## CAMPING.....

(Continued from page 53) ing their boys to camp. The Scoutmaster should know how to deal with this difficulty. Long, personal talks, explanations on camping,—its purposes and its good results,—are often helpful in these instances.

Careful planning is absolutely necessary. "Budgeting on the safe side," securing the required equipment, and above all, thorough physical examinations,—these prerequisites must be met before any troop should attempt to go to camp.

The last item especially physical examinations—has been a sorely-neglected requirement. Very few Scoutmasters realize the vital importance of thorough physical examinations.

A recent case of a Scout having died in camp because of heart-failure is enough warning to any Scoutmaster to make him seriously consider the question of physical examinations. A mere scratch on the leg, or a sore tooth,—this may prove to be a fatal case of blood poisoning. How would you, Scoutmasters, feel if you had such a case in your troop while out in camp?

The Camping Program is the moulding of a boy's character. It is a serious undertaking, notwithstanding the fact that it is often alluded to as a program of "fun and frolic." It must have enough of the elements required to make it successful. Enough,—too much fire will burn a loaf of bread: very little fire will leave it halfbaked. When a Scoutmaster

## THE YOUNG CITIZEN PANTRY

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Sort and wash the glutinous rice. Put in a native sieve to drain off the water. Sprinkle the lye over it and mix thoroughly.

Cut the banana leaves into the desired size. Wash, wipe and pass over the fire to evaporate some of the water and make it less brittle. Wrap the prepared glutinous rice and tie by pair. Put in a pot and cover with as much water as when cooking rice. Put weights on the top to keep them down and boil until the rice is cooked.

Remove from the wrapper. Brush the top lightly with butter and serve with *latik* or coconut meat and sugar.

hikes out to the country with his boys, he shoulders a grave responsibility. To go out thus would be to cook a certain food, or rather, to attempt to cook it. The Scout is the raw material. What he will be depends on the Scoutmaster.

The Camping Program is a well-prepared schedule of out-door activities and fun, of an effective system of teaching the boys "how to do it." It is a well-balanced menu of boys and men, seasoned with high ideals of citizenship—self-reliance, resourcefulness, helpfulness, and loyalty,—cooked and boiled over the hearty embers of a grand and blazing camp fire kindled with comradeship and love.

(Note: For detailed information about camping, write to Philippine Council, B. S. A., P. O. Box 878, Manila, for

## **VACATION**

At last vacation time is here, And now our school-work partly ends;

Without our books we hold so dear

We're out again to meet old

Away to the fields to play the kites,

Or gather flowers by the brooks;

We know we spend the happiest life

As that we find in story-books.

Together with our playmates, Our fishing hooks we throw Into the quiet pond in the meadow

Where children use to go.

Then going home in the sunset With the basket full of fish, Mother and father are waiting To cook our delicious dish.

When evening comes and the moon is bright,

We, children come out to play, And after which we go to bed and pray

For another pleasant day.

Oh, for the care-free life in vacation!

The thrills and perfect joys!
We know they'll make us
strong and healthy,
Pretty girls and winsome boys.

By A. C. Canciller Ligao, Albay

our pamphlet entitled MINI-MUM STANDARDS FOR BOY SCOUT CAMPS.)