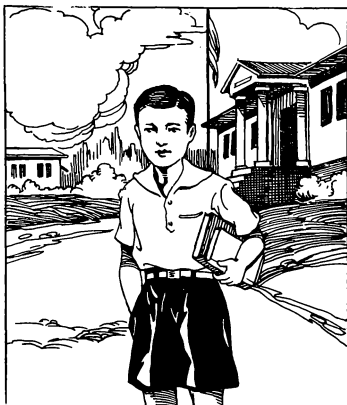


## CHARACTER AND CITIZENSHIP SECTION

### WHAT IS A GOOD YOUNG CITIZEN?

By LORETO V. PALMA



WHAT is a good young citizen? What must a boy—or a girl—do to be considered a good citizen? Well, let us see. We know of a school boy named Amando who is considered a good young citizen. This is about what he does each day. Of course Amando does not do exactly each of these things each day, but he does things similar to these.

Amando wakes up and gets up early each morning. He takes a shower, not forgetting to wash his face, neck, and ears with soap. He brushes his teeth well, and combs his hair neatly. He sees that his shoes are polished, and that his clothing is neat and clean. **A GOOD YOUNG CITIZEN IS CLEAN.**

After eating his breakfast, Amando goes to school. He carries his books under his arm. He never fails to attend school unless he is sick. He always starts

early enough so that he is not tardy. **A GOOD YOUNG CITIZEN IS PUNCTUAL.**

When leaving for school, Amando usually sees his dog at the door. He pats him on the head and says goodbye. Amando always sees that his pet has a sack or a rug to lie down on, and he always gives him enough to eat. **A GOOD YOUNG CITIZEN IS KIND.**

Perhaps, Amando meets his teacher on the way to school. If he does, he takes off his hat and says, "Good morning, Miss Cruz." **A GOOD YOUNG CITIZEN IS COURTEOUS.**

One time as Amando turned the corner of the street, he saw an old woman wanting to cross the street which was crowded with traffic. He held the woman's arm and guided her until she reached the opposite corner. Amando is always looking for opportunities like this. **A GOOD YOUNG CITIZEN IS HELPFUL.**

At school during the flag ceremony he always stands at attention, and places his right hand over his heart. **A GOOD YOUNG CITIZEN IS LOYAL TO HIS COUNTRY.**

Once the principal of the school asked Amando to pick up the waste paper which was on the lawn. He did so and burned the paper in the pit. Amando always does what he is asked to do. **A GOOD YOUNG CITIZEN IS OBEDIENT.**

Usually after the class is dismissed, Amando remains and arranges the desks in line, the books in order, and puts other things in their places. "Everything must be in its place," says Amando. **A GOOD**

*(Please turn to page 419.)*

## SAVORY DISHES

*(Continued from page 413)*

wash the fish. If they are small, it is better to wrap them in pieces of banana leaf.

Place the fish wrapped in banana leaf in a clay or a porcelain pot. Add a small amount of salt water—just enough to prevent the fish from burning and to have a few tablespoonfuls left after cooking. Cover the pot. Cook slowly from 15 to 20 minutes. Serve with *calamansi*.

*Camias* or green tamarind may be placed in the pot and boiled with the fish. This adds flavor and produces an acid taste to the fish.

*Boiled Rice*

Get one cup of rice and three-fourths of a cup of water.

Wash the rice two times with cold water. Drain and put in a pot. Add three-fourths of a cup of cold water. Cover and bring to a boil. When boiling, lower the fire and let it cook very slowly until the rice is well cooked. From 10 to 12 minutes is required.

It is better to cook the rice without washing it, because Vitamin B, minerals, proteins, and fat are washed away during the process of washing.

## GOOD YOUNG CITIZEN

*(Continued from page 404)*

## YOUNG CITIZEN IS ORDERLY.

Amando does not take things which do not belong to him. He returns anything left on a desk. He does not copy the work of his neighbors in school. In examinations he does not cheat in order to secure high grades. A GOOD YOUNG CITIZEN IS HONEST.

If Amando is asked a question, he always tells the truth. Sometimes it is hard to do this, but he will not lie. A GOOD YOUNG CITIZEN IS TRUTHFUL.

One day after the class was dismissed, as Amando was going home he passed a *tienda*. He put his hand in his pocket to get some money; he thought he would buy some candy. But he said to himself, "Mother has cooked a nice dinner for me. I will not eat between meals." So he saved his money. A GOOD YOUNG CITIZEN IS THRIFTY.

These are some of the things which a good young citizen does. Any boy or girl can do such things as these, and be classed as a good young citizen. Try

## LARGEST INSTRUMENT

*(Continued from page 407)*

9. What can you say of improvements in modern pipe organs?

10. Is the pipe organ a difficult instrument to play? Why?

11. What did Dr. Eliot say about a performer on a pipe organ?

12. The playing of a pipe organ compares with the possible performance of what group of musicians?

13. What use is made of electricity in a modern pipe organ?

14. Tell how the pipes of an organ are arranged. Where may they be placed?

15. Have you heard a large pipe organ?

16. Have you seen one?

17. Would you like to learn to play a pipe organ?

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to be like Amando. Perhaps you can do even better.

## SOMETHING TO DO AND TO THINK ABOUT

1. Make a list of the statements in this article about a good young citizen. Memorize those statements.

2. What can you do to observe each of those statements? Think about what Amando did.