

Meeting of the Isabela Provincial Federation of Women's Clubs held at Naguilian, Isabela, with Mrs. Librada Firme, vice-president, presiding. The president is Miss Romula Gonzales.

## HEADQUARTERS NOTES

WE are pleased to report that we had quite a few pleasant visits to Headquarters during the holidays. We had, for instance, Misses Rosario Brondioli, Francisca Bonete, Asuncion B. Bonagua, all three clubwomen of Tabaco, Albay, whom we took around to all the NFWC projects in what we might call a profitable educational tour. We hope the ladies enjoyed the trips and the demonstrations. And,

all the way from Jolo, Sulu, Miss Rosario Alvarez came to Manila, as a representative of the Jolo Woman's Club, in order to observe the nursery classes and see the other projects of the Federation. She stayed here for almost a month and assured us before she left that she "got so much from just looking around."

\* \* \*

The clubwomen will, we are sure, be glad to know that our float, the NFWC float, won the third prize in the last Philippine Charity Sweepstakes parade.

\* \* \*

Speaking of Sweepstakes and prizes, we should like to announce that the NFWC is one of the Sweepstakes agents. As usual, those clubwomen who want their application contracts may procure them from Headquarters.

\* \* \*

Some of the members "entered into the spirit of the occasion" and helped distribute gifts to the NFWC nursery children. Thus, Mrs. Rodriguez "played Sta. Claus" in Pandacan, Santa Ana and Punta, Mrs. Ortigas in Gral. Geronimo and Don Quixote, and Mrs. Cadwallader and Miss Dwyer in Tayabas and Bambang.

\* \* \*

### Newly Elected Officers

THE New Year is breaking with bright auguries—women all over the archipelago are awakening more and more to the importance of their position in their community and new clubs are springing up everywhere. These clubs are the nuclei for useful community projects, and therefore we cannot say too much in their praise. To these new members as well as to the old ones, tried and true, a very Happy New Year, and a full measure of success in all your undertakings!

We shall begin from the *Enride Woman's Club, Cagayan*, which recently held its inaugural ball with a great deal of *fanfare* and success. They say the inaugural speeches

were very good, indeed.

From *Sudipen, La Union*, the following report was sent us regarding their Woman's Club. The original club failing due to lack of interest among its members, the women decided to reorganize it with the following officers, forming the governing body: President, Miss Julia Macusi; Vice-President, Miss Macaria Macusi; Assistant Vice-President, Mrs. Cipriana B. Tolado; Secretary, Mrs. Martina D. Millares; Assistant Secretary, Mrs. Elena G. Arcega; Treasurer, Mrs. Consuelo Visaya; Assistant Treasurer, Mrs. Filomena Mostoles.

These officers were elected for the *Palo Woman's Club, Leyte*: Miss Fabiana Cobacha, President; Mrs. Daniela V. Petilla, Vice-President; Mrs. Francisca S. Ortega, Secretary; Mrs. Pluminada M. Palencia, Sub-Secretary; Mrs. Valeriana Cardiola, Treasurer; Miguela Navarrosa, Sub-Treasurer; Mrs. Gregoria N. Capacio, Auditor.

While the *Rosario Woman's Club, Batangas*, has the following officers: President, Mrs. Inocencia Z. Luna; Vice-President, Mrs. Soledad Escano Recto; Secretary, Mrs. Crispina Jareño; Treasurer, Mrs. Maria J. Arguelles. Board of Directors, Mrs. Julia T. Fortus, Mrs. Josefa Buquir, Mrs. Maria D. Farol, Mrs. Eufemia Carreon. Reporter, Mrs. Genoveva S. Gualberto. Sergeants at arms, Mrs. Maria C. Pastor and Mrs. Modesta S. Barbosa.

All these new clubs are launching into worthwhile projects and campaigns. They bear watching—and encouraging.

