. Into each hollow put a teaspoon of the "surprise" mixture and cover with more potato.

The "surprise" may be a highly seasoned meat paste such as potted ham, minced tongue or deviled ham; creamed chicken, peas or mushrooms; or it may be simply well-seasoned grated cheese.

LIMA BEAN CROQUETTES

- 1 1/2 cups lima beans, canned or dried
- 3/4 cup bread crumbs
- 2 eggs
- 3 tablespoons minced parsley
- Cream to moisten
- Chopped onion to taste
- Salt and pepper

Drain the beans and mash or run through the food-chopper. Add the crumbs, seasonings and beaten egg yolks. Mix well and add enough milk to moisten. Form into croquettes, roll in the whites of the eggs which have been slightly beaten with a tablespoon of water, then roll in bread crumbs. Fry in deep, hot fat and drain on unglazed paper. Serve with tomato sauce.

WOMAN ABROAD

(Continued from page 19)

the only doctor there fled in terror of his life—the Japanese had just bombed a refugee train killing three hundred peasants and wounding

four hundred. Miss Wang fearlessly took charge of the situation. Finding herself the only person in the whole region with any medical training (she studied in a Christian Hospital), she very efficiently separated the dead and fatally wounded from those others whose lives might be saved by emergency operation. Using the surgeon's scapel, she performed her thirty operations, after having administered first aid treatment to scores of the suffering. Chinese and foreigners who are loud in their praises of this valiant girl say that more than two hun-

dred persons owe their lives to her courage, cool-headed resourcefulness, and skill with the knife.

When news of the bombing reached other hospitals, doctors, nurses, stretcher-bearers, hospital attendants and boy scouts were rushed to the scene of disaster. They arrived in time to find Miss Wang amputating a mangled leg. She finished the operation silently and, it seemed, with grim determination; then just as quietly she collapsed in the arms of a servant.

They call her China's Florence Nightingale.

1938 HUSBAND...

(Continued from page 13)

Every afternoon or early evening when a husband returns home, he is entitled not only to physical recuperation but to spiritual recuperation as well. Not only housekeeping efficiency but spiritual efficiency is in demand. Every wife needs to be checked whether or not she is a fountain for renewed strength not only for her husband's physical but for his spiritual being as well. Faith, hope, courage, incentive should be renewed and strengthened in the husband daily if the wife is to live to her husband's needs.

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