

will have something to care for them when they finally hang up their *cestas*. Retirement from active play is more or less compulsory after a player reaches 35, although some, like 46-years-old Maguregui, seemingly go on forever.

To encourage competition and to make players outdo themselves, the promoters post bonuses of from \$30.00 to \$50.00 to the winners of the evening's matches. During the

games, an announcer instructs the spectators in the intricacies of cheering and razzing the players in Spanish, and in no time the Hippodrome echoes and re-echoes with encouraging "arriba's" and disparaging "peipa's" The best place to sit, incidentally, is at the extreme sides and high up, as otherwise the chin muscles are worked to death watching the flight of the *pelota*.—*Bill Stern, condensed from Listener's Digest.*

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What is Stamina?

THE DICTIONARY defines the word stamina as the *power to endure fatigue, privation and disease*—capacity to hold out under any and all conditions. In the history of medicine there stands out to this day the name of one man whose stamina, even unto death, gave us our first knowledge of the human anatomy.

This man was Michael Servetus, who lived and died in the sixteenth century. He it was who discovered the secret of our pulmonary circulation; that our blood entered the right side of our heart, passed through our lungs and returned to the left side of the heart through tiny valves. The facts that the researches of Servetus developed were wholly contrary to the accepted beliefs of his time and, by declaring these facts, he suffered the wrath of the most powerful influences. A price was put upon his head. He became a fugitive, and in the city of Genoa he was seized and tried as a heretic. Offered the boon of life if he would renounce his convictions, Servetus refused. He had the stamina to maintain what his scientific observations had convinced him was right, and so Servetus died that a true physiological process might become known, and that thereby we might have a better understanding of the workings of our bodies.—*Edward Parrish, M.D., in Successful Living.*