### HEALTH TEST

| By MRS. PAZ J. I   | EUGENIO *                  |  |
|--|----------------------------|--|
| I. Fill the blanks v<br>pressions chosen from  |                            |  |
| 1. Milk, fruits, an examples of  | d vegetables are —— foods. |  |
| 2. If possible, place in the — to  |                            |  |
| 3. Brush the outer teeth with an   | movement.                  |  |
| 4. Eating too much bad for the teeth.  |                            |  |
| 5. Always use a go   | od                         |  |
| 6. Have the caviti   | <b></b>                    |  |
| tracted.   |                            |  |
| 7. Choose —  | in order to                |  |
| give exercise to the teeth.  |                            |  |
| 8. If the teeth are not brushed, they  |                            |  |
| will ———easily.  |                            |  |
| 9. The teeth help  | a person to speak          |  |
| 10. Own and use a  | to                         |  |
| help you to have good health.  |                            |  |
| mouthwash  | filled                     |  |
| sunlight   | toothbrush                 |  |
| decay  | up-and-down                |  |
| candy  | hard foods                 |  |
| clearly  | bone-building              |  |
| II. Write TRUE   |                            |  |
| blank before each sen  |                            |  |
| Dr.  | in a poor light            |  |
| strains the eyes.  |                            |  |
| whenever they feel tried.  |                            |  |
| (Answers on page 163)  |                            |  |
| AMPLE CONTRACTOR OF THE PROPERTY OF THE PROPER |                            |  |

| 3. It is no   | t bad on the eye-     |  |
|---|-----------------------|--|
| sight to read in  | a moving vehicle.     |  |
| 4. An optician treats diseases                            |                       |  |
| of the eyes.  | :                     |  |
|   | one is reading, the   |  |
| light should come from over the left shoulder.            |                       |  |
| 6. If you have poor eyesight,                             |                       |  |
| consult an occul  |                       |  |
| 7. An occulist is a person who                            |                       |  |
| 7. IIII 0ccu  | itist is a person who |  |
| sells optical goods.  ——————————————————————————————————— |                       |  |
| (Answers on page 163)                                     |                       |  |
| JUMBLED PHILIPPINE GEOGRAPHY (The answers)                |                       |  |
| 1. Baguio   | 6. Santiago           |  |
| 2. Villasis   | 7. Manila             |  |
| 3. Cabanatuan   | 8. Baliuag            |  |
| 4. Tayabas  | 9. Barasoain          |  |
| 5. Paracale   | 10. Bangued           |  |
| IDENTIFYING PEOPLE (The Answers)                          |                       |  |
| 1. engineer   | 6. mechanic           |  |
| 2. aviator  | 7. plumber            |  |
| 3. modiste,<br>dressmaker                                 | 8. photographer       |  |
| GI COSIIIANCI   | A PHOTORIADICI        |  |

9. painter,

artist

10. jockey

4. minister,

priest

5. author,

writer

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## CHOOSING THE CORRECT ANSWER

(The Answers)

- 1. is 5. has
- 2. are 6. are
- 3. her 7. eat
- 4. their 8. likes

## WHO AM I? (The Answers)

- 1. pig 3. rice 2. bee 4. corn
  - 5. sugar cane

### MATCHING SENTENCES (The Answers)

- 1-2 5-4 2-5 6-6
- $3 1 \quad 7 8$
- 4 3 8 7

#### HUNTING DEER

(Continued from page 162)

noon. We pierced thick forests and forded many streams whose clear water was very cool. Our dogs went ahead of us. Once in a while a deer would come out of the tall talahib and would be met with a shot.

That night we spent most of our time in salting the venison. The following morning, we hunted again. We bagged many more, for the place is noted for its game. When we finally went home, we had to employ six carabaos to carry our quarry.

When school opened, my mind was not in my lessons because I was always

HEALTH TEST

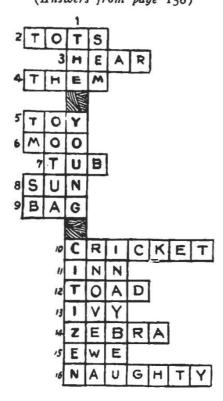
I.

- 1. bone-building
- 2. sunlight
- 3. up-and-down
- 4. candy
- 5. mouthwash
- 6. filled
- 7. hard foods
- 8. decay
- 9. clearly
- 10. toothbrush

II.

- 1. TRUE 6. TRUE 2. TRUE 7. FALSE
- 3. FALSE
- 8. TRUE
- 4. FALSE
- 9. TRUE
- 5. TRUE
- 10. TRUE

### CROSS-WORD PUZZLES (Answers from page 158)



thinking of the pleasant, thrilling time I had during the hunting trip.

## OUR PROFICIENCY CLUB (Continued from page 162)

dren's Welfare Committee which is composed of eight members, Health Committee with seven members, Publicity Committee having seven members, Program and Invitation Committee with eight members, Good Behavior Committee having seven members, and Refreshments Committee composed of seven members.

The meetings are held the last Friday of every month. Our Club has elected the following officers: president, vice-president, and sergeant-at-arms. We are conducting our meetings in the most orderly manner possible.

# A VISIT TO MABINI'S (Continued from page 162)

sad. Among other things he told us of Mabini walking home barefooted in order to save his shoes. His talk was an inspiration. I learned that an ambitious boy may succeed in spite of poverty.

When the program was finished, we visited the home of Mabini, and talked to one of his brothers. He pointed out to us the exact spot on which formerly stood the nipa shack in which Mabini was born.