



A Fishing Trip in Manila Bay

By ZOSIMO PIZARRO

(13 years old)

DID you know that Manila Bay abounds in various kinds of fish? I did not know this until recently, when I was invited by my brother to go on a fishing trip in Manila Bay with some fishermen.

One Saturday night about midnight we started on our fishing trip in a sailing boat. We glided very rapidly over the waters of Manila Bay. I felt a little sea-sick, but soon forgot it while listening to the songs of the fishermen in the boat.

When we arrived near the fish traps, the water was dark. This predicted a good catch of fish. Our net was lowered on the western side of the traps and then pulled to the eastern side. Then the net was raised.

I was very much surprised at the large number of fish we had caught when the net was taken up. The

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Making a Health Scrapbook

By BENITO RAMIREZ

(12 years old)

THE pupils in my grade enjoyed making a scrapbook of pictures cut from magazines to illustrate things studied in health.

We divided our scrapbook into sections—Food, Water, Fresh Air and Sunshine, Sleep, Exercise, Cleanliness, Teeth, and Habits of Safety. Then each pupil in the class found in magazines as many pictures as possible which referred to any of these sections. These pictures were cut out of the magazines, brought to school, and pasted in appropriate sections.

We copied sentences from health books and wrote them under the pictures to illustrate them. A few pupils in our class made original rhymes which our teacher thought were good enough to write under some of the pictures.

We talked about the pictures in class. Then we made a set of health rules

How I Help Mother At Home

By FLORA PONCE

(14 years old)

Do you help your mother when you are at home?

I help my mother every day when I am not in school. When I arrive home from school in the afternoon, I see to it that all our things are in order. I mop the floor, after which I clean the dirty dishes and other kitchen utensils, and then put them in order in the cupboard. After this I help my mother cook our supper. I set the table shortly before suppertime. After doing the dishes that we have used, I study my lessons for the following day.

In the morning I wake up before anybody at home does. I cook our breakfast and set the table while

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which we learned from our pictures and our talks in class.

We all enjoyed very much making our health scrapbook.

FISHING TRIP

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fishermen were very happy over this. They said I had brought good luck to them, and they told me they would like to have me go with them always. I thanked them and replied that I would be happy to go with them whenever I could do so.

We hauled in many fish on that trip. They were of different sizes—some were quite large—and most of them we kept. We caught such a large number of fish that we took many of them to the market in Manila, and had a large number besides to take home.

That fishing trip in Manila Bay was very interesting to me. It was educational as well, for I learned the names of different kinds of fishes and learned to recognize them when I saw them.

HOW I HELP MOTHER

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tending the stove. After eating our breakfast, I wash the dishes, and then prepare for school.

At noon I am not of very much help to my mother because I also help my teacher in school after class hours. I can only set the table. After lunch I study my lessons. I clean the

dishes when I arrive home from school in the afternoon.

We are not a well-to-do family, and so on Saturdays I stay at home the whole day washing and starching our clothes, while my mother goes to the Associated Charities for some help. On Sundays I wake up early to attend church services. Upon arriving home from church I clean our house and put things in order. Then I iron the clothes I have washed the day before, while my mother does the cooking and washing of the dishes. In the afternoon when I finish my work early enough, I either go to my teacher's home for a visit or see my friends and play with them. I don't play very much, however, because as we are poor, I have to work more than I have to play. I play only in school.

I am happy this way because I am helping my dear widowed mother, a sick elder brother, and two young sisters and a brother.

PANTRY

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grated rind, and boil it for one-half hour. Pour into glasses or jars, and seal. Lemon marmalade is delicious if served with toast or pancakes.

(To be continued)

WHY THE SALING . . .

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detour and flew around the volcano, but the *saling* started across the volcano above the smoke and flame.

But alas! He had misjudged his distance and got so near the volcanic flame that the beautiful tuft of white feathers on his head caught fire and was burned. When he was past the volcano his lovely white crest was gone and his head was bare.

At last the eagle spoke. "My friends," he said, "you have all made a good showing. The parrot and the *saling* have done especially well. Therefore I shall award the prize to both of them."

Many bird-calls were heard in approval of the eagle's decision. The parrot and the *saling*, in the presence of their feathered friends, stood before the eagle, mighty king of all the fowls.

"To you two," said the eagle, "I give the prize of this contest. From this time on, each of you will have the power to learn human speech."

That is why, today, the parrot and the *saling* have learned to imitate the human voice and can be trained to talk.

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