

HEALTH SECTION**ANTONIO**

By B. HILL CANOVA



When Antonio has been digging in his garden for an hour, or has played a hard game of sipa or volleyball he likes a refreshing drink from the milk of the young coconut. He is so strong and healthy that he thinks nothing of climbing right up after his own coconut whenever he feels thirsty. He says, if one is strong enough to climb they need never go thirsty or hungry in Negros where the coconuts grow plentifully.

"When you climb up after a coconut yourself you feel like really enjoying it," Antonio told some of his friends one day.

What is Antonio doing?

What kind of drink does he get from the coconut?

Only a healthy boy is strong enough to climb a tree. Use the underlined expression in telling what you can do.

**The Health Crusaders**

By TOMAS TRINIDAD \*

(A play presented by the fifth grade children of the San Andres Elementary School, Manila, during the celebration of Child Health Day, Sept. 7, 1937)

## CHARACTERS

Health Fairy	T. B. Germ
Cleanliness	Typhoid Germ
Exercise	Dysentery Germ
Rest	Cold Germ
Boy	Cholera Germ
	Vegetables

(As the play opens, the Boy is at the center of the stage wondering where he is. Behind the scene a health song is being sung by a group of pupils.)

Boy: Where am I? Such lovely scenes! Fresh air! Tempting fruit! This must be paradise.

Health Fairy: (talking behind scene walking to the center of the stage) No, no, my dear Boy. This is not Eve's paradise. This is healthland.

Boy: (starting upon hearing the voice) Who, who is that? O-O-O-O—a beautiful lady. Goodness me, she might be a witch!

Health Fairy: Do not be frightened.

Boy: Who are you?

Health Fairy: I am the Health Fairy, queen of Healthland. I welcome you to my domain. Make yourself at home. (Buzzing sound and meows are heard behind scenes)

Boy: What is that?

Health Fairy: Those are our enemies. They are Cholera, Tuberculosis Typhoid, Dysentery, and Cold. Every year they kill thousands of Filipinos.

Boy: Good gracious! I am afraid of them. They might get me.

Health Fairy: Surely, if you will be careless of your health. In a moment, they can kill you, too. But come with us and join the fight against them. (She taps the floor with her

\* San Andres Elementary School, Manila.