But there are other new clubs which we must not overlook. There is the *Lipa Woman's Club, Batangas*, which elected the following officers: President, Dra. Victoria Saludo; Vice-President, Mrs. Maria Sales Katigbak; Secretary, Miss Rosario M. Africa; Treasurer, Mrs. Mercedes R. Katigbak; Adviser, Mrs. Tarcila M. Katigbak. Board of Directors, Mrs. Eleuteria L. Lingao, President, and Mrs. Fe-

# CLUB NEWS

lina L. Dimayuga, Mrs. Mariquita G. Saludo, Dra. Mariquita L. Malabanan, and Mrs. Victoria R. Gammilla as members.

Then we have the *Sta. Ana Woman's Club, Manila*, with these ladies for officers: President, Mrs. Angela R. Lara; Vice-President, Mrs. Candelaria V. Leiva; Secretary, Mrs. Remedios Fernando; Sub-Secretary, Mrs. Felipa del Callar; Treasurer, Mrs. Cristina Castañeda; Sub-Treasurers, Mrs. Salvacion Qeaño and Mrs. Natividad Santos. Board of Directors, Mrs. Jovita T. Batungbakal, Mrs. Anita J. Hernandez, Mrs. Nieves Padua, Mrs. Marina Cobangbang, Mrs. Ester Sunga, Mrs. Esperanza Talosig, and Mrs. Felisa Cajayon.

From *Cagayan, the Abulug Woman's Club* has recently affiliated itself to the NFWC. The new officers elected were: President, Mrs. Amalia P. Maguddatu; Vice-President, Mrs. Cesarea M. Doran; Secretary, Mrs. Josefa D. Ganaden; Sub-Secretary, Mrs. Tomasa B. Pacanauyan; Sub-Treasurers, Mrs. Olimpia M. Daguna and Mrs. Martina Padua. Board of Directors, Mrs. Eulalia Daguna, Mrs. Josefa Arnedo, Mrs. Alejandra Tapiru, Mrs. Feliciano Mappala, Mrs. Asuncion Tabao, Mrs. Maria T. Mappala, and Mrs. Valentina Madela.

The *Faire Woman's Club* from the same province elected Mrs. Teo lista Singson de Reynante for President and Mrs. Juanita T. Baquiran for secretary. The Board of Directors consists of Mrs. Rosa Aquilizan and Mrs. Alodia M. Pimeutel.

Also from *Cagayan* is the *Pampuna Woman's Club* with Mrs. Arcadia Y. Florentino for President and Mrs. Bienvenida Ifusung for secretary.

*Sta. Rosa, Nueva Ecija*, is also active. Recently the Woman's Club there reorganized with the following ladies elected to office: President, Mrs. Teofila H. Gonzales; Vice-President, Mrs. Rosa V. Marcello; Secretary, Miss Aurora C. Manubay; Treasurer, Mrs. Leonor L. Hernandez. Board of Directors, Mrs. Rosario A. Reyes, Mrs. Teresa C. Manubay, Mrs. Purificacion M. Soto, Mrs. Pilar B. Samson, Mrs. Natividad N. de Guzman, Mrs. Sol del Barrio, Miss Felisa Adriano, Miss Angela de Leon, Miss Corazon Santos, Miss Escolastica Sulit, Miss Sol Cajucum. Adviser, Atty. Crispulo Manubay.



## Quick Relief from Eye Strain

Sun-glare strains your Eyes. Water irritates them. Wind and Dust redden. Play safe and use *Murine*. It Soothes, Cleanses, and Refreshes. *Murine* has been safely used for over 40 years. Cleanse your Eyes daily with . . .

**MURINE**  
FOR YOUR  
EYES

CHICAGO, U. S. A.

*Murine does not contain camphor or other irritating or injurious ingredients.*

FORMULA: — Boric acid, 12.6 grams; Potassium Bicarbonate, 5.78 grams; Potassium Borate, 2.24 grams; Berberine Hydrochloride, 0.28 grams; Hydrastine Hydrochloride, 0.001 gram; Glycerine, 3.3 grams; Merthiolate (Sodium Ethyl Mercuri Thioisalicylate), 0.01 gram; Sterilized Water to 1000 Milliliters. (Made in U.S.A.)





