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## 1968 Rizal Essay Contest

Undersecretary of Education Vitaliano Bernardino, Supreme Commander of the Knights of Rizal, recently approved and released the rules of the 1968 Rizal National Essay-Writing Contest on the Theme: RIZAL AND OUR PREVAILING SOCIAL CANCER.

The following rules will govern this nationwide contest:

1. Contestants must be Filipino citizens of 18-24 years;
2. All entries should be in English between 1,700 to 2,000 words typewritten, double spaced, triplicate copies, and bear the *pseudonym* of the contestant;
3. Contestants should submit a self-addressed sealed envelope indicating his address and date of birth, institution or firm, real name and *pseudonym*;
4. Deadline for the submission of entries will be on Tuesday, April 16, 1968.
5. PRIZES: (a) P500, P300, and P200; (b) Medals, (c) Filipiniana books; and (d) Filipino flags for the 1st, 2nd and 3rd prize winners, respectively.
6. All entries should be mailed to the Knights of Rizal P.O. Box 102, Manila or delivered in person to Executive Secretary Prof. Jorge L. Revilla at Room 503, Guido-Ver Building, España corner Jhocson, Sampaloc, Manila.

(Feb. 10, 17, 24, 1968)

## So The People May Know How To Get Blood From The Red Cross

The Philippine National Red Cross through its Blood Program aims to make human blood available to you and all others who may be in need of it.

Follow these simple pointers to get blood for your patient:

- \*\*\* Secure a Red Cross Blood Request Form the Physician attending your patient. Present this request form to the National Blood Center in Manila, Bonifacio Drive, Port Area to the Red Cross Chapter office, if in the province.
- \*\*\* Bring one donor for every 250 cc. of blood requested. If you need 1,000 cc. bring 4 donors; if 2,000 cc. bring 8 donors, etc.
- \*\*\* Donors do not have to be of the same blood type as the patient
- \*\*\* If Red Cross does not have the type of blood you need, leave the request slip and return the next day, and everyday if necessary until you get the blood.
- \*\*\* If after you shall have been served, and you find that you need more, ask your physician for another request slip for an additional amount then go back to the Red Cross every day until you get the amount needed.
- \*\*\* Bring the blood *immediately* to the hospital for proper refrigeration. Handle it with care, otherwise it will spoil.
- \*\*\* If you were able to get blood from the Red Cross on loan basis, bring donors right away to replace it, *others need* the blood you borrowed.
- \*\*\* If blood is not used within 48 hours, return it *immediately* to the Red Cross Blood Center, otherwise it will be considered used. THANK YOU . . .

### THE RED CROSS BLOOD BANK ANG PAGKUHA NG DUGO SA KRUS NA PULA

Ang Pamansang Krus na Pula ng Pilipinas ay may layuning maglingkod sa inyo at sa iba pang nangangailangan ng dugo sa pamamagitan ng kanyang "Blood Program".

Sundin lamang ang naritong tuntunin para makakuha ng dugong kailangan ng inyong maysakit:

- \*\*\* Kumuha ng kahilingan sa paghingi ng Dugo sa Krus na Pula sa manggagamot na tumitingin sa inyong maysakit. Iharap ang inyong kahilingan sa "National Blood Center" sa Maynila na nasa Bonifacio Drive, Port Area o sa tanggapan ng Krus na Pula kung kayo'y nasa lalawigan.
- \*\*\* Magdala ng maghahandog ng dugo para mapalitan ang 250 cc. dugo na inyong hiningi. Ang maghahandog ng dugo ay kailangan nasa 21 hanggang 59 taon. Sila ay tumitimbang ng 110 libras o 50 kilos. Kung 1,000 cc. magsama ng 4 na maghahandog; kung 2,000 cc. 8 maghahandog ang inyong isama. Ang dugo na

## Aggiornamento

by Alfredo G. Parpan, S.J.

\* FOR February you are invited to join the general intention of the Apostleship of Prayer which is "that the fundamental rights of man be acknowledged, respected, and rightly be defended by all." As a creature, "gifted with intelligence, possessing a free will, which makes him master of his actions but responsible to God; immortal, made in the likeness of God, redeemed by the Blood of Christ, son and friend of God, heir to eternal happiness — with all these blessings, man possesses rights proper to his nature, rights inviolable and inalienable. As Pope John defined them: the right to life, to bodily integrity, and to the means that are necessary and suitable for the proper development of life; these are primarily food, clothing, shelter, rest, medical care, and finally the necessary social services. A human being also has the right to security in case of sickness, inability to work, widowhood, old age, unemployment, or in any other case in which he is deprived of the means of subsistence through no fault of his own.

"Modern man too often becomes little more than a cog in a machine. With all our grand technical and material progress, spiritual values are often easily violated. Totalitarian regimes often restrict and violate human rights. Millions of people today do not even have the humble necessities of life, while fabulous wealth is in the hands of a very few." The February intention bids us take sobering stock of the situation. What indeed of our workmen, our housemaids and houseboys? What of the unfortunate in the community? The aged and the abandoned in the Welfare Home? The inmates in the city and provincial jails? Too bad Christmas comes but once a year.

\* "WITH respect to the fundamental rights of a person," says the Second Vatican Council, "every type of discrimination, whether social or cultural, whether based on sex, race, color, social condition, language, or religion; is to be attacked and eradicated as contrary to God's intent." We have always been aware that we are not as Christian a nation as we pride to be.

