

EVERYWOMAN'S HOME DOCTOR

A Book of Incalculable Value to every woman and her family—a whole library on Home Economics

Prepared by

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Scientists, and Dietitians**

It has over 500 large pages, 10,000 vital facts, 260,000 words by leading specialists, 500 photographs and drawings, etc. No educated woman, married or single, can afford to miss this book. Among the subjects treated are *Foundations of Health, The Inner World of Childhood, Health in the Home, The Healthy Diet, Woman and Her Beauty, Woman and Sex*, etc. etc.



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HOW TO SAY IT

1. There are other correct ways of saying "Yes," as "Certainly," "Surely" not "Sure," "Yes, sir. With great pleasure."

2. When you are requesting for something, always say, "May I..." not "Can I..."

3. Don't say: I entered *into* the room. "Into" is not necessary.

4. One does not say, "I climb up a tree." "Up" is superfluous.

5. Another common error: I don't know to my mother. Say: It depends upon my mother.



BOOK CHATS...

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them twice and some even three times! Of course, you know that these stories have been translated into French, German, and into many other foreign languages. Perhaps, when you grow up, one of you will translate these good books for boys and girls into the Philippine dialects. Don't forget.



I'll suggest two books written especially for girls. They are *INGER JOHANNE* and *WHAT HAPPENED TO INGER JOHANNE* by Dikken Zwilgmeyer. Here you find amusement and mischief a-plenty. *INGER JOHANNE* is a girl from the Land of the Midnight Sun. Can you imagine living in a part of the world where for two whole months it is dark both night and day? Then for another whole month the sun shines throughout day and night!



I do not want to forget *ANNE OF GREEN GABLES* by L. Montgomery. Just you read what Anne does to her long lovely red hair! You will never forget Anne, for you feel as if you had really met her in true life. (I read the book three times.)