



## Long Life

LONGEVITY is only desirable if it increases the duration of youth and not that of old age. The lengthening of the senescent period would be a calamity. The aged individual, when not capable of providing for himself, is an encumbrance to his family and the community. Why should more years be added to the life of persons who are unhappy, selfish, stupid, and useless? The number of centenarians must not be augmented until we can prevent intellectual and moral decay, and the lingering diseases of old age.—*Dr. Alexis Carrel, famous biologist, in Man, the Unknown.*