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ipinapalit o inihahandog ay hindi kailangan maging katipo ng dugo ng inyong maysakit.

\*\*\* Kapag ang Krus na Pula ay walang dugong kauri ng sa inyong maysakit, iwan ang inyong kalinigan sa tanggapan ng Krus na Pula at balikan sa susunod na araw o kayay'y araw-araw na balikan hanggang sa makuha ninyo ang kailangan dugo.

\*\*\* Kung kayo man ay nabinyan na at nangangailangan pa rin kayo, humingi uli kayo ng kahilingan sa inyong manggagamot para sa karagdagang dugo. Dalhin ang kahilingan sa tanggapan ng Krus na Pula hanggang sa makamtan ang dugong inyong kailangan.

\*\*\* Dalhin kaagad sa ospital ang dugo para mapalamigan nang wasto. Pag-ingatan mataman upang hindi masira.

\*\*\* Kapag ang dugong inyong nakuha sa Krus na Pula ay hiram lamang, isama kaagad ang maghahandog ng dugo sa tanggapan ng Krus na Pula para mapalitan ang inyong nakuhang dugo, kailangan din ng iba ang nahiram ninyong dugo.

\*\*\* Kung ang dugo'y hindi nagamit sa loob ng 48 oras, isauli kaagad sa Bangko ng Krus na Pula, para huwag akalaing iyon ay nagamit.

SALAMAT PO . . .

### Ang National Blood Center Ng Krus Na Pula

#### WHY THE HANDLING FEES

To maintain the Blood Program, the Red Cross needs both money and blood. It requires all the help it could get in this connection. That is why it requests a donation of P10 for every bottle of blood that is withdrawn for a patient in the PAYWARD. Patients in the free ward of hospitals are not charged with this fee. This amount is not payment for the blood; it helps pay for the blood bottle and the donor sets and the cost of processing the blood. Along with this donation, the Red Cross will still request the replacement of

the blood withdrawn for the patient. Instead of a cash donation, a replacement of two donors for each bottle of blood withdrawn may be accepted. Unless blood is returned within 48 hours after its withdrawal from the blood bank and the is still in good condition, the cash donation will not be refunded.

All these are designed to insure a ready stock of blood to enable us to serve anyone in need at any time.

Thank you very much for your support and cooperation.

### THE PHILIPPINE NATIONAL RED CROSS

By Dr. MAGNO V. JAMITO, Chm., National Bank Com. CS— Naga City Chapter



## monkey business

PETE L. AMOLLOQUIO

Now I bow why a certain conspiracy mentioned in the *Bicol Star* failed. The "Master Mind", a certain Mr. Diez, did not follow the master plan. He was too busy partially reviewing many things.

People who witness sessions of the Camarines Sur Provincial Board tell stories about their "distlike" for the "pasale" of an allegedly overacting Board Member. They speak of him as a grandstand player. I won't be surprised if this man announces his availability for the 1969 congressional nominations. But easy *lang Pare*, you are getting the opposite results of the thing you may have in mind.

Secretary Veriong Veluz must be a very disgusted man these days. The Board Member he helped during the campaign "roasted" him during the last Board Meeting on the alleged leakage of Resolution No. 11. For old time's sake, the man should have assigned to somebody else the job of roasting his former Campaign Manager. Even in public life there is such a thing as gratitude.

There should be a point of meeting of the minds between the Board and the Governor for the sake of the public good. They are all Nationalistas. There won't be any excuse for their failure. Ambitions should give way to the over-all business of serving the people.

Members of the Camarines Sur Provincial Board need not be afraid about these gasoline allowances that had been talked about so much. The people understand that they need it to be able to move around. The thing that is wrong in the matter concerns "justifications" being made that they need the allowance to travel from their homes to the capitol which is made to appear from other towns when all the time the people know they live in Naga.

I admire Governor Cledera's attitude of having all his acts in public office and that of other officials "subject" to the people's investigations. I take it to mean that he has nothing to hide or that he will not hide anything from the people. That should be the right attitude. No public official should do anything in private which he would be ashamed of or afraid to be found out later by the people.

Liberal officials during the campaign "did not" really mean that they did not need Malacañang aid after all. They are now interested in getting Malacañang aid to finish the City Hall Building. Who cares about politics? That's for the birds.

Nacionalistas in the City Board should not "table" the request for Malacañang help to get our City Hall Building finished. They are supposed to work for the people now. NPs and LPs should serve the people first. Party loyalty should be subordinated to the people's welfare.

Dr. Antonio Sibulo told me that he is available for the forthcoming 1969 congressional fight. In any fights between Congressman Felipe and Dr. Sibulo, I think Hizzoner, the Mayor, will leave the great "parasakdo." Blood is thicker than water. That won't be surprising at all. Add to that is the story that Munding Concha (the lady's man) is also gunning for the 1st district congressional seat.

## Senator Kennedy hails PHILCAG project

U.S. Senator Edward Kennedy during a visit at the Philcag base camp in Tay Ninh to observe civic action activities said that the programs he saw are tremendously important and that the Filipinos should be very proud of them. The United States senator was given a tour of the Thanh dien refugee resettlement project and other construction projects of Philcag. He witnessed civic action teams in operation with their medical and dental surgeons actually treating a lot of hamlet folks.