

RECREATION... (Con't. from p. 26) the activity loses its recreational value. When one plays to show a feat or spectacle and with the idea of popular acclaim afterwards, his activity is not recreation.

Below are a few suggestions on how to use leisure time wisely. In guiding the pupils to pursue these activities, the teacher should remember the points just discussed. The classification of these activities is based on the participation which the individual makes in each.

A. Recreations in which one does things:

1. group games
2. sports
3. outdoor activities
4. artistic activities
5. other games

B. Recreations in which one makes things:

1. the crafts (making articles by hand or machines)
2. the arts (making drawings, poetry, stories, music, etc.)
3. others

C. Recreations in which one collects things:

1. stamps
2. pictures
4. etc.

D. Recreations in which one learns things:

1. fine arts
2. social studies
3. science and mathematics
4. practical arts

Some of these activities may be engaged in in groups; others, individually; or in both ways, depending upon the individual. It is said that the best recreations are those which are engaged in by very few people.

It might be well to study the aids to, or opportunities for, these wholesome recreations which are within the reach of the pupils. Are there parks, libraries, playgrounds, community centers, organizations and clubs, museums, and other aids in the community? How could the school lead in the establishment of such aids where there are none?

Our working hours are decreasing in contrast to our hours of leisure. It is very important that we teach our pupils the wise use of their leisure time if we are to help them to become efficient citizens and not social liabilities and misfits.

END

Ref. Hannon, Using Leisure Time.

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