Members of the Polangui (Albay) Junior Woman's Club.

From far-away Ilocos Sur, the *Santa Maria Woman's Club* is sending the following names of the newly-elected officers: President, Mrs. Anaclea A. Imperial; Vice-President, Mrs. Carmen B. Carreon; Secretary, Miss Rufina Brillantes; Sub-Secretary, Mrs. Perfecta G. Macabeo; Treasurer, Mrs. Gavina A. Foronda; Sub-Treasurer, Mrs. Cirila B. Ismael. Board of Directors, Mr. Joaquin Escobar, Chairman, Mrs. Maria Encarnacion, Miss Juliana Morales, Mrs. Dolores C. Domingo, Mrs. Justa A. de la Cueva, and Mrs. Pineda, members.

The *Capoocan Woman's Club, Leyte*, has also organized, with the following officers: President, Mrs. Corona Ovilaneta; Vice-President, Mrs. Feliciano Nicol; Secretary, Marciana Calda; Sub-Secretary, Miss Florentina Niegas; Treasurer, Mrs. Honorata M. Fallora; Sub-Treasurer, Mrs. Joaquina Siellana.

And not to be outdone, we also have the *Badian Woman's Club, Cebu*, requesting for affiliation to the NFWC, with the following officers to form the governing body: President, Mrs. Dativa Y. Ortiz; Vice-President, Miss Rosario Tubada; Treasurer, Mrs. C. Y. Carrillo; Sub-Treasurer, Mr. Porfirio Visitacion.

*Sanchez-Mira Woman's Club*, sent the following names of their officers: President, Mrs. Serapia Aragon; Vice-President, Mrs. Cristeta Cacatian; Secretary, Mrs. Maxima Paclibon; Sub-Secretary, Mrs. Victoria Fuertes; Treasurer, Mrs. Serapia Abrina; Sub-Treasurer, Mrs. Placida Cudanes.

The *Manila clubs* are not sleeping, by any means. The *Samaloc Woman's Club*, for instance, recently organized with the following officers: Mrs. Victoria Villareal, Mrs. Dalmacia Castro, Mrs. Justina Arellano, Mrs. Salud A. Rillo, Mrs. Venancia Sullivan, Mrs. Carmen Bernal, Mrs. Josefina Tiongson, Miss Socorro Morales, Miss Julia Santa Ana, Mrs. Maria Fabella, Mrs. Candida Farro, Mrs. Maria Nicolas, Miss Clara Langan, Miss Natividad Villareal, and Mrs. Gloria V. Abellanosa. The club has organized a literary class in which the members are mostly co-

cheras, their wives, and other working people. We must not fail to congratulate Mrs. Remedios Roca, Mrs. Vitaliano Roca, Mr. Sabas Gogol, Miss Victorina Picar, and Miss Pilar Villareal for the success of this class.

*Langangan Woman's Club, Cagayan*, elected the following officers for their newly organized club: President, Mrs. Eulogia N. Alan, Vice-President, Mrs. Beatriz A. de Anteola; Secretary, Miss Celerina G. Galwan; Sub-Secretary, Miss Dominga M. Sanchez; Treasurer, Miss Dionicia A. Aguirre; Sub-Treasurer, Mrs. Angeles G. de Vello.

*Sta. Cruz, Ilocos Sur*, is not tarrying behind at all. It also has its recently organized *Woman's Club* with the following officers: President, Mrs. Prudencia T. Jimeno; Vice-President, Mrs. Salome V. Josue; Secretary, Mrs. Feliza V. Galvan; Treasurer, Mrs. Anastacia V. Josue; Assistant-Treasurer, Mrs. Rita A. Pa-a; Sgt. at Arms, Mrs. Antonio C. Velasco. Business Managers are Mrs. Pastoral P. Pimentel, Miss Leoncia Jaramillo, Mrs. Catalina T. Mina, Mrs. Remedios A. Casia. Advisers, Mrs. Maria T. Sanchez, Mrs. Rosa V. Josue, and Miss Agapita Velasco.

