

## MOTHERS' GUIDE IN CARE OF CHILDREN



## The Young Citizen PANTRY



## MORE ABOUT DESSERTS

## BOCAYO

1 coconut  
4 c sugar  
2 c water

Divide the coconut and scrape the meat with a coconut scraper. Boil the sugar and water. Skim the scum on the surface. Continue boiling until it spins a fine thread when the ladle is held up. Put in the coconut, and stir every now and then to prevent it from burning. Get a little and when it forms a soft mass, remove the container from the fire. Mould into desired shapes and leave to cool. Serve.

## MATAMIS SA BAO

Break the coconut and grate the meat. Get as much thick

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## HE IS OLD ENOUGH

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into the middle of the street. He looked to the left and saw a car coming. It was far off yet and he knew he could get the ball if he ran fast enough. He ran as fast as he could to get the ball but unluckily he stepped on a santol seed and tumbled down. He was badly hurt and couldn't stand. The car was fast approaching.

"Be careful! The car! the

(Continued from July issue)

BY

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milk as possible. For every cup of milk, add 2 pieces of "panocha." Boil and stir continuous-



ly. When it is thick enough and oil formed around the container, remove from the fire. Serve cold.

car!" shouted Julio nervously. The chauffeur caught sight of the boy. He turned his wheel to the right and with all his might put on the brakes. The car skidded and hit an electric post. It was badly damaged. "Hey! what is the matter? You destroyed our car," cried Mr. Villafior.

"I had to do it, sir. Do you see that boy?" replied the chauffeur, pointing to Alfredo lying

## CANDIED SWEET POTATOES (CAMOTE)

1 c sweet potatoes  
2 c sugar  
1 c water  
1 tsp, lime

Dissolve the lime in a saucpan of water.

Wash, pare and cut the sweet potatoes into thin slices. Drop in the lime water and leave for several hours. Rinse and leave to dry the water.

Mix the sugar and water. Boil and skim the scum. Continue boiling until the sugar forms a coarse thread when the ladle is lifted. Put in the sweet potatoes and stir gently, so that every piece may be coated with sugar, being careful not to mash them. Serve cold.

prostrate in the middle of the street.

"Alfredo!" cried Mrs. Villafior. "What happened to you?"

With the aid of the chauffeur and Mr. Villafior, Alfredo stood up and limpingly walked to the damaged car. When he recovered from the shock, he told his parents all that had happened.

Was Alfredo old enough to violate safety rules?