To these clubs, one and sundry, congratulations! There is work to do, but with enterprise and courage which we know our clubwomen are not lacking in, the club projects will succeed. Here's hoping and wishing, anyway!

Before we ring "curtains down" on club organizations, we must not forget to mention the *Isabela Provincial Federation* formed at a convention held in Ilagan and Naguilian. The officers are: President, Miss Romula Gonzales; Vice-President, Mrs. Librada N. Firme; Secretary, Miss Cabasal; Sub-Secretary, Mrs. Mendoza; Treasurer, Mrs. Encarnacion Verzosa; Sub-Treasurer, Miss Guadalupe Alvarez. Board of Directors, Mrs. Nora Agraviador, Miss Foz, Miss Dominga P. Bulan, Miss Fanny Sanchez, Mrs. Felisa Salvador Aleid.

After the election the delegates were entertained by Dr. and Mrs. Florencio Firme and by Rev. F. Filemon Ver. They even went

sight-seeing in the two towns of Ilagan and Naguilian, the cars for these tours being provided for by Assemblyman Mauro Verzosa, Mrs. Garrido, Mrs. Sotero Nuesa, and the Philippine Army.

**Junior Women's Clubs**

After the Senior Clubs, the Juniors now—

We shall start the list with the *Polangui Junior Woman's Club, Albay*. The following officers were elected: President, Miss Felicidad San Juan; Vice-President, Miss Matafraste Moralde; Secretary, Miss Aurora de la Paz; Treasurer, Miss Blesilda Sarte.

*Sorsogon, Sorsogon*, is also planning to organize a Junior Woman's Club through the initiative of two well-known, civic-minded ladies, Mrs. Lim and Mrs. Quintero. They sent the Federation a long list of the girls they are taking in as members. It seems that they have perfect material to work with. Let us await developments.

Now to shift to Manila — and watch the doings of some of the city's Junior Women's Clubs. The *Sta. Ana Junior Woman's Club* recently held a literary-musical program for its inauguration. The guest speaker was Mrs. Mariano de Joya.

Back to the provinces—this time to Cagayan. We are pleased to

report the organization of the *Abing Junior Woman's Club* with Miss Felisa P. Carrao for president, and Miss Rafaela R. Pazon for secretary.

**Puericulture Centers**

Speaking of clubs reminds us of Puericulture Centers. Mrs. Gertrudis O. Magabilin, President of the *Bilar Woman's Club* writes us, for instance, how her club is "now in active campaign to raise the necessary amount for a fine Puericulture Home". While the campaign is praiseworthy, we advise the Bilar clubwomen not to shoulder the responsibilities alone but to solicit also Municipal and Insular aids. There are so many projects which devolve upon the clubs alone that they should take advantage of (Continued on page 27)



"MY! BUT I FEEL COMFORTABLE!"



• "Do I feel good! I've just been dusted all over with Mennen Borated Powder! No more prickly heat—no more chafing now!"

"Mummy says that the best is none too good for me. That's why she uses Mennen Borated Powder. She dusts me all over with this silky soft powder every time she bathes, dresses or changes me. It keeps my skin smooth and soft—it keeps me cool and happy."

For baby's protection, insist on the non-refillable tin.

**MENNEN BORATED TALCUM**



**CLUB NEWS**

(Continued from page 23)

other sources of help whenever such are available.

In *Carmen, Cebu*, there is a very active Puericulture Center, but we are sorry to report that there is no Woman's Club. Mrs. Matilde R. Evangelista, the NFWC representative, reminded the *Carmen* women when she was visiting the town that "if there is only the Puericulture Center and no Woman's Club, the honor would fall upon the government and not upon the women".

Before we went to press we received another. The *Banguen Woman's Club, Ilocos Sur*, passed a very praiseworthy resolution regarding the establishment of a much-needed Puericulture Center in the town. The resolution runs: "Be it resolved, as it is hereby resolved, by the Woman's Club of Banguen, Ilocos Sur, in special session assembled, to appeal to the Honorable Provincial Board of Ilocos Sur, through the Municipal Council of Banguen, Ilocos Sur, for help, so that it may set aside a portion of the Provincial fund to defray part of the expenses incident to the establishment of a Puericulture Center." Here's to good luck and success, ladies!

**Manila Projects**

Leaving the Provincial Projects for a while, let us "chat" a bit about the projects we are following through in Manila. We shall begin with the *Factory Service*. The following figures will serve to give an idea as to the scope of the work—only in the nursery clinic.

Number of children under supervision . . . . .	63
Number of children with defects . . . . .	52
Number of children without defects . . . . .	11
Number of defects found . . . . .	99
Number of new defects . . . . .	3
Number of defects corrected . . . . .	7
Number of treatments given . . . . .	206

Miss J. Baetat, the NFWC worker in factory cases reports favorable and unfavorable findings. For instance, she writes: "The male workers in the factory have become my agents in selling health to the members of their families," a piece of encouraging news certainly; in the same report, however, she says: "I should like to touch on the excessive mortality rate among the children of the laborers who form an integral part of the community. Proven facts show that the children of the poor and destitute families die on a large scale due to lack of care."

**Nursery Classes**

Now, something about nursery classes. In *Banguen, Ilocos Sur*, we hear from Mrs. Monica T. Makil, President of the Woman's Club, that the nursery class which was started last June, thanks to the timely financial aid of Mr. Makil, is getting along very well. The

club is also planning to take up literacy classes for the adults.

We are sorry to have to report this news about *Bani, Pangasinan*. The nursery class there had to be closed because there is no volunteer teacher. Miss Agripina Abar, who has been handling the class, went to Mindanao and no one has as yet offered to take her place. But we are sure the Bani ladies would not let this situation drag on for long. The club President and the club women are too alert for them to "sleep on the job."

**In connection with nursery classes, the NFWC wishes to acknowledge with a deep feeling of appreciation and gratitude the help which the Manila Woman's Club extended to the Federation in the form of a 100-peso donation to the nursery fund.**

Back again to nursery projects—we are pleased to report the successful organization of Kindergarten classes in *Tagudin, Ilocos Sur*. We wish we could say the same thing of their literacy projects which, unfortunately up to the present time, have not yet taken tangible shape.

While we are in *Ilocos Sur* activities, it would not be amiss to list the clubs that have already organized Kindergarten classes. They are, besides those already named:

1. The Sta. Cruz Woman's Club
2. The Caoayan Woman's Club
3. The Magsingal Woman's Club
4. The Lapog Woman's Club
5. The Santiago Woman's Club.

As nursery campaigns always, somehow, suggest literacy campaign, the next subject in line is the work being done everywhere in the archipelago to reduce illiteracy. Miss Victorina Picar, Literary Supervisor of the NFWC, is very enthusiastic in her work. She says in a letter to Dr. Frank Laubach: "We hope to award diplomas to the members of our literacy classes and we hope you can be with us."

Mrs. Francisca R. Uballo, a nurse in *Baguio*, is also working hard "for my illiterates". We wish there were more like her.

From *Banger, La Union*, we hear this piece of gratifying news: they will begin the New Year with an inauguration of their literacy projects.

Still reverberations of the Girls' Week celebrations! *Bautista Woman's Club* has Miss Maxima Francisco the president, for its spokeswoman. An active clubworker and nursery teacher, one of her chief prides is in the children—both the boys and the girls. She writes that the club celebrated Girls' Week in her town with great success.

*Tici, Albay*, reports a very suc-

cessful Girls' Week program also. And so does *Polangui, Albay*. (Congratulations, Albay ladies!

A little something about that splendid spirit of giving which pervaded this last Christmas, as it had all past Christmases. Did you know that the *Pasay Junior Woman's Club* gave to the poor wards of the Settlement House under the auspices of the *Asociacion de Damas Filipinas*, a huge Christmas package containing dresses, books and toys? The distribution was made on Social Service Day—but the Christmas atmosphere was there just the same.

Well, the NFWC also contributed in its own modest way to the success of this day—and the contribution was in the form of copies of the *Woman's Home Journal* distributed to the wards.

While we are on the topic of publications and journals, we should like to tell you about a letter we got from the *Intenational Archief Voor de Vrouwenbeweging* (exact spelling reproduced), Amsterdam. The secretary, Mrs. Charlotte A Matthes, writes: "We strive for getting together a collection as complete as possible of foreign magazines which are concerned with any kind of activity about women." So, from now on, our own *WOMAN'S HOME JOURNAL* will be on the exchange of the I. V. A.

Let us pause a while here to give deserved praise to *Miss Visitacion Cajilog of Valencia, Bohol*, who worked very hard during the Boy Scout Drive. She labored against handicaps which did not daunt her. Miss Cajilog is responsible also for the circularization of the NFWC Peace-Prayer Link which she had written in her local dialect for the people in her community to read.

The best for the last—We want to quote part of Mrs. Lim's letter to Mrs. Carrie Chapman Catt on December 14th, Election Day: "The acquisition of our right of citizenship we owe in a great way to the encouragement and help that you, Mrs. Catt, have so lavishly given us. Please, accept, therefore, this little plaque made of Philip pine silver and mounted on the wood of our symbolic Philippine tree, the narra, in token of the most sincere and everlasting gratitude of the Filipino women to the American women."

**IN MEMORIAM**

In the name of the NATIONAL FEDERATION OF WOMEN'S CLUBS, we extend to Miss Donata Guerzon, Sta. Maria, Ilocos Sur, and to the rest of her family, our sincerest sympathy and condolence for the death of a beloved member of their household, Miss Julia Gnerzon. We mourn her early demise and pray that her family would be brave in their sorrow.

**MORE BREAST-MILK FOR BABY**

Often—a simple addition to mother's diet is all that's needed to increase supply



"BREAST-FED is best-fed." You are handicapping your baby if you don't feed him as Nature intended. Read why breast-milk often runs low.

Enriches quality of mothers' milk, too! TRY IT—

THE reason many mothers cannot nurse their babies is this: They are not getting enough of the particular things they need in their diet to give them a full, rich milk supply.

As a result of this, you don't have enough milk and your milk is of inferior quality. Baby suffers. He does not thrive and gain as he should.

Many mothers, however, have found that taking Ovaltine helps to correct the lack in their diet. It thus helps to give them more and better milk.

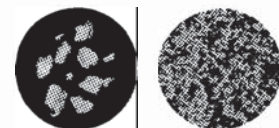
Ovaltine not only often increases the quantity of mothers' milk. It also improves its quality—enriching it for instance in Vitamin D, needed for strong bones and teeth.

And it supplies Vitamins A, B and G, and minerals (such as iron and calcium) and other factors which you and your baby need.

In all, it supplies 31 different food factors!

Get a tin and start adding it to your diet today. Take it all through the nursing period. It is also advised during pregnancy.

It is very easy to digest, and helps certain other foods digest, too!



(At left) Cow's milk forms tough, large curds in your stomach. When Ovaltine is mixed with it, it forms small, easily digested curds, as at right. Ovaltine also helps in the digestion of starches.

—helps you nurse your baby—

**MAIL THIS COUPON**

Dept. 2-2, Ed. A. Keller & Co., Ltd. 178 Juan Luna, Manila.

I enclose P.10 to cover handling, mailing. Please send me generous trial tin of Ovaltine.

Name . . . . .

Address . . . . .

Town . . . . .